

HOW TO WATCH

2022 Pac-12 Men's and Women's Cross Country Championships

FRIDAY, OCTOBER 28

| Time (PT) | Event | How to Watch |
|-----------|------------------------------------|--|
| 8:30 a.m. | Women's Cross Country Championship | Pac-12 Network, Pac-12 Now app, Pac-12.com |
| 9:30 a.m. | Men's Cross Country Championship | Pac-12 Network, Pac-12 Now app, Pac-12.com |

PAST PAC-12 CHAMPIONS

| Year | Men's Champion | Women's Champion |
|------|----------------|------------------|
| 2021 | Colorado | Colorado |
| 2020 | Stanford | Stanford |
| 2019 | Colorado | Stanford |
| 2018 | Stanford | Oregon |
| 2017 | Stanford | Colorado |
| 2016 | Colorado | Colorado |
| 2015 | Colorado | Colorado |

HOW TO WATCH PAC-12 NETWORKS



...and many others! Visit GetPac12Networks.com for more options.

PAC-12 NOW APP + PAC-12.COM



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HIGHLIGHTS, RECAPS AND ADDITIONAL COVERAGE



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YouTube.com/Pac12