



# WASHINGTON GYMNASTICS

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**COMPLETE**  
STUDENT ATHLETE

*Pac-12 students are known for their athletic success, but they are also impressive, **complete** people with outside interests, diverse backgrounds, extracurricular activities, interesting families, busy schedules, and full lives. The release for this week's competition is focused on who Washington students are in the classroom and community.*



## ACADEMIC SPOTLIGHT

Senior captain Allison Northey is a two-time First Team All-Pac-12 honoree as an all-rounder, but her life is not defined by her status as a gymnast. She is a Biology major and passionate about marine biology, stemming from her summer days with her family on Washington's Whidbey Island. She regularly volunteers at the Pacific Science Center and the Burke Museum where she has taught children and hosted exhibits. She has also spent time as a volunteer at the UW Botany Gardens, helping to keep the plants healthy. She has an Instagram account dedicated to the beauty of nature. Her life outside the gym is filled with passion for her chosen career path, and she hopes to spend time after graduation studying marine biology in Antarctica or Alaska and then earn a Master's Degree in the field, possibly followed by a Ph.D.



## COMMUNITY CORNER

Junior captain Kaitlin Duranczyk spends her Tuesday and Thursday afternoons on at Northgate Elementary helping students at an after-school reading program. She spends her time tutoring kids who need to catch up on reading and helping them with homework.

Junior Faith Morrison is involved with a local housing facility for homeless woman called Rose of Lima House at Bahkita Gardens. She has been part of organizing different programs as well as supporting women who are transitioning into a permanent space and the accompanying responsibilities.

Junior Jessica Nesis has also found time in her busy schedule to volunteer as a tutor at Sandpoint Elementary School. She works with first-grade students, helping them with math, reading and science.



## FAMILY TIES

Junior Faith Morrison is part of a Pac-12 family, as her father Darryl, played football at Arizona and her brother, Samuel, is a current football player on the Wildcats' roster. Her younger siblings appear to be following the family tradition, as each excel in multiple sports.



## TOP PERFORMERS

The GymDawgs' 3.42 team GPA was the best among all small teams at UW.

UW gymnastics was named the Most Improved Team academically along with the men's basketball team for their performance in the fall quarter.

Junior Jessica Nesis was one of eight student-athletes at UW to earn a 4.00 GPA in the quarter.



## HOBBY HUDDLE

Kaitlyn Duranczyk is talented in painting and drawing. She enjoys collaging, painting with acrylics and drawing with pastels.

Alex Yacalis is multi-talented, as she enjoys restoring furniture and playing the piano. She also speaks Russian.



## NUTRITIONAL CORNER

The GymDawgs travel with their standard Snack Bags, which include fruits, vegetables and other foods – all designed to be eaten at certain times to optimize energy. The Nutrition Staff at UW does a wonderful job of making sure the GymDawgs know how to make the best of what they put into their bodies.