

# PAC-12 MEN'S CROSS COUNTRY

## PAC-12 TEAM CHAMPIONS

1969	ORE
1970	ORE
1971	WSU
1972	WSU
1973	ORE
1974	WSU
1975	WSU
1976	ORE
1977	ORE
1978	ORE
1979	ORE
1980	UCLA
1981	UCLA
1982	ORE
1983	ARIZ
1984	ARIZ
1985	STAN
1986	ARIZ
1987	ARIZ
1988	ORE
1989	ORE
1990	ORE
1991	ARIZ
1992	ORE
1993	WASH
1994	ARIZ
1995	ORE
1996	STAN
1997	STAN
1998	STAN
1999	ARIZ
2000	STAN
2001	STAN
2002	STAN
2003	STAN
2004	STAN
2005	STAN
2006	ORE
2007	ORE
2008	ORE
2009	STAN
2010	STAN
2011	COLO
2012	COLO
2013	COLO
2014	COLO
2015	COLO
2016	COLO
2017	STAN

## PAC-12 TITLES BY TEAM

16	OREGON
13	STANFORD
7	ARIZONA
6	COLORADO
4	WASHINGTON STATE
2	UCLA
1	WASHINGTON

## PAC-12 CHAMPIONSHIP RESULTS

<b>1969 (Stanford, Calif.)</b>	
1.	ORE.....46
2.	WSU.....63
3.	STAN.....86
4.	USC.....90
5.	UCLA.....94
6.	CAL.....127
7.	OSU.....165
8.	WASH.....230
<b>1970 (Pullman, Wash.)</b>	
1.	ORE.....45
2.	WSU.....58
3.	STAN.....66
4.	OSU.....79
5.	WASH.....120
6.	UCLA.....138
7.	USC.....154
8.	CAL.....207
<b>1971 (Los Angeles, Calif.)</b>	
1.	WSU.....31
2.	ORE.....44
3.	UCLA.....77
4.	USC.....124
5.	OSU.....133
6.	CAL.....142
7.	STAN.....154
8.	WASH.....203
<b>1972 (Seattle, Wash.)</b>	
1.	WSU.....30
2.	ORE.....69
3.	OSU.....86
4.	STAN.....107
5.	UCLA.....137
6.	WASH.....140
7.	USC.....147
8.	CAL.....174
<b>1973 (Stanford, Calif.)</b>	
1.	ORE.....32
2.	WSU.....36
3.	OSU.....105
4.	WASH.....112
5.	CAL.....126
6.	STAN.....130
7.	UCLA.....141
<b>1974 (Stanford, Calif.)</b>	
1.	WSU.....30
2.	ORE.....51
3.	OSU.....80
4.	STAN.....110
5.	CAL.....126
6.	WASH.....141
7.	UCLA.....149
<b>1975 (Stanford, Calif.)</b>	
1.	WSU.....23
2.	ORE.....61
3.	OSU.....75
4.	WASH.....89
5.	STAN.....130
6.	UCLA.....136
7.	CAL.....158

<b>1976 (Stanford, Calif.)</b>	
1.	ORE.....31
2.	WSU.....45
3.	WASH.....92
4.	CAL.....94
5.	STAN.....127
6.	UCLA.....146
7.	OSU.....149
<b>1977 (Stanford, Calif.)</b>	
1.	ORE.....26
2.	WASH.....58
3.	WSU.....64
4.	CAL.....99
5.	STAN.....131
6.	UCLA.....149
7.	OSU.....168
<b>1978 (Fresno, Calif.)</b>	
1.	ORE.....26
2.	WSU.....56
3.	ARIZ.....79
4.	WASH.....116
5.	STAN.....139
6.	CAL.....153
7.	UCLA.....187
8.	OSU.....190
<b>1979 (Stanford, Calif.)</b>	
1.	ORE.....28
2.	WSU.....73
3.	UCA.....99
4.	STAN.....127
5.	ARIZ.....130
6.	CAL.....164
7.	WASH.....238
<b>1980 (Stanford, Calif.)</b>	
1.	UCLA.....43
2.	ARIZ.....59
3.	ORE.....67
4.	STAN.....93
5.	CAL.....105
6.	WASH.....143
7.	OSU.....165
<b>1981 (Stanford, Calif.)</b>	
1.	UCLA.....59
2.	ARIZ.....60
3.	ORE.....96
4.	CAL.....110
5.	STAN.....121
6.	WSU.....127
7.	OSU.....129
8.	WASH.....177
<b>1982 (Fresno, Calif.)</b>	
1.	ORE.....46
2.	UCLA.....51
3.	ARIZ.....80
4.	WSU.....98
5.	CAL.....132
6.	OSU.....136
7.	STAN.....147
8.	WASH.....215
<b>1983 (Stanford, Calif.)</b>	
1.	ARIZ.....38
2.	ORE.....44
3.	UCLA.....74
4.	STAN.....80
5.	CAL.....126
6.	OSU.....139
7.	WASH.....151

<b>1984 (Stanford, Calif.)</b>	
1.	ARIZ.....44
2.	WSU.....73
3.	UCLA.....75
4.	ORE.....82
5.	STAN.....116
6.	CAL.....136
7.	ASU.....146
8.	WASH.....164
9.	OSU.....199
<b>1985 (Stanford, Calif.)</b>	
1.	STAN.....60
2.	ORE.....75
3.	UCLA.....102
4.	ARIZ.....116
5.	WSU.....128
6.	WASH.....129
7.	ASU.....147
8.	CAL.....177
9.	OSU.....196
10.	USC.....272
<b>1986 (Stanford, Calif.)</b>	
1.	ARIZ.....49
2.	ORE.....74
3.	STAN.....76
4.	WASH.....100
5.	ASU.....108
6.	UCLA.....114
7.	USC.....160
8.	OSU.....201
9.	WSU.....204
10.	CAL.....237
<b>1987 (Stanford, Calif.)</b>	
1.	ARIZ.....32
2.	ORE.....71
3.	WSU.....94
4.	WASH.....127
5.	UCLA.....138
6.	USC.....148
7.	CAL.....155
8.	STAN.....157
9.	OSU.....232
10.	ASU.....253
<b>1988 (Stanford, Calif.)</b>	
1.	ORE.....31
2.	STAN.....61
3.	UCLA.....104
4.	WASH.....106
5.	ARIZ.....133
6.	WSU.....144
7.	CAL.....156
8.	USC.....184
9.	ASU.....237
10.	OSU.....259
<b>1989 (Stanford, Calif.)</b>	
1.	ORE.....30
2.	WASH.....61
3.	ARIZ.....91
4.	STAN.....123
5.	CAL.....128
6.	WSU.....153
7.	UCLA.....167
8.	USC.....186
9.	ASU.....211

# PAC-12 MEN'S CROSS COUNTRY

## 1990 (Stanford, Calif.)

1. ORE.....	39
2. ARIZ.....	41
3. WASH.....	53
4. STAN.....	115
5. UCLA.....	136
6. ASU.....	156
7. USC.....	166
8. CAL.....	211

## 1991 (Stanford, Calif.)

1. ARIZ.....	45
2. ORE.....	67
3. WASH.....	83
4. WSU.....	85
5. STAN.....	93
6. ASU.....	138
7. UCLA.....	186
8. CAL.....	236
9. USC.....	245

## 1992 (Stanford, Calif.)

1. ORE.....	48
2. ARIZ.....	51
3. UCLA.....	89
4. STAN.....	93
5. WASH.....	123
6. WSU.....	134
7. CAL.....	141
8. ASU.....	245
9. USC.....	290

## 1993 (Stanford, Calif.)

1. WASH.....	48
2. WSU.....	70
3. ORE.....	84
4. UCLA.....	90
5. STAN.....	96
6. CAL.....	124
7. ARIZ.....	156
8. ASU.....	193
9. USC.....	284

## 1994 (Stanford, Calif.)

1. ARIZ.....	49
2. WASH.....	58
3. ORE.....	97
4. UCLA.....	97
5. STAN.....	103
6. CAL.....	146
7. WSU.....	151
8. ASU.....	216

## 1995 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	87
4. WASH.....	94
5. UCLA.....	108
6. WSU.....	152
7. CAL.....	181
8. ASU.....	195

## 1996 (Stanford, Calif.)

1. STAN.....	29
2. ORE.....	58
3. UCLA.....	93
4. WSU.....	103
5. ARIZ.....	112
6. WASH.....	132
7. CAL.....	204
8. ASU.....	229

## 1997 (Stanford, Calif.)

1. STAN.....	33
2. ORE.....	86
3. WSU.....	88
4. UCLA.....	103
5. ARIZ.....	113
6. WASH.....	116
7. CAL.....	146
8. ASU.....	195

## 1998 (Eugene, Ore.)

1. STAN.....	48
2. ORE.....	50
3. ARIZ.....	90
4. ASU.....	124
5. WSU.....	136
WASH.....	136
7. CAL.....	171
8. UCLA.....	179

## 1999 (Long Beach, Calif.)

1. ARIZ.....	36
2. STAN.....	63
3. ORE.....	76
4. ASU.....	84
5. CAL.....	119
6. WASH.....	133
7. UCLA.....	193
8. WSU.....	199

## 2000 (Seattle, Wash.)

1. STAN.....	21
2. ORE.....	66
3. ARIZ.....	70
4. ASU.....	114
5. WASH.....	117
6. UCLA.....	142
7. WSU.....	190
8. CAL.....	195

## 2001 (Scottsdale, Ariz.)

1. STAN.....	28
2. ASU.....	75
3. ORE.....	78
4. ARIZ.....	96
5. WASH.....	102
6. UCLA.....	148
7. WSU.....	163
8. CAL.....	192

## 2002 (Pasadena, Calif.)

1. STAN.....	19
2. ORE.....	51
3. ASU.....	85
4. WASH.....	114
5. WSU.....	165
6. CAL.....	166
7. ARIZ.....	176
8. UCLA.....	183

## 2003 (Pullman, Wash.)

1. STAN.....	23
2. ORE.....	91
3. WASH.....	93
4. ARIZ.....	109
5. ASU.....	112
6. WSU.....	136
7. UCLA.....	150
8. CAL.....	192

## 2004 (San Francisco, Calif.)

1. STAN.....	37
2. ASU.....	64
3. ORE.....	105
4. WASH.....	116
5. UCLA.....	118
6. ARIZ.....	138
7. WSU.....	140
8. CAL.....	199

## 2005 (Tucson, Ariz.)

1. STAN.....	46
2. ARIZ.....	78
3. CAL.....	107
4. WASH.....	116
5. ASU.....	125
6. ORE.....	131
7. UCLA.....	139
8. WSU.....	146

## 2006 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	107
4. ASU.....	113
5. UCLA.....	130
6. WASH.....	131
7. WSU.....	150
8. CAL.....	179

## 2007 (Corvallis, Ore.)

1. ORE.....	39
2. STAN.....	55
3. CAL.....	70
4. UCLA.....	97
5. ASU.....	105
6. WASH.....	162
7. WSU.....	166
8. ARIZ.....	260

## 2008 (Springfield, Ore.)

1. ORE.....	28
2. STAN.....	47
3. WASH.....	104
3. CAL.....	104
5. UCLA.....	106
6. WSU.....	169
7. ARIZ.....	180
8. ASU.....	198

## 2009 (Long Beach, Calif.)

1. STAN.....	28
2. ORE.....	45
3. ASU.....	88
4. WASH.....	119
5. UCLA.....	122
6. WSU.....	163
7. CAL.....	180
8. ARIZ.....	193

## 2010 (Seattle, Wash.)

1. STAN.....	25
2. ORE.....	56
3. CAL.....	86
4. UCLA.....	101
5. ASU.....	143
6. WSU.....	158
7. WASH.....	181
8. ARIZ.....	195

## 2011 (Litchfield Park, Ariz.)

1. COLO.....	46
2. STAN.....	53
3. ORE.....	93
4. UCLA.....	122
5. CAL.....	140
6. WSU.....	148
7. WASH.....	153
8. ARIZ.....	190
9. ASU.....	195

## 2012 (Santa Clarita, Calif.)

1. COLO.....	49
2. STAN.....	82
3. ORE.....	105
4. ASU.....	109
5. UCLA.....	113
6. WASH.....	119
7. ARIZ.....	166
8. WSU.....	200
9. CAL.....	234

## 2013 (Louisville, Colo.)

1. COLO.....	28
2. ORE.....	54
3. STAN.....	79
4. ASU.....	140
5. WASH.....	142
6. WSU.....	151
7. UCLA.....	152
8. ARIZ.....	194
9. CAL.....	220

## 2014 (Oakland, Calif.)

1. COLO.....	30
2. ORE.....	57
3. STAN.....	60
4. WASH.....	87
5. UCLA.....	168
6. ASU.....	182
7. CAL.....	189
8. ARIZ.....	206
9. WSU.....	224

## 2015 (Colfax, Wash.)

1. COLO.....	46
2. STAN.....	57
3. ORE.....	83
4. WASH.....	96
5. UCLA.....	127
6. WSU.....	137
7. CAL.....	157
8. ASU.....	218
9. ARIZ.....	271

## 2016 (Tucson, Ariz.)

1. COLO.....	41
2. STAN.....	47
3. UCLA.....	58
4. ORE.....	94
5. WSU.....	130
6. CAL.....	163
7. WASH.....	187
8. ASU.....	225
9. ARIZ.....	234

## 2017 (Springfield, Ore.)

1. STAN.....	41
2. COLO.....	47
3. UCLA.....	103
4. ORE.....	109
5. WASH.....	114
6. WSU.....	138
7. CAL.....	158
8. ARIZ.....	234
9. ASU.....	282

# PAC-12 MEN'S CROSS COUNTRY

## PAC-12 INDIVIDUAL CHAMPIONS

1957 Max Truex, USC (20:32.6)  
1958 Max Truex, USC (20:15.8)  
1959-68 Not Contested  
1969 Gerry Lindgren, WSU (28:32.4)  
1970 Steve Prefontaine, ORE (30:11.7)  
1971 Steve Prefontaine, ORE (28:59.6)  
1972 John Ngeno, WSU (29:12.4)  
1973 Steve Prefontaine, ORE (28:05.4)  
1974 John Ngeno, WSU (27:37.6)  
1975 Joshua Kimeto, WSU (27:48.6)  
1976 Henry Rono, WSU (28:19.0)  
1977 Joel Cheryuiot, WSU (29:34.8)  
1978 Henry Rono, WSU (29:29.5)  
1979 Henry Rono, WSU (29:07.4)  
1980 Ron Cornell, UCLA (30:26.5)  
1981 Richard Tuwei, WSU (30:56.0)  
1982 Jim Hill, ORE (28:50.0)  
1983 Jim Hill, ORE (30:09.6)  
1984 Tom Ansberry, ARIZ (30:24.8)  
1985 Marc Olesen, STAN (30:33.2)  
1986 Aaron Ramirez, ARIZ (30:23.7)  
1987 Matt Giusto, ARIZ (30:33.0)  
1988 Brad Hudson, ORE (30:47)  
1989 Marc Davis, ARIZ (23:31)  
1990 Marc Davis, ARIZ (23:44)  
1991 Colin Dalton, ORE (23:36)  
1992 Josephat Kapkory, WSU (23:46)  
1993 Josephat Kapkory, WSU (23:38)  
1994 Martin Keino, ARIZ (24:04)  
1995 Karl Keska, ORE (24:14)  
1996 Mebrahtom Keflezighi, UCLA (23:45)  
1997 Bernard Lagat, WSU (23:59)  
1998 Abdi Abdirahman, ARIZ (23:23)  
1999 Steve Fein, ORE (23:37)  
2000 Jonathon Riley, STAN (23:39)  
2001 Grant Robison, STAN (24:04)  
2002 Grant Robison, STAN (23:27)  
2003 Ian Dobson, STAN (24:33)  
2004 Robert Cheseret, ARIZ (23:48)  
2005 Robert Cheseret, ARIZ (23:57)  
2006 Galen Rupp, ORE (23:03)  
2007 Shadrack Kiptoo-Biwott, ORE (22:54)  
2008 Galen Rupp, ORE (22:55)  
2009 Chris Derrick, STAN (22:35)  
2010 Elliott Heath, STAN (23:00)  
2011 Lawi Lalang, ARIZ (22:37)  
2012 Lawi Lalang, ARIZ (22:49)  
2013 Edward Cheserek, ORE (24:36)  
2014 Edward Cheserek, ORE (23:23)  
2015 Edward Cheserek, ORE (23:06)  
2016 Edward Cheserek, ORE (23:58.9)  
2017 Grant Fisher, STAN (23:44.9)

## PAC-12 ATHLETE OF THE YEAR

1975 Joshua Kimeto, WSU  
1976 Henry Rono, WSU  
1977 Henry Rono, WSU  
1978 Alberto Salazar, ORE  
1979 Henry Rono, WSU  
1980 Ron Cornell, UCLA  
1981 Richard Tuwei, WSU  
1982 Jim Hill, ORE  
1983 Jim Hill, ORE  
1984 Tom Ansberry, ARIZ  
1985 Marc Olesen, STAN  
1986 Aaron Ramirez, ARIZ  
1987 Matt Giusto, ARIZ  
1988 Brad Hudson, ORE  
1989 Marc Davis, ARIZ  
1990 Marc Davis, ARIZ  
1991 Martin Keino, ARIZ  
1992 Josephat Kapkory, WSU  
1993 Josephat Kapkory, WSU  
1994 Martin Keino, ARIZ  
1995 Karl Keska, ORE  
1996 Meb. Keflezighi, UCLA  
1997 Meb. Keflezighi, UCLA  
1998 Abdi Abdirahman, ARIZ  
1999 Steve Fein, ORE  
2000 Jonathon Riley, STAN  
2001 Donald Sage, STAN  
2002 Grant Robison, STAN  
2003 Ryan Hall, STAN  
2004 Robert Cheseret, ARIZ  
2005 Robert Cheseret, ARIZ  
2006 Galen Rupp, ORE  
2007 Shadrack Kiptoo-Biwott, ORE  
2008 Galen Rupp, ORE  
2009 Chris Derrick, STAN  
2010 Stephen Sambu, ARIZ  
2011 Lawi Lalang, ARIZ  
2012 Lawi Lalang, ARIZ  
2013 Edward Cheserek, ORE  
2014 Edward Cheserek, ORE  
2015 Edward Cheserek, ORE  
2016 Edward Cheserek, ORE  
2017 Grant Fisher, STAN

## PAC-12 NEWCOMER/ FRESHMAN OF THE YEAR

*\* beginning 2014, only athletes with freshman eligibility were eligible for the award.*

1999 Jason Hartmann, ORE  
2000 Donald Sage, STAN  
2001 J.J. Duke, ASU  
2002 Neil Davis, STAN  
2003 Robert Cheseret, ARIZ  
2004 Mohamed Trafef, ARIZ  
2005 Mark Matusak, CAL  
2006 Diego Mercado, ORE  
2007 A.J. Acosta, ORE  
2008 Luke Puskedra, ORE  
2009 Miles Unterreiner, STAN  
2010 Stephen Sambu, ARIZ  
2011 Lawi Lalang, ARIZ  
2012 Trevor Dunbar, ORE  
2013 Edward Cheserek, ORE  
2014 Colby Gilbert, WASH  
2015 John Dressel, COLO  
2016 Thomas Ratcliffe, STAN  
2017 Cooper Teare, ORE

## PAC-12 COACH OF THE YEAR

1975 John Chaplin, WSU  
1976 Bill Dellinger, ORE  
1977 Bill Dellinger, ORE  
1978 Bill Dellinger, ORE  
1979 Bill Dellinger, ORE  
1980 Bob Larsen, UCLA  
1981 Bob Larsen, UCLA  
1982 Bill Dellinger, ORE  
1983 Dave Murray, ARIZ  
1984 Dave Murray, ARIZ  
1985 Brooks Johnson, STAN  
1986 Dave Murray, ARIZ  
1987 Dave Murray, ARIZ  
1988 Bill Dellinger, ORE  
1989 Bill Dellinger, ORE  
1990 Bill Dellinger, ORE  
1991 Dave Murray, ARIZ  
1992 Bill Dellinger, ORE  
1993 Mike Johnson, WASH  
1994 Dave Murray, ARIZ  
1995 Bill Dellinger, ORE  
1996 Vin Lananna, STAN  
1997 Vin Lananna, STAN  
1998 Bill Dellinger, ORE  
1999 Dave Murray, ARIZ  
2000 Vin Lananna, STAN  
2001 Vin Lananna, STAN  
2002 Vin Lananna, STAN  
2003 Andrew Gerard, STAN  
2004 Andrew Gerard, STAN  
2005 Peter Tegen, STAN  
2006 Vin Lananna, ORE  
2007 Vin Lananna, ORE  
2008 Vin Lananna, ORE  
2009 Jason Dunn, STAN  
2010 Jason Dunn, STAN  
2011 Mark Wetmore, COLO  
2012 Mark Wetmore, COLO  
2013 Mark Wetmore, COLO  
2014 Mark Wetmore, COLO  
2015 Mark Wetmore, COLO  
2016 Mark Wetmore, COLO  
2017 Chris Miltenberg, STAN

# PAC-12 MEN'S CROSS COUNTRY

## PAC-12 ALL-CONFERENCE

### 1999 First Team

Steve Fein, ORE  
Micheil Jones, ARIZ  
Jake Maas, STAN  
Fasil Bizuneh, ASU  
David Lopez, ARIZ  
Thomas Murley, STAN

### Second Team

Bolota Asmerom, CAL  
Steve Smith, ARIZ  
Andrew Bliss, ORE  
Brent Pedersen, ARIZ  
Tom Prindiville, ARIZ  
Peter Gilmore, CAL

### 2000 First Team

Jonathon Riley, STAN  
Jason Hartmann, ORE  
Louis Luchini, STAN  
Grant Robison, STAN  
Tom Prindiville, ARIZ  
Thomas Murley, STAN

### Second Team

Donald Sage, STAN  
Bryan Green, UCLA  
David Lopez, ARIZ  
Michael Kasahun, ORE  
Steve Smith, ARIZ  
John Russell, WASH

### 2001 First Team

Grant Robison, STAN  
Fasil Bizuneh, ASU  
Donald Sage, STAN  
Jason Fayant, WASH  
Ian Dobson, STAN  
Jason Hartmann, ORE

### Second Team

Daniel Parris, STAN  
Ronnie Buchanan, ASU  
Juan Reyes, ASU  
Kyle Goklish, ARIZ  
Adam Bergquist, ORE  
Seth Hejney, STAN

### 2002 First Team

Ryan Andrus, ORE  
Ian Dobson, STAN  
Jason Hartmann, ORE  
Grant Robison, STAN  
Donald Sage, STAN  
Adam Tenforde, STAN

### Second Team

Fasil Bizuneh, ASU  
Neil Davis, STAN  
Ryan Hall, STAN  
Brett Holts, ORE  
Peter Meindl, STAN  
Justin Romaniuk, STAN

### 2003 First Team

Ian Dobson, STAN  
Grant Robison, STAN  
Robert Cheseret, ARIZ  
Donald Sage, STAN  
Jonah Maiyo, ARIZ  
Brett Holts, ORE  
Chris Emme, STAN

### Second Team

Eric Logsdon, ORE  
Adam Tenforde, STAN  
Eric Garner, WASH  
Ryan Andrus, ORE  
Seth Hejny, STAN  
Andrew Hill, STAN  
Ian Johnson, WSU

### 2004 First Team

Robert Cheseret, ARIZ  
Ryan Hall, STAN  
Aaron Aguayo, ASU  
Jacob Gomez, STAN  
Jon Rankin, UCLA  
Mark Mandi, WASH  
David Vidal, STAN

### Second Team

Ryan Andrus, ORE  
Danny Wolf, WSU  
Velibor Radejovic, ASU  
Brett Gotcher, STAN  
Eric Logsdon, ORE  
Peter Meindl, STAN  
Ryan Warrenburg, ASU

### 2005 First Team

Robert Cheseret, ARIZ  
Obed Mutanya, ARIZ  
Neftalem Araia, STAN  
Mark Mandi, WASH  
Austin Ramos, UCLA  
Mike Haddan, UCLA  
Jonathan Pierce, STAN

### Second Team

Giliat Ghebray, CAL  
Jonah Maiyo, ARIZ  
Brett Gotcher, STAN  
Ryan Warrenburg, ASU  
David Vidal, STAN  
Pat Werhane, ORE  
Jacob Gomez, STAN

### 2006 First Team

Galen Rupp, ORE  
Robert Cheseret, ARIZ  
Neftalem Araia, STAN  
Aaron Aguayo, ASU  
Obed Mutanya, ARIZ  
Shadrack Kiptoo-Biwott, ORE  
Jeremy Mineau, WASH

### Second Team

Brett Gotcher, STAN  
Diego Mercado, ORE  
Kyle Alcorn, ASU  
David Torrence, CAL  
Pat Werhane, ORE  
Jonathan Pierce, STAN  
Jacob Gomez, STAN

### 2007 First Team

Shadrack Kiptoo-Biwott, ORE  
Galen Rupp, ORE  
Russell Brown, STAN  
Austin Ramos, UCLA  
Hari Mix, STAN  
Neftalem Araia, STAN  
Yosef Ghebray, CAL

### Second Team

Mark Matusak, CAL  
David Torrence, CAL  
Kyle Alcorn, ASU  
Scott Wall, ORE  
Andrew Acosta, ORE  
Kenny Klotz, ORE  
Andrew Wheating, ORE

### 2008 First Team

Galen Rupp, ORE  
Luke Puskedra, ORE  
Chris Derrick, STAN  
Garrett Heath, STAN  
Shadrack Kiptoo-Biwott, ORE  
Yosef Ghebray, CAL  
Jake Riley, STAN

### Second Team

Drew Shackleton, UCLA  
Andrew Wheating, ORE  
Jeremy Mineau, WASH  
Matthew Centrowitz, ORE  
Curtis Suyer, ORE  
Hakon DeVries, STAN  
Mark Matusak, CAL

### 2009 First Team

Chris Derrick, STAN  
Brandon Bethke, ASU  
Elliott Heath, STAN  
Luke Puskedra, ORE  
Matthew Centrowitz, ORE  
Jake Riley, STAN  
Justin Marpole-Bird, STAN

### Second Team

Jordan McNamara, ORE  
Marco Anzures, UCLA  
Kelly Spady, WASH  
Miles Unterreiner, STAN  
Brendan Gregg, STAN  
Danny Mercado, ORE  
Ben Engelhardt, ASU

### 2010 First Team

Matthew Centrowitz, ORE  
Michael Coe, CAL  
Chris Derrick, STAN  
Elliott Heath, STAN  
Luke Puskedra, ORE  
Shadrack Kiptoo-Biwott, ORE  
Stephen Sambu, ARIZ

### Second Team

A.J. Acosta, ORE  
Ben Engelhardt, ASU  
Danny Mercado, ORE  
Erik Olson, STAN  
Steve Sodaro, CAL  
J.T. Sullivan, STAN  
Miles Unterreiner, STAN

### 2011 First Team

Chris Derrick, STAN  
Lawi Lalang, ARIZ  
Richard Medina, COLO  
Luke Puskedra, ORE  
Jake Riley, STAN  
Parker Stinson, ORE  
Andy Wacker, COLO

### Second Team

Joe Bosshard, COLO  
Brendan Gregg, STAN  
Collin Jarvis, CAL  
Andrew Kimpel, WSU  
Kent Morikawa, UCLA  
Erik Olson, STAN  
Christian Thompson, COLO

### 2012 First Team

Trevor Dunbar, ORE  
Lawi Lalang, ARIZ  
Joe Rosa, STAN  
Stephen Sambu, ARIZ  
Parker Stinson, ORE  
Blake Theroux, COLO  
Lane Werley, UCLA

### Second Team

Hugh Dowdy, COLO  
Nick Happe, ASU  
Jake Hurysz, COLO  
Benjamin Johnson, STAN  
Martin Medina, COLO  
Pierce Murphy, COLO  
Aric VanHalen, COLO

### 2013 First Team

Edward Cheserek, ORE  
Pierce Murphy, COLO  
Jim Rosa, STAN  
Blake Theroux, COLO  
Ben Saarel, COLO  
Parker Stinson, ORE  
Connor Winter, COLO

### Second Team

Michael Atchoo, STAN  
Mac Fleet, ORE  
Nick Hartle, UCLA  
Ammar Moussa, COLO  
Aaron Nelson, WASH  
Erik Olson, STAN  
Garrett Seawell, ASU

### 2014 First Team

Edward Cheserek, ORE  
Eric Jenkins, ORE  
Ammar Moussa, COLO  
Pierce Murphy, COLO  
Joe Rosa, STAN  
Blake Theroux, COLO  
Connor Winter, COLO

### Second Team

Michael Atchoo, STAN  
Tyler King, WASH  
Maksim Korolev, STAN  
Sean McGorty, STAN  
Aaron Nelson, WASH  
Ben Saarel, COLO  
Chris Walden, CAL

# PAC-12 MEN'S CROSS COUNTRY

## 2015 First Team

Edward Cheserek, ORE  
John Dressel, COLO  
Sean McGorty, STAN  
Ammar Moussa, COLO  
Pierce Murphy, COLO  
Lane Werley, UCLA  
Izaic Yorks, WASH

## Second Team

Grant Fisher, STAN  
Travis Neuman, ORE  
Morgan Pearson, COLO  
Joe Rosa, STAN  
Chris Walden, CAL  
John Whelan, WSU  
Michael Williams, WSU

## 2016 First Team

Edward Cheserek, ORE  
Grant Fisher, STAN  
Ben Saarel, COLO  
Zach Perrin, COLO  
Ferdinand Edman, UCLA  
John Dressel, COLO  
Sean McGorty, STAN

## Second Team

Thomas Ratcliffe, STAN  
Ryan Forsyth, COLO  
Jonah Diaz, UCLA  
Collin Burke, UCLA  
Austin O'Neil, UCLA  
Travis Neuman, ORE  
Garrett Sweatt, STAN

## 2017 First Team

Robert Brandt, Jr., UCLA  
Steven Fahy, Jr., STAN  
Grant Fisher, Jr., STAN  
Ryan Forsyth, Jr., COLO  
Joe Klecker, So., COLO  
Mahmoud Moussa, Jr., WASH  
Alex Ostberg, So., STAN

## Second Team

Garrett Corcoran, Sr., CAL  
Andrew Gardner, Sr., WASH  
Eduardo Herrera, Fr., COLO  
Adam Peterman, Sr., COLO  
Garrett Reynolds, So., UCLA  
Cooper Teare, Fr., ORE  
Chandler Teigen, Jr., WSU

## PAC-12

## ALL-ACADEMIC

### 1990 First Team

Colden Baxter, ORE  
Kendall Fink, ASU  
Jeff Green, WASH  
Patrick Johnson, WASH  
Dave Scudamore, STAN  
Bernard Semler, ARIZ  
Tye Van Schoiack, ORE

### Second Team

Brett Allsop, STAN  
Shawn Anderson, WASH  
Tyler Anderson, WASH  
Bennie Cravatt, STAN  
Mike Kramer, WSU  
Kirk Nelson, WASH  
Jamie Nordstrom, WSU

## 1991 First Team

Bennie Cravatt, STAN  
Alan Foster, ORE  
E.J. Guo, WSU  
Greg Metcalf, WASH  
Dave Scudamore, STAN  
Tye Van Schoiack, ORE  
Gary Stolz, STAN

## Second Team

Alex Accetta, STAN  
Derek Bork, STAN  
Kevin Guiberson, WSU  
Andy Maris, ORE  
Mike Reilly, STAN  
Bernard Semler, ARIZ  
Bard Zajac, WASH

## 1992 First Team

Colden Baxter, ORE  
John Dimoff, ORE  
Mike Kirkendall, WASH  
Neil Panchen, WASH  
Mike Reilly, STAN  
Bernard Semler, ARIZ  
Gary Stolz, STAN

## Second Team

Derek Bork, STAN  
Kirk Bronander, ARIZ  
Bryon DeVore, UCLA  
Creighton Harris, UCLA  
Todd Lewis, STAN  
Brian McCaffery, STAN  
Jamie Nordstrom, WSU

## 1993 First Team

Sam Alexander, WASH  
Richie Boulet, CAL  
John Dimoff, ORE  
Creighton Harris, UCLA  
Jeffrey Haynes, ARIZ  
George Loucaides, WSU  
Gary Stolz, STAN

## Second Team

Kirk Bronander, ARIZ  
Rick Cantwell, ORE  
Todd Lewis, STAN  
Joe Mineiro, CAL  
Rob Reeder, STAN  
Erik Strachan, ASU  
Andrew Wyman, WASH

## 1994 First Team

Sam Alexander, WASH  
Richie Boulet, CAL  
Jeff Haynes, ARIZ  
Greg Jimmerson, STAN  
George Loucaides, WSU  
Jon Pillow, ARIZ  
Rob Reeder, STAN

## Second Team

Mark Douglas, CAL  
Neil Hanson, WASH  
Nick Pavach, WASH  
Andrew Cowgill, STAN  
Andy Wyman, WASH  
Bard Zajac, WASH  
Bryan Zmijewski, STAN

## 1995 First Team

Richie Boulet, CAL  
Maragarito Casillas, ARIZ  
Mark Fadil, STAN  
Steve Hatzenbeler, WASH  
Greg Jimmerson, STAN  
George Loucaides, WSU  
Jon Pillow, ARIZ

## Second Team

Travis Anderson, ASU  
Rick Cantwell, ORE  
Neil Hanson, WASH  
Jeff Haynes, ARIZ  
Gavin MacCluer, WASH  
Ari Rodriguez, ASU  
Andy Wyman, WASH

## 1996 First Team

Daniel Das Neves, ORE  
Greg Jimmerson, STAN  
Gavin MacCluer, WASH  
Jason Perscheid, STAN  
Jon Pillow, ARIZ  
Robert Reeder, STAN  
Chad Wenger, ARIZ

## Second Team

Jason Balkman, STAN  
Dan Hilton, WASH  
David Jungk, WSU  
Luther Kopf, ARIZ  
John Lunn, STAN  
Michael Prindiville, STAN  
Jonathan Weldon, STAN

## 1997 First Team

Jason Balkman, STAN  
Daniel Das Neves, ORE  
Peter Gilmore, CAL  
Jason Lunn, STAN  
Jake Maas, STAN  
Chris Maier, CAL  
Jonathon Murray, WSU

## Second Team

Christian Belz, WASH  
Margarito Casillas, ARIZ  
Tom Hildrum, WASH  
Chris Lundstrom, STAN  
Simon Mudd, CAL  
David Schruth, WASH  
Jonathan Weldon, STAN

## 1998 First Team

Jason Balkman, STAN  
Jake Mass, STAN  
Chris Maier, CAL  
Christian Belz, WASH  
Micah Davis, ORE  
Jonathan Weldon, STAN  
Thomas Murley, STAN

## Second Team

Bolota Asmerom, CAL  
David Bazzi, WASH  
Tom Hildrum, WASH  
Steve Immel, CAL  
Micheil Jones, ARIZ  
Chris Lundstrom, STAN  
Oliver Wirz, ORE

## 1999 First Team

Michael Cramer, ARIZ  
Steve Fein, ORE  
Peter Gilmore, CAL  
Tom Hildrum, WASH  
Jake Maas, STAN  
Thomas Murley, STAN  
Brett Pederson, ARIZ

## Second Team

Scott Abbott, UCLA  
Bolota Asmerom, CAL  
Fasil Bizuneh, ASU  
Jason Cadman, WASH  
Sam Hill, ORE  
Gabe Jennings, STAN  
Micheil Jones, ARIZ

## 2000 First Team

Scott Abbott, UCLA  
Adam Bergquist, ORE  
Garrett Jensen, ASU  
Scott Johnson, WSU  
Nick Martin, CAL  
Thomas Murley, STAN  
Adam Tenforde, STAN

## Second Team

Chris Coffee, CAL  
John Collin, CAL  
Martin Conrad, CAL  
Michael Cramer, ARIZ  
Bryan Green, UCLA  
Nate Stoll, STAN  
Jonathan Welsh, WSU

## 2001 First Team

Mark Anderson, ARIZ  
Ryan Andrus, ORE  
Adam Berquist, ORE  
Michael Cramer, ARIZ  
Bryan Green, UCLA  
Scott Johnson, WSU  
Joe Urbanski, STAN

## Second Team

Fasil Bizuneh, ASU  
Carlos Carballo, CAL  
J.R. Cox, ASU  
Ian Johnson, WSU  
Nick Martin, CAL  
Seth Neumuller, UCLA  
Donald Sage, STAN

# PAC-12 MEN'S CROSS COUNTRY

## 2002 First Team

Ryan Andrus, ORE  
Mark Anderson, ARIZ  
Ryan Andrus, ORE  
John Burke, CAL  
Martin Conrad, CAL  
Kevin Engelhardt, ARIZ  
Andrew Hill, STAN  
Ian Johnson, WSU  
Craig Pansing, ARIZ  
Aaron Powell, ARIZ  
Adam Tenforde, STAN

## Second Team

Todd Arnold, WASH  
Kyle Barker, WSU  
Carlos Carballo, CAL  
Neil Davis, STAN  
Ian Dobson, STAN  
Michael Heidt, WSU  
John Lucas, ORE  
Jeremy Rasmussen, ASU  
Grant Robison, STAN  
Donald Sage, STAN

## 2003 First Team

Shane Ahlers, ORE  
Ryan Andrus, ORE  
Jonathan Balzer, CAL  
Travis Boyd, WASH  
Jeremy Cramer, ASU  
Andy Fader, WASH  
Ryan Freimuth, WSU  
Ian Johnson, WSU  
John Lucas, ORE  
Adam Tenforde, STAN

## Second Team

Todd Arnold, WASH  
Neil Davis, STAN  
Ian Dobson, STAN  
Erik Emilsson, UCLA  
Chad Galbreath, UCLA  
Michael Heidt, WSU  
Brett Holts, ORE  
Eric Logsdon, ORE  
Mark Mandi, WASH  
Ryan Warrenburg, ASU

## 2004 First Team

Dan Blomgren, CAL  
Travis Boyd, WASH  
Kal Clark, ASU  
Jeremy Cramer, ASU  
Kevin Engelhardt, ARIZ  
Ryan Freimuth, WSU  
Aaron Powell, ARIZ  
Robert Smitson, STAN  
Alec Wall, ORE  
Ryan Warrenburg, ASU

## Second Team

Erik Emilsson, UCLA  
Andy Fader, WASH  
Daniel Frederick, WSU  
Alex Grant, WSU  
Michael Heidt, WSU  
Jon Hickey, WASH  
Andrew Jones, WSU  
Griffin Lee, ASU  
Mark Mandi, WASH  
Forrest Tahdoahnippah,  
STAN

## 2005 First Team

Travis Boyd, WASH  
Chris Chavez, CAL  
Kal Clark, ASU  
Jeremy Cramer, ASU  
Ryan Freimuth, WSU  
Griffin Lee, ASU  
Christopher Ogle, ARIZ  
Drew Polley, WSU  
Forrest Tahdoahnippah,  
STAN  
Ryan Warrenburg, ASU

## Second Team

Neftalem Araia, STAN  
Andy Fader, WASH  
Woody Favinger, WSU  
Mark Mandi, WASH  
Mike McGrath, ORE  
Kevin Peters, WASH  
Vellibor Radejovic, ASU  
Eric Roberts, CAL  
Drew Shackleton, UCLA  
Kyle Shackleton, UCLA

## 2006 First Team

Christopher Chavez, CAL  
Kal Clark, ASU  
Woody Favinger, WSU  
Garrett Heath, STAN  
Chris Ogle, ARIZ  
Galen Rupp, ORE  
Drew Shackleton, UCLA  
Kyle Shackleton, UCLA  
Forrest Tahdoahnippah,  
STAN  
Scott Wall, ORE

## Second Team

Neftalem Araia, STAN  
Travis Boyd, WASH  
David Gott, ASU  
Joey Heller, ASU  
Mark Matusak, CAL  
Mike McGrath, ORE  
Jeremy Mineau, WASH  
Kevin Peters, WASH  
Drew Polley, WSU  
Mike Sayenko, WASH

## 2007 First Team

Evan Blanshan, WSU  
Christopher Chavez, CAL  
Mathew Cravens, ORE  
Ben Engelhardt, ASU  
Garrett Heath, STAN  
Drew Polley, WSU  
Galen Rupp, ORE  
Drew Shackleton, UCLA  
Kyle Shackleton, UCLA  
Scott Wall, ORE

## Second Team

Neftalem Araia, STAN  
Riley Booker, WASH  
Russell Brown, STAN  
Michael Garcia, STAN  
Daniel Geib, WSU  
Alex Grant, WSU  
Mark Matusak, CAL  
Mike McGrath, ORE  
Hari Mix, STAN  
Chris Mocko, STAN

## 2008 First Team

Evan Blanshan, WSU  
Reed Blochberger, ARIZ  
Garrett Heath, STAN  
Jeremy Mineau, WASH  
Thomas Peterson, ASU  
Drew Polley, WSU  
Galen Rupp, ORE  
Drew Shackleton, UCLA  
Jordan Swarthout, WASH  
Scott Wall, ORE

## Second Team

Chris Ahl, WASH  
Ben Engelhardt, ASU  
Matt Hansdavid Miller, CAL  
Jon Harding, WASH  
Kari Karlsson, CAL  
Daniel Lovell, ASU  
Jordan Mara, ARIZ  
Mark Matusak, CAL  
Hari Mix, STAN  
Chris Mocko, STAN

## 2009 First Team

Chris Derrick, STAN  
Ben Engelhardt, ASU  
Justin Englund, WSU  
Ben Jankunas, ASU  
Cameron Liston, ASU  
Jordan Mara, ARIZ  
Matthew Miller, CAL  
Justin Reed, STAN  
Jordan Swarthout, WASH  
Miles Unterreiner, STAN

## Second Team

Marco Anzures, UCLA  
Brandon Bethke, ASU  
Matt Boughton, ASU  
Maxime Chevee, CAL  
Alex Crabill, UCLA  
Collin Eckelman, ASU  
Elliott Heath, STAN  
Daniel Lovell, ASU  
Justin Marpole-Bird, STAN  
Luke Puskedra, ORE

## 2010 First Team

Ben DeJarnette, ORE  
Chris Derrick, STAN  
Ben Engelhardt, ASU  
Justin Englund, WSU  
Nick Happe, ASU  
Elliott Heath, STAN  
Jordan Mara, ARIZ  
Steven Schnieders  
Jordan Swarthout, WASH  
Miles Unterreiner, STAN

## Second Team

Andrew Berberick, STAN  
Ramsey Chapin, STAN  
Maxime Chevee, CAL  
Tim Costin, ORE  
Andrew Gonzales, WSU  
Kevin Havell, STAN  
Daniel Lovell, ASU  
Rory McLeod, ARIZ  
Ken Scoggins, ORE  
Doug Smith, ASU

## 2011 First Team

Garrett Baker-Slama, ASU  
Ben DeJarnette, ORE  
Chris Derrick, STAN  
Justin Englund, WSU  
Nick Happe, ASU  
Rory McLeod, ARIZ  
Matthew Miller, CAL  
Steven Schnieders, ASU  
Miles Unterreiner, STAN  
Patrick Zacharias, ARIZ

## Second Team

Matt Biegner, COLO  
Matt Boughton, ASU  
Joey Bywater, WASH  
Maxime Chevee, CAL  
Tim Costin, ORE  
Andrew Gonzales, WSU  
Alec Govi, UCLA  
Benjamin Johnson, STAN  
Steve Kasica, COLO  
Doug Smith, ASU

## 2012 First Team

Garrett Baker-Slama, ASU  
Ben DeJarnette, ORE  
Nick Happe, ASU  
Benjamin Johnson, STAN  
Rory McLeod, ARIZ  
Jerome Perkins, COLO  
Steven Schnieders, ASU  
Miles Unterreiner, STAN  
Josh Walker, ASU  
Jacob Wood, UCLA

## Second Team

Matt Biegner, COLO  
Kenji Bierig, ARIZ  
Tim Costin, ORE  
Drew Jordan, WSU  
Andrew Kimpel, WSU  
Lawi Lalang, ARIZ  
Matthew Melancon, ORE  
Forrest Shaffer, WSU  
Tyler Stutzman, STAN  
Tyler Valdes, STAN

## 2013 First Team

Michael Atchoo, STAN  
Garrett Baker-Slama, ASU  
Marco Bertolotti, STAN  
Kevin Bishop, STAN  
Sean Davis, UCLA  
Leland Later, CAL  
Sam Macaluso, ARIZ  
Steven Schnieders, ASU  
Edward Trim, CAL  
Jacob Wood, UCLA

## Second Team

Justin Brinkley, STAN  
Thomas Joyce, CAL  
Lawi Lalang, ARIZ  
Matthew Melancon, ORE  
Blake Myers, UCLA  
Morgan Pearson, COLO  
Forrest Shaffer, WSU  
Tyler Stutzman, STAN  
Garrett Sweatt, STAN  
Daniel Wong, ASU

# PAC-12 MEN'S CROSS COUNTRY

## 2014 First Team

CJ Albertson, ASU  
Cody Brazeal, ASU  
David Emmert, COLO  
Collins Kibet, ARIZ  
Cameron Miller, STAN  
Tanguy Pepiot, ORE  
Sam Prakel, ORE  
Ben Saarel, COLO  
Brendan Tinoco, ARIZ  
John Whelan, WSU

## Second Team

William Contreras, CAL  
Jackson Darland, ORE  
Sean Davis, UCLA  
Jackson Haselnus, WSU  
Sam Macaluso, ARIZ  
Matthew Melancon, ORE  
Adam Peterman, COLO  
Ryan Silva, STAN  
Alexander Simpson, WSU  
Tommy Williams, ASU

## 2015 First Team

Clayton Albertson, ASU  
Cody Brazeal, ASU  
Sean Davis, UCLA  
Cameron Miller, STAN  
J.P. Nelson, ASU  
Ryan Normand, ASU  
Sam Prakel, ORE  
John Reniewicki, ASU  
Cameron Tu, CAL  
Samuel Willis, ARIZ

## Second Team

Jackson Darland, ORE  
Steven Fahy, STAN  
Thomas Joyce, CAL  
Jack Keelan, STAN  
Matthew Melancon, ORE  
John Lawson, CAL  
Paul Miller, COLO  
Travis Neuman, ORE  
Morgan Pearson, COLO  
Alex Simpson, WSU

## 2016 First Team

CJ Albertson, ASU  
Cody Brazeal, ASU  
Chandler Teigen, WSU  
Garrett Corcoran, CAL  
Jake Finney, WSU  
Adam Peterman, COLO  
Sam Prakel, ORE  
John Reniewicki, ASU  
Ben Saarel, COLO  
Millen Trujillo, UCLA

## Second Team

Kai Benedict, CAL  
Colin Burke, UCLA  
Steven Fahy, STAN  
Grant Fisher, STAN  
Jeffrey Gautreau, ARIZ  
Jack Keelan, STAN  
Sean McGorty, STAN  
Paul Miller, COLO  
Travis Neuman, ORE  
Nathan Wadhvani, WSU

## 2017 First Team

Tai Dinger, STAN  
Jake Finney, WSU  
Kyler Little, WSU  
Ryan Normand, ASU  
Gavin Parpart, WASH  
Adam Peterman, COLO  
Sam Prakel, ORE  
John Reniewicki, ASU  
Michael Renner, ASU  
Chandler Teigen, WSU

## Second Team

Kai Benedict, CAL  
Garrett Corcoran, CAL  
Steven Fahy, STAN  
Jack Keelan, STAN  
Riley Kelly, UCLA  
Christian Martin, COLO  
Travis Neuman, ORE  
Alek Parsons, STAN  
Paxton Smith, COLO  
Travis Thorne, ARIZ

## PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Neftalem Araia, STAN  
2008 Galen Rupp, ORE  
2009 Brandon Bethke, ASU  
2010 Elliott Heath, STAN  
2011 Chris Derrick, STAN  
2012 Nicke Happe, ASU  
2013 Tyler Stutzman, STAN  
2014 Sam Macaluso, ARIZ  
2015 Morgan Pearson, COLO  
2016 Ben Saarel, COLO  
2017 Sam Prakel, ORE

## NCAA TEAM CHAMPIONS FROM THE PAC-12

1961 OSU  
1970 ORE  
1973 ORE  
1974 ORE  
1977 ORE  
1996 STAN  
2001 COLO  
2002 STAN  
2003 STAN  
2004 COLO  
2006 COLO  
2007 ORE  
2008 ORE  
2013 COLO  
2014 COLO

## NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957 Max Truex, USC (19:12.3)  
1961 Dale Story, OSU (19:46.6)  
1966 Gerry Lindgren, WSU  
(29:01.4)  
1967 Gerry Lindgren, WSU  
(30:45.6)  
1969 Gerry Lindgren, WSU  
(28:59.2)  
1970 Steve Prefontaine, ORE  
(28:00.2)  
1971 Steve Prefontaine, ORE  
(29:14)  
1973 Steve Prefontaine, ORE  
(28:14.8)  
1976 Henry Rono, WSU (28:06.6)  
1977 Henry Rono, WSU (28:33.5)  
1978 Alberto Salazar, ORE  
(29:29.7)  
1979 Henry Rono, WSU (28:19.6)  
1982 Mark Scrutton, COLO  
(30:12.6)  
1986 Aaron Ramirez, ARIZ  
(30:27.53)  
1993 Josephat Kapkory, WSU  
(29:32.4)  
1994 Martin Keino, ARIZ (30:08.7)  
1997 Meb Keflezighi, UCLA  
(28:54)  
1998 Adam Goucher, COLO  
(29:26.9)  
2002 Jorge Torres, COLO (29:04.7)  
2003 Dathan Ritzenhein, COLO  
(19:24.1)  
2008 Galen Rupp, ORE (29:03.2)  
2011 Lawi Lalang, ARIZ (28:44.1)  
2013 Edward Cheserek, ORE  
(29:41.1)  
2014 Edward Cheserek, ORE  
(30:19.4)  
2015 Edward Cheserek, ORE  
(28:45.8)

**Race Distance 1938-64: 4 miles;  
1965-75: 6 miles; 1976-2011:  
10,000 meters.**

# PAC-12 WOMEN'S CROSS COUNTRY

## PAC-12 TEAM CHAMPIONS

1986 ORE  
 1987 ORE  
 1988 ORE  
 1989 WASH  
 1990 ORE  
 1991 ORE  
 1992 ORE  
 1993 STAN  
 1994 STAN  
 1995 ORE  
 1996 STAN  
 1997 STAN  
 1998 STAN  
 1999 STAN  
 2000 STAN  
 2001 STAN  
 2002 STAN  
 2003 STAN  
 2004 STAN  
 2005 STAN  
 2006 STAN  
 2007 STAN  
 2008 WASH  
 2009 WASH  
 2010 STAN  
 2011 COLO  
 2012 ORE  
 2013 ARIZ  
 2014 ORE  
 2015 COLO  
 2016 COLO  
 2017 COLO

## PAC-12 TITLES BY TEAM

15 STANFORD  
 9 OREGON  
 4 COLORADO  
 3 WASHINGTON  
 1 ARIZONA

## PAC-12 CHAMPIONSHIP RESULTS

### 1986 (Stanford, Calif.)

1. ORE ..... 61  
 2. UCLA ..... 78  
 3. STAN ..... 84  
 4. ARIZ ..... 99  
 5. ASU ..... 121  
 6. WSU ..... 129  
 7. CAL ..... 146  
 8. OSU ..... 207  
 9. WASH ..... 212

### 1987 (Stanford, Calif.)

1. ORE ..... 29  
 2. UCLA ..... 64  
 3. WSU ..... 91  
 4. ASU ..... 123  
 5. STAN ..... 123  
 6. CAL ..... 142  
 7. WASH ..... 159  
 8. ARIZ ..... 177  
 9. OSU ..... 254

### 1988 (Stanford, Calif.)

1. ORE ..... 43  
 2. UCLA ..... 75  
 3. CAL ..... 77  
 4. WSU ..... 114  
 5. ARIZ ..... 120  
 6. WASH ..... 143  
 7. STAN ..... 155  
 8. ASU ..... 178  
 9. OSU ..... 272

### 1989 (Stanford, Calif.)

1. WASH ..... 65  
 2. WSU ..... 79  
 3. ORE ..... 83  
 4. UCLA ..... 110  
 5. ARIZ ..... 127  
 6. STAN ..... 134  
 7. ASU ..... 142  
 8. CAL ..... 154

### 1990 (Stanford, Calif.)

1. ORE ..... 56  
 2. WASH ..... 61  
 3. ARIZ ..... 87  
 4. WSU ..... 110  
 5. UCLA ..... 119  
 6. CAL ..... 131  
 7. STAN ..... 160  
 8. ASU ..... 182  
 9. USC ..... 283

### 1991 (Stanford, Calif.)

1. ORE ..... 38  
 2. ARIZ ..... 58  
 3. WASH ..... 75  
 4. UCLA ..... 110  
 5. ASU ..... 127  
 6. STAN ..... 150  
 7. WSU ..... 166  
 8. CAL ..... 182  
 9. USC ..... 268

### 1992 (Stanford, Calif.)

1. ORE ..... 58  
 2. WASH ..... 73  
 3. ARIZ ..... 82  
 4. STAN ..... 95  
 5. UCLA ..... 122  
 6. WSU ..... 141  
 7. ASU ..... 144  
 8. CAL ..... 163  
 9. USC ..... 285

### 1993 (Stanford, Calif.)

1. STAN ..... 55  
 2. ARIZ ..... 65  
 3. UCLA ..... 71  
 4. ORE ..... 78  
 5. WASH ..... 106  
 6. CAL ..... 146  
 7. ASU ..... 204  
 8. WSU ..... 209  
 9. USC ..... 267

### 1994 (Stanford, Calif.)

1. STAN ..... 57  
 2. ORE ..... 74  
 3. ARIZ ..... 82  
 4. WASH ..... 83  
 5. UCLA ..... 84  
 6. WSU ..... 141  
 7. CAL ..... 166  
 8. ASU ..... 230  
 9. USC ..... 261

### 1995 (Stanford, Calif.)

1. ORE ..... 55  
 2. ARIZ ..... 60  
 3. STAN ..... 61  
 4. WASH ..... 92  
 5. UCLA ..... 115  
 6. CAL ..... 161  
 7. WSU ..... 170  
 8. USC ..... 208  
 9. ASU ..... 278

### 1996 (Stanford, Calif.)

1. STAN ..... 38  
 2. WASH ..... 82  
 3. ARIZ ..... 92  
 4. UCLA ..... 116  
 5. ORE ..... 126  
 6. USC ..... 149  
 7. WSU ..... 169  
 8. CAL ..... 155  
 9. ASU ..... 216

### 1997 (Stanford, Calif.)

1. STAN ..... 36  
 2. ORE ..... 72  
 WASH ..... 72  
 4. UCLA ..... 127  
 5. ARIZ ..... 148  
 6. USC ..... 153  
 7. WSU ..... 163  
 8. CAL ..... 183  
 9. ASU ..... 190

### 1998 (Eugene, Ore.)

1. STAN ..... 53  
 2. WASH ..... 74  
 3. ARIZ ..... 92  
 4. ASU ..... 122  
 5. ORE ..... 125  
 6. WSU ..... 154  
 7. USC ..... 166  
 8. UCLA ..... 167  
 9. CAL ..... 176

### 1999 (Long Beach, Calif.)

1. STAN ..... 32  
 2. ASU ..... 62  
 3. WASH ..... 70  
 4. UCLA ..... 98  
 5. ARIZ ..... 119  
 6. ORE ..... 135  
 7. WSU ..... 205  
 8. USC ..... 228  
 CAL ..... 228

### 2000 (Seattle, Wash.)

1. STAN ..... 51  
 2. ASU ..... 67  
 3. ARIZ ..... 79  
 4. WASH ..... 83  
 5. WSU ..... 124  
 6. UCLA ..... 134  
 7. ORE ..... 140  
 8. USC ..... 226  
 9. CAL ..... 254

### 2001 (Scottsdale, Ariz.)

1. STAN ..... 27  
 2. ARIZ ..... 64  
 3. ASU ..... 79  
 4. UCLA ..... 107  
 5. WASH ..... 109  
 6. WSU ..... 155  
 7. USC ..... 168  
 8. ORE ..... 210  
 9. CAL ..... 259

### 2002 (Pasadena, Calif.)

1. STAN ..... 23  
 2. ASU ..... 59  
 3. WASH ..... 79  
 4. UCLA ..... 86  
 5. ORE ..... 134  
 6. WSU ..... 197  
 7. USC ..... 202  
 8. CAL ..... 208  
 9. ARIZ ..... 242

### 2003 (Pullman, Wash.)

1. STAN ..... 22  
 2. ASU ..... 78  
 3. UCLA ..... 79  
 4. WASH ..... 123  
 5. ORE ..... 161  
 6. ARIZ ..... 179  
 7. USC ..... 185  
 8. WSU ..... 187  
 9. CAL ..... 202

### 2004 (San Francisco, Calif.)

1. STAN ..... 30  
 2. ASU ..... 47  
 3. WASH ..... 100  
 4. UCLA ..... 102  
 5. WSU ..... 171  
 6. ARIZ ..... 180  
 7. ORE ..... 182  
 8. USC ..... 233  
 9. CAL ..... 237  
 10. OSU ..... 238

### 2005 (Tucson, Ariz.)

1. STAN ..... 34  
 2. ASU ..... 40  
 3. ORE ..... 86  
 4. WASH ..... 111  
 5. WSU ..... 159  
 6. UCLA ..... 162  
 7. CAL ..... 188  
 8. OSU ..... 190  
 9. ARIZ ..... 208  
 10. USC ..... 309

### 2006 (Stanford, Calif.)

1. STAN ..... 22  
 2. ASU ..... 51  
 3. WASH ..... 96  
 4. ORE ..... 103  
 5. UCLA ..... 121  
 6. WSU ..... 156  
 7. ARIZ ..... 206  
 8. OSU ..... 217  
 9. CAL ..... 260  
 10. USC ..... 323



# PAC-12 WOMEN'S CROSS COUNTRY

## 2007 (Crovallis, Ore.)

1. STAN	48
2. ORE	64
3. ASU	68
WASH	68
5. WSU	136
6. ARIZ	188
7. OSU	197
8. USC	215
9. CAL	237
10. UCLA	248

## 2008 (Eugene, Ore.)

1. WASH	15
2. ORE	55
3. STAN	99
4. ASU	105
5. WSU	188
6. OSU	192
7. ARIZ	199
8. CAL	209
9. USC	212
10. UCLA	271

## 2009 (Long Beach, Calif.)

1. WASH	35
2. ORE	42
3. ASU	110
4. STAN	111
5. CAL	128
6. ARIZ	130
7. UCLA	207
8. OSU	239
9. USC	250
10. WSU	251

## 2010 (Seattle, Wash.)

1. STAN	62
2. ARIZ	65
3. ORE	68
3. WASH	68
5. CAL	132
6. UCLA	165
7. ASU	188
8. OSU	245
9. WSU	252
10. USC	257

## 2011 (Litchfield Park, Ariz.)

1. COLO	50
2. WASH	73
3. STAN	75
4. ORE	89
5. ARIZ	104
6. ASU	168
7. CAL	190
8. UTAH	205
9. OSU	249
10. UCLA	288
11. WSU	291
12. USC	384

## 2012 (Santa Clarita, Calif.)

1. ORE	47
2. ARIZ	69
3. STAN	82
4. WASH	92
5. COLO	124
6. UCLA	172
7. UTAH	200
8. CAL	209
9. ASU	210
10. USC	295
11. OSU	305
12. WSU	308

## 2013 (Louisville, Colo.)

1. ARIZ	69
2. COLO	75
3. WASH	111
4. ORE	113
5. STAN	129
6. ASU	138
7. UCLA	173
8. UTAH	207
9. CAL	213
10. WSU	260
11. OSU	269
12. USC	346

## 2014 (Oakland, Calif.)

1. ORE	54
2. STAN	74
3. COLO	82
4. WASH	93
5. UCLA	143
6. ASU	158
7. CAL	185
8. ARIZ	200
9. UTAH	241
10. WSU	246
11. USC	336
12. OSU	342

## 2015 (Colfax, Wash.)

1. COLO	45
2. ORE	51
3. STAN	80
4. WASH	92
5. UTAH	149
6. ASU	162
7. CAL	241
8. ARIZ	237
9. UCLA	241
10. WSU	262
11. OSU	321
12. USC	361

## 2016 (Tucson, Ariz.)

1. COLO	33
2. WASH	74
3. STAN	83
4. ORE	88
5. UTAH	169
6. CAL	184
7. UCLA	201
8. ARIZ	204
9. OSU	224
10. ASU	236
11. WSU	304
12. USC	375

## 2017 (Springfield, Ore.)

1. COLO	53
2. ORE	71
3. STAN	71
4. WASH	128
5. CAL	132
6. UTAH	146
7. ARIZ	186
8. UCLA	221
9. ASU	232
10. WSU	259
11. OSU	263
12. USC	DNP

## PAC-12 INDIVIDUAL CHAMPIONS

1986	Penny Graves, ORE (16:51.7)
1987	Annette Hand, ORE (16:44.0)
1988	Liz Wilson, ORE (17:06)
1989	Jennifer Robertson, WSU (16:53)
1990	Liz Wilson, ORE (16:52)
1991	Lisa Karnopp, ORE (16:48)
1992	Nicole Woodward, ORE (16:51)
1993	Karen Hecox, UCLA (16:43)
1994	Karen Hecox, UCLA (17:00)
1995	Amy Skieresz, ARIZ (16:45)
1996	Amy Skieresz, ARIZ (16:36)
1997	Amy Skieresz, ARIZ (16:40)
1998	Amy Skieresz, ARIZ (16:59)
1999	Erin Sullivan, STAN (17:01)
2000	Tara Chaplin, ARIZ (20:10)*
2001	Lauren Fleshman, STAN (20:08)
2002	Sara Bei, STAN (19:48)
2003	Sara Bei, STAN (21:12)
2004	Amy Hastings, ASU (20:19)
2005	Arianna Lambie, STAN (20:20)
2006	Arianna Lambie, STAN (20:15)
2007	Arianna Lambie, STAN (19:40)
2008	Kendra Schaaf, WASH (19:24)
2009	Nicole Blood, ORE (19:41)
2010	Jordan Hasay, ORE (19:45)
2011	Katie Flood, WASH (19:32)
2012	Kathy Kroeger, STAN (20:06)
2013	Aisling Cuffe, STAN (21:04)
2014	Shelby Houlihan, ASU (19:59)
2015	Aisling Cuffe, STAN (19:53)
2016	Amy-Eloise Neale, WASH (20:22.9)
2017	Dani Jones, COLO (18:57.3)

\* - First year in which course distance increased from 5,000 meters to 6,000 meters.

## PAC-12 ATHLETE OF THE YEAR

1986	Penny Graves, ORE
1987	Annette Hand, ORE
1988	Penny Graves, ORE
1989	Jennifer Robertson, WSU
1990	Liz Wilson, ORE
1991	Lisa Karnopp, ORE
1992	Louise Watson, STAN
1993	Karen Hecox, UCLA
1994	Karen Hecox, UCLA
1995	Amy Skieresz, ARIZ
1996	Amy Skieresz, ARIZ
1997	Amy Skieresz, ARIZ
1998	Amy Skieresz, ARIZ
1999	Erin Sullivan, STAN
2000	Lisa Aguilera, ASU
2001	Tara Chaplin, ARIZ
2002	Alicia Craig, STAN
2003	Sara Bei, STAN
2004	Amy Hastings, ASU
2005	Arianna Lambie, STAN
2006	Arianna Lambie, STAN
2007	Arianna Lambie, STAN
2008	Kendra Schaaf, WASH
2009	Kendra Schaaf, WASH
2010	Jordan Hasay, ORE
2011	Jordan Hasay, ORE
2012	Jordan Hasay, ORE
2013	Aisling Cuffe, STAN
2014	Shelby Houlihan, ASU
2015	Aisling Cuffe, STAN
2016	Amy-Eloise Neale, WASH
2017	Dani Jones, COLO

## PAC-12 NEWCOMER/FRESHMAN OF THE YEAR

\* beginning 2014, only athletes with freshman eligibility were eligible for the award.

1999	Erin Sullivan, STAN
2000	Victoria Chang, STAN
2001	Sara Bei, STAN
2002	Jessica Scalzo, ASU
2003	Arianna Lambie, STAN
2004	Teresa McWalters, STAN
2005	Tori Tyler, WASH
2006	Ali Kielty, ASU
2007	Alexandra Kosinski, ORE
2008	Christine Babcock, WASH
2009	Jordan Hasay, ORE
2010	Katie Flood, WASH
2011	Shelby Houlihan, ASU
2012	Cayla Hatton, STAN (co) Allie Woodward, ORE (co)
2013	Kayla Beattie, ARIZ
2014	Elise Cranny, STAN
2015	Carolina Johnson, UCLA
2016	Katie Rainsberger, ORE
2017	Brie Oakley, CAL

# PAC-12 WOMEN'S CROSS COUNTRY

## PAC-12 COACH OF THE YEAR

1986 Tom Heinonen, ORE  
1987 Tom Heinonen, ORE  
1988 Tom Heinonen, ORE  
1989 Mike Johnson, WASH  
1990 Tom Heinonen, ORE  
1991 Tom Heinonen, ORE  
1992 Mike Johnson, WASH  
1993 Vin Lananna, STAN  
1994 Vin Lananna, STAN  
1995 Tom Heinonen, ORE  
1996 Vin Lananna, STAN  
Beth Alford-Sullivan, STAN  
1997 Vin Lananna, STAN  
Beth Alford-Sullivan, STAN  
1998 Beth Alford-Sullivan, STAN  
1999 Walt Drenth, ASU  
2000 Walt Drenth, ASU  
2001 Vin Lananna, STAN  
2002 Vin Lananna, STAN  
2003 Dena Evans, STAN  
2004 Dena Evans, STAN  
2005 Peter Tegen, STAN  
2006 Peter Tegen, STAN  
2007 Peter Tegen, STAN  
2008 Greg Metcalf, WASH  
2009 Greg Metcalf, WASH  
2010 James Li, ARIZ  
2011 Greg Metcalf, WASH  
2012 Robert Johnson  
2013 James Li, ARIZ  
2014 Robert Johnson, ORE  
2015 Mark Wetmore, COLO  
2016 Mark Wetmore, COLO  
2017 Mark Wetmore, COLO

## PAC-12 ALL-CONFERENCE

**1999 First Team**  
Erin Sullivan, STAN  
Sally Glynn, STAN  
Lauren Fleshman, STAN  
Lisa Aguilera, ASU  
Anna Aoki, WASH  
Kate Vermeulen, UCLA

**Second Team**  
Tara Chaplin, ARIZ  
Melinda Campbell, WASH  
Colleen Burke, ASU  
Kelly MacDonald, WASH  
Jen Schindler, WASH  
Mary Huang, STAN

**2000 First Team**  
Tara Chaplin, ARIZ  
Lisa Aguilera, ASU  
Lauren Fleshman, STAN  
Camissa Matson, WASH  
Victoria Chang, STAN  
Elena Villarreal, STAN

**Second Team**  
Mary Duerbeck, ASU  
Katrin Engelen, ARIZ  
Hanna Smedstad, ORE  
Kate Bradshaw, WASH  
Ryan Gilmore, WSU  
Katie Nuanes, UCLA

**2001 First Team**  
Lauren Fleshman, STAN  
Sara Bei, STAN  
Tara Chaplin, ARIZ  
Everlyn Lagat, WSU  
Alicia Craig, STAN  
Lisa Gibbs, WASH

**Second Team**  
Lisa Aguilera, ASU  
Mariel Ettinger, STAN  
Brianna Torres, ASU  
Kelly MacDonald, ASU  
Erin Sullivan, STAN  
Beth Hoge, ARIZ

**2002 First Team**  
Sara Bei, STAN  
Lauren Fleshman, STAN  
Lena Nilsson, UCLA  
Alicia Craig, STAN  
Malindi Elmore, STAN  
Jessica Scalzo, ASU

**Second Team**  
Courtney Inman, WASH  
Carrie Zografos, ORE  
Alejandra Barrientos, UCLA  
Amy Hastings, ASU  
Erin Sullivan, STAN  
Desiree Davilla, ASU

**2003 First Team**  
Sara Bei, STAN  
Alicia Craig, STAN  
Arianna Lambie, STAN  
Amy Hastings, ASU  
Magdalena Sandoval, ORE  
Katy Trotter, STAN  
Valerie Flores, UCLA

**Second Team**  
Iryna Vashchuk, USC  
Ingviil Makestad, WASH  
Amanda Trotter, STAN  
Anna Masinelli, ASU  
Desiree Davila, ASU  
Bridget Duffy, CAL  
Ashley Caldwell, UCLA

**2004 First Team**  
Amy Hastings, ASU  
Alicia Craig, STAN  
Anita Siraki, STAN  
Laura Harmon, ORE  
Desiree Davila, ASU  
Amanda Trotter, STAN  
Dallon Williams, WASH

**Second Team**  
Katy Trotter, STAN  
Victoria Jackson, ASU  
Iryna Vashchuk, USC  
Teresa McWalters, STAN  
Jeane Goff, STAN  
Anna Masinelli, ASU  
Lauren Centrowitz, STAN

**2005 First Team**  
Arianna Lambie, STAN  
Amy Hastings, ASU  
Lindsay Flacks, STAN  
Ashley Caldwell, UCLA  
Teresa McWalters, STAN  
Haley Paul, WSU  
Anna Masinelli, ASU

**Second Team**  
Tori Tyler, WASH  
Jenna Kingma, ASU  
Victoria Jackson, ASU  
Lauren Centrowitz, STAN  
Rachel Ellison, ASU  
Katie Leary, ORE  
Amanda Trotter, STAN

**2006 First Team**  
Arianna Lambie, STAN  
Kathleen Trotter, STAN  
Amanda Trotter, STAN  
Teresa McWalters, STAN  
Cassie Rios, ASU  
Amy Lia, WASH  
Brooke Bennett, ASU

**Second Team**  
Allie Bohannon, UCLA  
Anita Campbell, WASH  
Jenna Kingma, ASU  
Haley Paul, WSU  
Lauren Centrowitz, STAN  
Ali Kieilty, ASU  
Zoe Nelson, ORE

**2007 First Team**  
Arianna Lambie, STAN  
Teresa McWalters, STAN  
Alexandra Kosinski, ORE  
Nicole Blood, ORE  
Jenna Kingma, ASU  
Anita Campbell, WASH  
Ali Kieilty, ASU

**Second Team**  
Isley Gonzalez, WSU  
Katie Follett, WASH  
Lauren Centrowitz, STAN  
Sarah Cocco, USC  
Kari Hardt, ASU  
Marie Lawrence, WASH  
Kate Niehaus, STAN

**2008 First Team**  
Kendra Schaaf, WASH  
Marie Lawrence, WASH  
Christine Babcock, WASH  
Anita Campbell, WASH  
Katie Follett, WASH  
Amanda Miller, WASH  
Lindsey Scherf, ORE

**Second Team**  
Nicole Blood, ORE  
Kari Hardt, ASU  
Ali Kieilty, ASU  
Alex Kosinski, ORE  
Lauren Saylor, WASH  
Laurynne Chetelat, STAN  
Melissa Grelli, ORE

**2009 First Team**  
Nicole Blood, ORE  
Kendra Schaaf, WASH  
Jordan Hasay, ORE  
Marie Lawrence, WASH  
Christine Babcock, WASH  
Deborah Maier, CAL  
Kari Hardt, ASU

**Second Team**  
Katie Follett, WASH  
Alex Kosinski, ORE  
Alexandra Gits, STAN  
Stephanie Marcy, STAN  
Claire Michel, ORE  
Shannon Murakami, UCLA  
Mattie Callahan, ARIZ

**2010 First Team**  
Jennifer Bergman, ARIZ  
Katie Flood, WASH  
Jordan Hasay, ORE  
Alex Kosinski, ORE  
Kathy Kroeger, STAN  
Deborah Maier, CAL  
Stephanie Marcy, STAN

**Second Team**  
Zsafia Erdelyi, USC  
Elvin Kibet, ARIZ  
Marie Lawrence, WASH  
Megan Meyer, ARIZ  
Hannah Moen, ARIZ  
Lindsay Prescott, ASU  
Jessica Tonn, STAN

**2011 First Team**  
Jennifer Bergman, ARIZ  
Emma Coburn, COLO  
Katie Flood, WASH  
Jordan Hasay, ORE  
Shalaya Kipp, COLO  
Kathy Kroeger, STAN  
Stephanie Marcy, STAN

**Second Team**  
Christine Babcock, WASH  
Rachel Baptista, COLO  
Lara Darco, COLO  
Shelby Houlihan, ASU  
Elvin Kibet, ARIZ  
Amanda Mergaert, UTAH  
Jessica Tonn, STAN

**2012 First Team**  
Jennifer Bergman, ARIZ  
Jordan Hasay, ORE  
Elvin Kibet, ARIZ  
Kathy Kroeger, STAN  
Amanda Mergaert, UTAH  
Alexi Pappas, ORE  
Allie Woodward, ORE

**Second Team**  
Aisling Cuffe, STAN  
Lindsay Flanagan, WASH  
Megan Goethals, WASH  
Shelby Houlihan, ASU  
Shalaya Kipp, COLO  
Kelsey Sanisteban, CAL  
Jessica Tonn, STAN

# PAC-12 WOMEN'S CROSS COUNTRY

## 2013 First Team

Kayla Beattie, ARIZ  
Nicci Corbin, ARIZ  
Aisling Cuffe, STAN  
Shelby Houlihan, ASU  
Elvin Kibet, ARIZ  
Kelsey Santisteban, CAL  
Kelsey Smith, UCLA

## Second Team

Erin Clark, COLO  
Katie Flood, WASH  
Shalaya Kipp, COLO  
Melanie Nun, COLO  
Jessica Tonn, STAN  
Carrie Verdon, COLO  
Rebekah Winterton, UTAH

## 2014 First Team

Maddie Alm, COLO  
Frida Berge, ORE  
Erin Clark, COLO  
Elise Cranny, STAN  
Shelby Houlihan, ASU  
Bethan Knights, CAL  
Maddie Meyers, WASH

## Second Team

Alli Cash, ORE  
Emma Fisher, STAN  
Molly Grabill, ORE  
Molly McNamara, STAN  
Waverly Neer, ORE  
Abby Regan, WSU  
Kelsey Smith, UCLA

## 2015 First Team

Kaitlyn Brenner, COLO  
Alli Cash, ORE  
Erin Clark, COLO  
Aisling Cuffe, STAN  
Maddie Meyers, WASH  
Waverly Neer, ORE  
Melanie Nun, COLO

## Second Team

Maddie Alm, COLO  
Frida Berge, ORE  
Vanessa Fraser, STAN  
Molly Grabill, ORE  
Carolina Johnson, UCLA  
Hannah McInturff, UTAH  
Marissa Williams, CAL

## 2016 First Team

Kaitlyn Benner, COLO  
Erin Clark, COLO  
Dani Jones, COLO  
Bethan Knights, CAL  
Amy-Eloise Neale, WASH  
Charlotte Prouse, WASH  
Katie Rainsberger, ORE

## Second Team

Christina Aragon, STAN  
Alli Cash, ORE  
Vanessa Fraser, STAN  
Makena Morley, COLO  
Grayson Murphy, UTAH  
Fiona O'Keefe, STAN  
Addi Zerrenner, ARIZ

## 2017 First Team

Lilli Burdon, So., ORE  
Vanessa Fraser, Sr., STAN  
Dani Jones, Jr., COLO  
Grayson Murphy, Sr., UTAH  
Amy-Eloise Neale, Sr., WASH  
Fiona O'Keefe, So., STAN  
Katie Rainsberger, So., ORE

## Second Team

Chelsey Albertson, Sr., ASU  
Kaitlyn Benner, Sr., COLO  
Jessica Hull, Jr., ORE  
Sage Hurta, So., COLO  
Bethan Knights, Sr., CAL  
Vallery Korir, Jr., WSU  
Brie Oakley, Fr., CAL

## PAC-12 ALL-ACADEMIC

### 1990 First Team

Sabrina Han, CAL  
Stacie Hoitink, WASH  
Carol Holmen, ORE  
Ronda Mikeworth, ARIZ  
Jennifer Robertson, WSU  
Bridget Smyth, ARIZ  
Liz Wilson, ORE

### Second Team

Jennifer Ashe, UCLA  
Ashley Black, STAN  
Anne Howard, WASH  
Lisa Kamopp, ORE  
Nicole Nugent, UCLA  
Sue Ocken, WASH  
Jennifer Reese, WASH

### 1991 First Team

Rachel Brennan, ARIZ  
Lisa Christensen, ARIZ  
Stacie Hoitink, WASH  
Carol Holmen, WASH  
Lisa Karnopp, ORE  
Carrie Moller, WASH  
Lucy Nusrala, ORE

### Second Team

Laura Andeen, UCLA  
Liv Borgersen, WASH  
Catherine Linnes, WSU  
Ginny Mommsen, CAL  
Jennifer Reese, WASH  
Sarah Truitt, STAN  
Kristin Wellman, ASU

### 1992 First Team

Jennifer Bravard, WSU  
Jennifer Carpenter, WSU  
Kelly Cordell, ASU  
Karen Hecox, UCLA  
Stacie Hoitink, WASH  
Erika Klein, ORE  
Sarah Truitt, STAN

### Second Team

Jennifer Ashe, UCLA  
Hillary Blake, WASH  
Rachel Brennan, ARIZ  
Aimee Kriz, WASH  
Ginny Mommsen, CAL  
Brenda Sleenwenhoek, ARIZ  
Kristin Wellman, ASU

## 1993 First Team

Jenna Carlson, ORE  
Tara Carlson, WASH  
Karen Hecox, UCLA  
Brenda Sleenwenhoek, ARIZ  
Tenaya Soderman, CAL  
Sarah Truitt, STAN  
Louise Watson, STAN

## Second Team

Jill Callero, ORE  
Jeanene Harlick, UCLA  
Jean Harvey, ARIZ  
Emily Johnson, WASH  
Aimee Kriz, WASH  
Lisa Quaintance, ARIZ  
Niamh Zwagerman, ORE

## 1994 First Team

Tara Carlson, WASH  
Christie Engesser, ORE  
Milena Glusac, ORE  
Karen Hecox, UCLA  
Viola Schaffer, ARIZ  
Sara Truitt, STAN  
Niamh Zwagerman, ORE

## Second Team

Jeanene Harlick, UCLA  
Shannon Heusser, WASH  
Emily Johnson, WASH  
Kathrine Malm, WASH  
Julie Meyers, CAL  
Marilyn Moberly, WSU  
Lisa Quaintance, ARIZ

## 1995 First Team

Jenna Carlson, ORE  
Tara Carlson, WASH  
Ann Colonna, ARIZ  
Jeanene Harlick, UCLA  
Kristin Liebich, WSU  
Sarna Renfro, STAN  
Viola Schaffer, ARIZ

## Second Team

Monal Chokshi, STAN  
Milena Glusac, ORE  
Emily Johnson, WASH  
Marilyn Moberly, WSU  
Lisa Quaintance, ARIZ  
Stacey Radowicz, WSU  
Tenaya Soderman, CAL

## 1996 First Team

Monal Chokshi, STAN  
Christie Engesser, ORE  
Katherina Kechris, UCLA  
Kaarin Knudson, ORE  
Kristin Liebich, WSU  
Marilyn Moberly, WSU  
Sarna Renfro, STAN

## Second Team

Leila Burr, STAN  
Kelly Chavez, ARIZ  
Sara Council, WSU  
Angela Froese, WASH  
Danelle Kabush, WASH  
Julie Meyers, CAL  
Kimberly Schmolka, WSU

## 1997 First Team

Angela Froese, WASH  
Milena Glusac, ORE  
Liz Howell, ORE  
Katerina Kechris, UCLA  
Kaarin Knudson, ORE  
Sarna Renfro, STAN  
Kristin Ritzenthaler, WSU

## Second Team

Kelly Chavez, ARIZ  
Mary Duerbeck, ASU  
Staci Eskesen, WASH  
Joanne Hunsinger, WSU  
Danelle Kabush, WASH  
Heather McMahon, ORE  
Kimberly Schmolka, WSU

## 1998 First Team

Marie Davis, ORE  
Mary Huang, STAN  
Anna Lopacivch, USC  
Heather McMahon, ORE  
Elissa Riedy, CAL  
Kim Schmolka, WSU  
Julia Stamps, STAN

## Second Team

Anna Aoki, WASH  
Melinda George, UCLA  
Priscilla Hein, ASU  
Liz Howell, ORE  
Megan Maynard, WSU  
Grazyna Penc, USC  
Kara Syrdal, WASH

## 1999 First Team

Lisa Aguilera, ASU  
Anna Aoki, WASH  
Tara Chaplin, ARIZ  
Mary Duerbeck, ASU  
Megan Maynard, WSU  
Ann Ramsey, STAN  
Kara Syrdal, WASH

## Second Team

Kara Barnard, UCLA  
Mary Huang, STAN  
Ashley Foianini, WASH  
Melinda George, UCLA  
Amy Maciasek, ASU  
Kelly MacDonald, ASU  
Lisa Schaubert, WSU

## 2000 First Team

Lisa Aguilera, ASU  
Mary Duerbeck, ASU  
Colleen Flaherty, STAN  
Greta Johnson, WSU  
Beth Martin, ASU  
Emily Mullen, WASH  
Ann Ramsey, STAN  
Kara Syrdal, WASH

## Second Team

Caroline Annis, STAN  
Kathleen Brizgys, STAN  
Tara Chaplin, ARIZ  
Jenny Filipy, WSU  
Erinn Gulbrandsen, ORE  
Megan Maynard, WSU

# PAC-12 WOMEN'S CROSS COUNTRY

## 2001 First Team

Lisa Aguilera, ASU  
Tara Chaplin, ARIZ  
Colleen Flaherty, STAN  
Jenny Filipy, WSU  
Erinn Gulbrandsen, ORE  
Nicole Gurnicz, ARIZ  
Laura Turner, STAN

## Second Team

Caroline Annis, STAN  
Jennifer Burris, ARIZ  
Beth Hoge, ARIZ  
Beth Martin, ASU  
Beth Welander, WSU  
Kelly MacDonald, ASU  
Kristin McFerron, ASU

## 2002 First Team

Sara Bei, STAN  
Cynthia Atencio, ASU  
Crystal Becker, USC  
Ana Cabrera, WSU  
Jeane Goff, STAN  
Erinn Gulbrandsen, ORE  
Eri Macdonald, ORE  
Abby Parker, CAL  
Kate Spigel, WASH  
Carmen Winant, UCLA

## Second Team

Kate Bradshaw, WASH  
Molly Bull, WSU  
Camille Connelly, WASH  
Alicia Craig, STAN  
Lindsey Egerdahl, WASH  
Malindi Elmore, STAN  
Katherine Hotchkiss, STAN  
Courtney Inman, WASH  
Susan Mortensen, ARIZ  
Robin Tierney, ARIZ

## 2003 First Team

Ana Cabrera, WSU  
Amanda Goeller, ARIZ  
Nicole Gurnicz, ARIZ  
Allison Hall, UCLA  
Laura Hodgson, WASH  
Beth Hoge, ARIZ  
Amanda Lyon, ASU  
Eri McDonald, ORE  
Kate Neeper, USC  
Carmen Winant, UCLA

## Second Team

Camille Connelly, WASH  
Julia Corbett, WSU  
Jennifer Ford, ARIZ  
Jeane Goff, STAN  
Eleanor Gordon, ORE  
Michi Hirakawa-Wong, ARIZ  
Melissa McBain, UCLA  
Jessica Scalzo, ASU  
Brooke Thomas, USC  
Jenna Timinsky, UCLA

## 2004 First Team

Ana Cabrera, WSU  
Jamie Fuller, OSU  
Laura Hodgson, WASH  
Beth Hoge, ARIZ  
Kathryn Neeper, USC  
Jenna Timinsky, UCLA  
Amanda Trotter, STAN  
Michelle Wilson, OSU  
Carmen Winant, UCLA  
Angela Wishaar, WASH

## Second Team

Brooke Bennett, ASU  
Camille Connelly, WASH  
Karen DeMartini, WSU  
Allison Hall, UCLA  
Ashley Ippolito, ARIZ  
Arrianna Lambie, STAN  
Corey Randall, ASU  
Katy Trotter, STAN  
Sarah West, UCLA  
Ashley Younce, OSU

## 2005 First Team

Brooke Bennett, ASU  
Rachel Ellison, ASU  
Arianna Lambie, STAN  
Kate Neeper, USC  
Haley Paul, WSU  
Sarah Pearson, ORE  
Kaitlin Poggi, OSU  
Coarey Randall, ASU  
Amanda Trotter, STAN  
Michelle Wilson, OSU

## Second Team

Angelina Cabrera, ARIZ  
Lindsay Flacks, STAN  
Jennifer Ford, ARIZ  
Jaime Fuller, OSU  
Victoria Jackson, ASU  
Tara Stirewalt, OSU  
Katy Trotter, STAN  
Sarah West, UCLA  
Angela Wishaar, WASH  
Ashley Younce, OSU

## 2006 First Team

Brooke Bennett, ASU  
Samantha Godfrey, OSU  
Arianna Lambie, STAN  
Haley Paul, WSU  
Kaitlin Poggi, OSU  
Danya Rumore, OSU  
Jenna Timinsky, UCLA  
Sara Trané, WSU  
Amanda Trotter, STAN  
Marissa Urban, ARIZ

## Second Team

Angelina Cabrera, ARIZ  
Lauren Denfeld, OSU  
Liisa Heinonen, ORE  
Jenna Kingma, ASU  
Neoma Palmer, OSU  
Sarah Pearson, ORE  
Corey Randall, ASU  
Trisha Rasmussen, WASH  
Cassie Rios, ASU  
Katy Trotter, STAN

## 2007 First Team

Lauren Centrowitz, STAN  
Chanel Fishetti, USC  
Megan Hibner, OSU  
Arianna Lambie, STAN  
Kate Niehaus, STAN  
Hayley Oveson, OSU  
Krista Stangel, OSU  
Sara Trané, WSU  
Chelsey Vandebrake, WSU  
Bria Wetsch, ORE

## Second Team

Brooke Anderson, WASH  
Angelina Cabrera, ARIZ  
Lauren Denfeld, OSU  
Katherine Ellis, USC  
Ali Kieilty, ASU  
Sarah Pearson, ORE  
Trisha Rasmussen, WASH  
Angela Spadafino, ASU  
Marissa Urban, ARIZ  
Lorene Young, OSU

## 2008 First Team

Hayley Belli, ORE  
Marsha Lampi, OSU  
Zara Lukens, USC  
Casey Masterson, OSU  
Kate Niehaus, STAN  
Hannah Soza-Hodgkinson, OSU  
Sara Trané, WSU  
Chelsey Vandebrake, WSU  
Ashlee Wall, WSU  
Bria Wetsch, ORE

## Second Team

Brooke Anderson, WASH  
Madeline Duhon, STAN  
Katherine Ellis, USC  
Chanel Fischetti, USC  
Ali Kieilty, ASU  
Madeleine O'Meara, STAN  
Hayley Oveson, WSU  
Marisa Sandoval, WSU  
Marissa Urban, ARIZ  
Lorene Young, OSU

## 2009 First Team

Christine Babcock, WASH  
Chelsea Caloia, ASU  
Katherine Ellis, USC  
Zara Lukens, USC  
Claire Michel, ORE  
Kate Niehaus, STAN  
Krista Stangel, OSU  
Chelsey VanDeBrake, WSU  
Ashlee Wall, WSU  
Bria Wetsch, ORE

## Second Team

Bronwyn Crossman, ORE  
Madeline Duhon, STAN  
Courtney Golden, ASU  
Allison Linnell, WASH  
Catherine Loden, ASU  
Madeleine O'Meara, STAN  
Allison Rojewski, USC  
Marisa Sandoval, WSU  
Hannah Soza-Hodgkinson, OSU  
Natasa Vulic, ASU

## 2010 First Team

Christine Babcock, WASH  
Ashlee Wall Eskelsen, WSU  
Grace Green, WASH  
Jordan Hasay, ORE  
Anne Kesselring, ORE  
Kathy Kroeger, STAN  
Marsha Lampi, OSU  
Catherine Loden, ASU  
Zara Lukens, USC  
Megan Meyer, ARIZ

## Second Team

Ashley Berry, OSU  
Madeline Duhon, STAN  
Lauren Graebner, OSU  
Georgia Griffin, STAN  
Taylor Hunt, OSU  
Alexandra Kosinski, ORE  
Deborah Maier, CAL  
Claire Michel, ORE  
Allison Rojewski, USC  
Hannah Soza-Hodgkinson, OSU

## 2011 First Team

Christine Babcock, WASH  
Jordan Hasay, ORE  
Hanna Henson, ARIZ  
Anne Kesselring, ORE  
Marsha Lampi, OSU  
Casey Masterson, OSU  
Erin Menefee, ARIZ  
Claire Michel, ORE  
Rachel Viger, COLO  
Natasa Vulic, ASU

## Second Team

Alyssa Abbott, UTAH  
Rachel Butler, UCLA  
Lara Darco, COLO  
Alexis Davis, UTAH  
Madeline Duhon, STAN  
Diana George, COLO  
Elvin Kibet, ARIZ  
Kathy Kroeger, STAN  
Deborah Maier, CAL  
Megan Patrignelli, ORE

## 2012 First Team

Jordan Hasay, ORE  
Haley Hunt, OSU  
Anne Kesselring, ORE  
Elvin Kibet, ARIZ  
Kathy Kroeger, STAN  
Nikki Look, COLO  
Erin Menefee, ARIZ  
Ruby Roberts, WSU  
Rachel Viger, COLO  
Natasa Vulic, ASU

## Second Team

Stephanie Bulder, ARIZ  
Diana George, COLO  
Bronte Golick, UCLA  
Kinsey Gomez, OSU  
Teresa Lawson, OSU  
Nicole Reitz, UTAH  
Kelsi Schaer, OSU  
Katelyn Stringfellow, UTAH  
Maureen Tremblay, OSU  
Kathleen Uyttewaal, CAL

# PAC-12 WOMEN'S CROSS COUNTRY

## 2013 First Team

Stephanie Bulder, ARIZ  
Rachel Butler, UCLA  
Jackie Dion, USC  
Haley Hunt, OSU  
Kira Kelly, OSU  
Annie Leblanc, ORE  
Erin Menefee, ARIZ  
Ruby Roberts, WSU  
Kelsi Schaer, OSU  
Rachel Viger, COLO  
Emily Weber, OSU

## Second Team

Kelly Brooks, UCLA  
Adrienne Demaree, OSU  
Kinsey Gomez, OSU  
Justine Johnson, WASH  
Merissa Kado, UCLA  
Elvin Kibet, ARIZ  
Tate Murray, STAN  
Aly Nielson, OSU  
Alyssa Stetler, UTAH  
Rebekah Winterton, UTAH

## 2014 First Team

Stephanie Bulder, ARIZ  
Alli Cash, ORE  
Sophie Chase, STAN  
Emma Fisher, STAN  
Amanda Henderson, WSU  
Mandy Ortiz, COLO  
Steffie Pavey, WSU  
Nicole Reitz, UTAH  
Ruby Roberts, WSU  
Emily Weber, OSU

## Second Team

Ally Aschbacher, ORE  
Eleanor Fulton, WASH  
Hailey Gibson, WSU  
Miranda Kewley, ASU  
Annie Leblanc, ORE  
Jenna Maack, ASU  
Lucy May, COLO  
Kate Penney, ARIZ  
Abigail Regan, WSU  
Kala Stone, ASU

## 2015 First Team

Monica Anderson, OSU  
Kaitlyn Benner, COLO  
Alli Cash, ORE  
Amanda Henderson, WSU  
Kira Kelly, OSU  
Jenna Maack, ASU  
Waverly Neer, ORE  
Melanie Nun, COLO  
Steffie Pavey, WSU  
Maureen Tremblay, OSU

## Second Team

Morgan Anderson, OSU  
Devon Bortfeld, WSU  
Sophie Chase, STAN  
Eleanor Fulton, WASH  
Claire Green, ARIZ  
Danielle Katz, STAN  
Anna Maxwell, WASH  
Lucy May, COLO  
Katherine Penney, ARIZ  
Cristina Juan Torres, ASU

## 2016 First Team

Georgia Bell, CAL  
Kaitlyn Benner, COLO  
Mackenzie Caldwell, COLO  
Elise Cranny, STAN  
Samantha Lewis, OSU  
Amy-Eloise Neale, WASH  
Steffie Pavey, WSU  
Giselle Slotboom, UTAH  
Megan Spehar, UTAH  
Emily Weber, OSU

## Second Team

Josie Brown, WSU  
Alli Cash, ORE  
Katherine Dittmann, WSU  
Claire Green, ARIZ  
Grace Hodge, WASH  
Danielle Katz, STAN  
Juliana Mount, OSU  
Melanie Nun, COLO  
Maggie Schmaedick, ORE  
Hannah Whetzel, ARIZ

## 2017 First Team

Kaitlyn Benner, COLO  
Josie Brown, WSU  
Katherine Dittmann, WSU  
Sage Hurta, COLO  
Nicole Griffiths, UTAH  
Juliana Mount, OSU  
Grayson Murphy, UTAH  
Alexis Nichols, ASU  
Brianna Schwartz, COLO  
Megan Spehar, UTAH

## Second Team

Devon Bortfeld, WSU  
Mackenzie Caldwell, COLO  
Grace Hodge, WASH  
Gwyneth McMorris, OSU  
Amy-Eloise Neale, WASH  
Melanie Nun, COLO  
Fiona O'Keeffe, STAN  
Katie Rainsberger, ORE  
Hannah Whetzel, ARIZ  
Nikki Zielinski, WASH

## PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Arianna Lambie, STAN  
2008 Jenna Kingma, ASU  
2009 Nicole Blood, ORE  
2010 Alex Kosinski, ORE  
2011 Christine Babcock, WASH  
2012 Jordan Hasay, ORE  
2013 Elvin Kibet, ARIZ  
2014 Stephanie Bulder, ARIZ  
2015 Aisling Cuffe, STAN  
2016 Erin Clark, COLO  
2017 Kaitlyn Benner, COLO

## NCAA TEAM CHAMPIONS FROM THE PAC-12

1983 ORE  
1987 ORE  
1996 STAN  
2000 COLO  
2003 STAN  
2004 COLO  
2005 STAN  
2006 STAN  
2007 STAN  
2008 WASH  
2012 ORE  
2016 ORE

## NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996 Amy Skieresz, ARIZ (17:04)  
2000 Kara Grgas-Wheeler, COLO  
(20:30.5)  
2001 Tara Chaplin, ARIZ (20:24)

*Race Distance 1981-99: 5,000  
meters; 2000-11: 6,000 meters.*

## PAC-12 CHAMPIONSHIP VENUES

1999 - El Dorado Regional Park, Long Beach, Calif.  
2000 - Lincoln Park, Seattle, Wash.  
2001 - Pavilion Lakes Golf Club, Scottsdale, Ariz.  
2002 - Brookside Country Club, Pasadena, Calif.  
2003 - WSU Golf Course, Pullman, Calif.  
2004 - Golden Gate Park, San Francisco, Calif.  
2005 - Dell Urich Golf Course, Tucson, Ariz.  
2006 - Stanford Golf Course, Stanford, Calif.  
2007 - Trysting Tree Golf Course, Corvallis, Ore.  
2008 - Springfield Golf Club, Springfield, Ore.  
2009 - Skylinks Golf Course, Long Beach, Calif.  
2010 - Jefferson Golf Course, Seattle, Wash.  
2011 - Wigwam Golf Course, Litchfield Park, Ariz.  
2012 - Robinson Ranch Golf Course, Santa Clarita, Calif.  
2013 - Coal Creek Golf Course, Louisville, Colo.  
2014 - Metropolitan Golf Links, Oakland, Calif.  
2015 - Colfax Golf and Country Club, Colfax, Wash.  
2016 - Randolph North Golf Course, Tucson, Ariz.  
2017 - Springfield Golf Club, Springfield, Ore.