



PAC-12 CONFERENCE

NCAA **MEN'S
CROSS COUNTRY
HISTORY &
NATIONAL HONORS**

Through 2019

NCAA HISTORY-MEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1972-76-77-78-80-81-82-83-84-85-86-87-90-91-92-94-98-99-2000-01-03-05-06)	23	2nd	0	1	1
Arizona State (1999-2001-04-05-07-09)	6	8th	0	0	0
California (2007-08-10-15-16)	5	16th	0	0	0
Colorado (1957-62-65-66-67-68-70-71-73-75-76-77-78-79-80-82-84-85-86-87-89-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16-17-18-19)	49	1st	5	3	7
Oregon (1963-64-65-69-70-71-72-73-74-75-76-77-78-79-80-82-83-86-88-89-90-92-93-95-96-97-98-99-2001-02-03-06-07-08-09-10-12-13-14-15-16-17-18-19)	44	1st	6	8	4
Oregon State (1961-62-66-72-73)	5	1st	1	0	0
Stanford (1968-85-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16-17-18-19)	28	1st	4	5	2
UCLA (1979-80-81-82-83-85-2006-08-12-14-15-16-17)	13	5th	0	0	0
USC (1968)	1	3rd	0	0	1
Utah (1967)	1	10th	0	0	0
Washington (1977-87-88-89-90-91-93-2003-05-06-08-09-14-15-17-18-19)	17	4th	0	0	0
Washington State (1966-69-71-72-73-74-75-76-78-79-84-98-2006-11-15-16-17)	17	2nd	0	2	2

ALL-TIME NCAA RESULTS

Champion and Pac-12 finishers.

<p>1938 (0) 1. Indiana..... 51</p> <p>1939 (0) 1. Michigan State..... 54</p> <p>1940 (0) 1. Indiana..... 65</p> <p>1941 (0) 1. Rhode Island..... 83</p> <p>1942 (0) 1. (tie) Indiana/Penn State.. 57</p> <p>1943 (0) No meet held.</p> <p>1944 (0) 1. Drake..... 25</p> <p>1946 (0) 1. Drake..... 42</p> <p>1947 (0) 1. Penn State..... 60</p> <p>1948 (0) 1. Michigan State..... 41</p> <p>1949 (0) 1. Michigan State..... 59</p> <p>1950 (0) 1. Penn State..... 53</p> <p>1951 (0) 1. Syracuse..... 80</p> <p>1952 (0) 1. Michigan State..... 65</p> <p>1953 (0) 1. Kansas..... 70</p> <p>1954 (0) 1. Oklahoma State..... 61</p> <p>1955 (0) 1. Michigan State..... 46</p> <p>1956 (0) 1. Michigan State..... 28</p> <p>1957 (0) 1. Notre Dame..... 121</p>	<p>1958 (0) 1. Michigan State..... 79</p> <p>1959 (0) 1. Michigan State..... 44</p> <p>1960 (0) 1. Houston..... 54</p> <p>1961 (1) 1. OREGON STATE..... 68</p> <p>1962 (2) 1. San Jose State..... 58 7. Colorado..... 202 8. Oregon State..... 206</p> <p>1963 (1) 1. San Jose State..... 53 2. Oregon..... 68</p> <p>1964 (1) 1. Western Mich..... 86 2. Oregon..... 116</p> <p>1965 (2) 1. Western Mich..... 81 8. Oregon..... 229 14. Colorado..... 281</p> <p>1966 (2) 1. Villanova..... 79 5. Washington State... 208 6. Colorado..... 248 7. (tie) Oregon State..... 253</p> <p>1967 (1) 1. Villanova..... 91 3. Colorado..... 110 10. Utah..... 244</p> <p>1968 (3) 1. Villanova..... 78 2. Stanford..... 100 3. USC..... 115 5. Colorado..... 241</p> <p>1969 (2) 1. UTEP..... 74 3. Oregon..... 113 4. Washington State... 187</p> <p>1970 (2) 1. Villanova..... 85 2. Oregon..... 86 15. Colorado..... 450</p> <p>1971 (3) 1. OREGON..... 83 2. Washington State... 122 26. Colorado..... 662</p>	<p>1972 (4) 1. Tennessee..... 134 3. Oregon..... 158 4. Washington State... 167 16. Oregon State..... 379 20. Arizona..... 439</p> <p>1973 (4) 1. OREGON..... 89 3. Washington State... 166 6. (tie) Colorado..... 217 14. Oregon State..... 305</p> <p>1974 (2) 1. OREGON..... 77 4. Washington State... 144</p> <p>1975 (3) 1. UTEP..... 88 2. Washington State... 92 11. Oregon..... 319 20. Colorado..... 447</p> <p>1976 (4) 1. UTEP..... 62 2. Oregon..... 117 3. Washington State... 179 7. Arizona..... 324 20. Colorado..... 471</p> <p>1977 (4) 1. OREGON..... 100 9. Arizona..... 262 10. Colorado..... 303 13. Washington..... 361</p> <p>1978 (4) 1. UTEP..... 56 2. Oregon..... 72 5. Colorado..... 234 7. Arizona..... 248 29. Washington State... 720</p> <p>1979 (4) 1. UTEP..... 86 2. Oregon..... 93 4. Colorado..... 189 9. Washington State... 278 15. UCLA..... 386</p> <p>1980 (4) 1. UTEP..... 58 5. UCLA..... 207 13. Colorado..... 369 19. (tie) Oregon..... 462 22. Arizona..... 484</p> <p>1981 (2) 1. UTEP..... 17 5. UCLA..... 187 7. Arizona..... 253</p>	<p>1982 (4) 1. Wisconsin..... 59 7. Colorado..... 219 9. UCLA..... 250 10. Oregon..... 266 11. Arizona..... 272</p> <p>1983 (3) 1. UTEP*..... 108 3. Oregon..... 171 14. (tie) Arizona..... 322 20. UCLA..... 361 <i>*UTEP's participation in championships vacated by NCAA Committee on Infractions.</i></p> <p>1984 (3) 1. Arkansas..... 101 2. Arizona..... 111 7. Washington State... 214 22. Colorado..... 413</p> <p>1985 (4) 1. Wisconsin..... 67 3. Colorado..... 167 4. Arizona..... 175 12. UCLA..... 283 17. Stanford..... 380</p> <p>1986 (3) 1. Arkansas..... 69 4. Oregon..... 185 5. Colorado..... 195 6. Arizona..... 224</p> <p>1987 (3) 1. Arkansas..... 87 6. Arizona..... 244 15. Colorado..... 385 22. Washington..... 481</p> <p>1988 (2) 1. Wisconsin..... 105 7. Oregon..... 233 18. Washington..... 370</p> <p>1989 (3) 1. Iowa State..... 54 2. Oregon..... 72 4. Washington..... 224 18. Colorado..... 365</p> <p>1990 (3) 1. Arkansas..... 68 5. Oregon..... 201 12. Washington..... 286 21. Arizona..... 484</p>	<p>1991 (2) 1. Arkansas..... 52 4. (tie) Arizona 20. Washington..... 378</p> <p>1992 (3) 1. Arkansas..... 46 8. Oregon..... 276 11. Colorado..... 320 18. Arizona..... 388</p> <p>1993 (3) 1. Arkansas..... 31 4. Colorado..... 172 8. Washington..... 269 15. Oregon..... 323</p> <p>1994 (3) 1. Iowa State..... 65 2. Colorado..... 88 3. Arizona..... 172 6. Stanford..... 208</p> <p>1995 (3) 1. Arkansas..... 100 4. Colorado..... 181 5. Stanford..... 209 7. Oregon..... 228</p> <p>1996 (3) 1. STANFORD..... 46 3. Oregon..... 140 5. Colorado..... 179</p> <p>1997 (3) 1. STANFORD..... 53 3. Colorado..... 108 8. Oregon..... 266</p> <p>1998 (5) 1. Arkansas..... 97 2. Stanford..... 114 3. Colorado..... 158 5. Oregon..... 233 11. Arizona..... 348 18. Washington State... 433</p> <p>1999 (5) 1. Arkansas..... 58 4. Stanford..... 223 6. Oregon..... 306 7. Colorado..... 307 10. Arizona..... 346 14. Arizona State..... 391</p> <p>2000 (3) 1. Arkansas..... 83 2. Colorado..... 94 4. Stanford..... 149 12. Arizona..... 419</p>
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ALL-TIME NCAA RESULTS

2001 (5)

1.	COLORADO	90
2.	Stanford.....	91
13.	Oregon.....	389
20.	Arizona State.....	477
21.	Arizona.....	486

2002 (3)

1.	STANFORD	47
4.	Colorado.....	190
5.	Oregon.....	210

2003 (5)

1.	STANFORD	24
6.	Colorado.....	259
21.	Washington.....	448
22.	Oregon.....	449
23.	Arizona.....	536

2004 (3)

1.	COLORADO	90
6.	Stanford.....	269
8.	Arizona State.....	315

2005 (5)

1.	Wisconsin.....	37
5.	Colorado.....	222
6.	Stanford.....	231
10.	Arizona.....	384
17.	Arizona State.....	465
27.	Washington.....	556

2006 (7)

1.	COLORADO	94
4.	Stanford.....	195
5. (tie)	Oregon.....	196
12.	Washington.....	414
21.	Arizona.....	517
23.	UCLA.....	546
29.	Washington State... 595	

2007 (5)

1.	OREGON	85
7.	Colorado.....	287
16.	California.....	434
19.	Stanford.....	451
26.	Arizona State.....	601

2008 (6)

1.	OREGON	93
3.	Stanford.....	227
12.	Colorado.....	372
18.	Washington.....	438
22.	California.....	477
26. (tie)	UCLA.....	576

2009 (5)

1.	Oklahoma State.....	127
2.	Oregon.....	143
6.	Colorado.....	315
10.	Stanford.....	354
18.	Washington.....	470
19.	Arizona State.....	472

2010 (4)

1.	Oklahoma State.....	73
4.	Stanford.....	237
6.	Oregon.....	289
15.	Colorado.....	366
31.	California.....	678

2011 (3)

1.	Wisconsin.....	97
3.	Colorado.....	144
5.	Stanford.....	207
21.	Washington State... 512	

2012 (4)

1.	Oklahoma State.....	72
3.	Colorado.....	158
13.	UCLA.....	376
16.	Stanford.....	408
20.	Oregon.....	472

2013 (3)

1.	COLORADO	149
5.	Oregon.....	274
19.	Stanford.....	417

2014 (3)

1.	COLORADO	65
2.	Stanford.....	98
6.	Oregon.....	221
18.	UCLA.....	454
20.	Washington.....	479

2015 (7)

1.	Syracuse.....	82
2.	Colorado.....	91
3.	Stanford.....	151
4.	Oregon.....	183
8.	Washington.....	345
14.	UCLA.....	429
23.	California.....	524
26.	Washington State... 547	

2016 (6)

1.	Northern Arizona ... 125	
2.	Stanford.....	158
6.	Colorado.....	223
9.	Oregon.....	282
14.	Washington State... 370	
15.	UCLA.....	378
31.	California.....	776

2017 (6)

1.	Northern Arizona.....	74
4.	Stanford.....	221
6.	Oregon.....	274
8.	Colorado.....	294
21.	UCLA.....	485
22.	Washington.....	488
24.	Washington State... 539	

2018 (4)

1.	Northern Arizona.....	83
4.	Colorado.....	178
5.	Stanford.....	201
6.	Washington.....	213
15.	Oregon.....	407

2019 (4)

1.	BYU.....	109
3.	Colorado.....	164
6.	Stanford.....	248
6.	Oregon.....	307
19.	Washington.....	466

NCAA TEAM CHAMPIONS FROM THE PAC-12

1961	Oregon State
1970	Oregon
1973	Oregon
1974	Oregon
1977	Oregon
1996	Stanford
2001	Colorado
2002	Stanford
2003	Stanford
2004	Colorado
2006	Colorado
2007	Oregon
2008	Oregon
2013	Colorado
2014	Colorado

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957	Max Truex, USC (19:12.3)
1961	Dale Story, OSU (19:46.6)
1966	Gerry Lindgren, WSU (29:01.4)
1967	Gerry Lindgren, WSU (30:45.6)
1969	Gerry Lindgren, WSU (28:59.2)
1970	Steve Prefontaine, ORE (28:00.2)
1971	Steve Prefontaine, ORE (29:14)
1973	Steve Prefontaine, ORE (28:14.8)
1976	Henry Rono, WSU (28:06.6)
1977	Henry Rono, WSU (28:33.5)
1978	Alberto Salazar, ORE (29:29.7)
1979	Henry Rono, WSU (28:19.6)
1982	Mark Scrutton, COLO (30:12.6)
1986	Aaron Ramirez, ARIZ (30:27.53)
1993	Josephat Kapkory, WSU (29:32.4)
1994	Martin Keino, ARIZ (30:08.7)
1997	Meb Keflezighi, UCLA (28:54)
1998	Adam Goucher, COLO (29:26.9)
2002	Jorge Torres, COLO (29:04.7)
2003	Dathan Ritzenhein, COLO (19:24.1)
2008	Galen Rupp, ORE (29:03.2)
2011	Lawi Lalang, ARIZ (28:44.1)
2013	Edward Cheserek, ORE (29:41.1)
2014	Edward Cheserek, ORE (30:19.4)
2015	Edward Cheserek, ORE (28:45.8)

*Race Distance 1938-64: 4 miles;
1965-75: 6 miles; 1976-2011:
10,000 meters.*

ALL-TIME NCAA CHAMPIONS

Team	
Arkansas.....	11
Michigan State.....	8
UTEP.....	7
OREGON	6
COLORADO	5
Wisconsin.....	5
Oklahoma State.....	4
STANFORD	4
Villanova.....	4
Drake.....	3
Indiana.....	3
Northern Arizona.....	3
Penn State.....	3
Iowa State.....	2
San Jose State.....	2
Syracuse.....	2
Western Michigan.....	2
BYU.....	1
Houston.....	1
Kansas.....	1
Notre Dame.....	1
OREGON STATE	1
Rhode Island.....	1
Tennessee.....	1

Individual	
OREGON	8
WASHINGTON STATE	7
Kansas.....	5
Wisconsin.....	5
COLORADO	4
ARIZONA	3
Arkansas.....	3
Indiana.....	3
Iowa State.....	3
Liberty.....	3
UTEP.....	3
BYU.....	2
Drake.....	2
Houston.....	2
Notre Dame.....	2
Rhode Island.....	2
Villanova.....	2
Western Kentucky.....	2
Air Force.....	1
Ashland.....	1
East Tennessee State.....	1
Eastern Michigan.....	1
Georgetown.....	1
Illinois.....	1
Iowa.....	1
Loyola Chicago.....	1
Michigan State.....	1
North Carolina.....	1
Ohio.....	1
Ohio Wesleyan.....	1
OREGON STATE	1
Providence.....	1
South Alabama.....	1
Syracuse.....	1
Texas Tech.....	1
USC	1
Texas.....	1
UCLA	1

ALL-TIME NCAA WEST REGION RESULTS

Champion and Pac-12 finishers.

1997 - Dell Urich Golf Course, Tucson, Ariz. (ARIZONA)

(out of 17 teams)

1. Stanford	50
2. Oregon	84
3. Washington State	103
5. Washington	151
6. Arizona	152
7. UCLA	177
8. California	177
11. Arizona State	292

1998 - Woodward Park, Fresno, Calif. (Fresno)

(out of 26 teams)

1. Stanford	37
2. Oregon	65
3. Washington State	129
T4. Arizona	133
6. Washington	144
8. Arizona State	187
9. UCLA	212
10. California	235

1999 - Blue Lake Park, Troutdale, Ore.

(out of 21 teams)

1. Stanford	40
2. Arizona	74
3. Arizona State	92
4. Oregon	96
7. California	165
8. Washington	206
10. UCLA	244

2000 - Woodward Park, Fresno, Calif. (Fresno)

(out of 21 teams)

1. Stanford	58
2. Arizona	62
4. Oregon	122
5. Arizona State	128
7. UCLA	167
8. Washington	207
10. California	259
11. Washington State	321

2001 - Randolph North Course, Tucson, Ariz. (ARIZONA)

(out of 20 teams)

1. Stanford	37
3. Oregon	112
4. Arizona State	116
6. Arizona	135
7. Washington	140
8. Washington State	194
9. UCLA	222
11. California	293

2002 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 23 teams)

1. Stanford	21
2. Oregon	43
5. Arizona State	125
6. Washington	170
8. UCLA	236
9. Washington State	263
10. Arizona	300
12. California	325

2003 - Blue Lake Park, Portland, Ore. (Portland)

(out of 26 teams)

1. Stanford	18
3. Arizona	132
4. Washington	162
5. Oregon	164
7. UCLA	178
8. Arizona State	189
9. Washington State	252
10. California	257

2004 - Woodward Park, Fresno, Calif. (Fresno)

(out of 21 teams)

1. Stanford	49
2. Arizona State	68
4. UCLA	114
6. Oregon	196
7. Washington	209
8. Arizona	213
9. Washington State	213
12. California	312

2005 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 23 teams)

1. Arizona	33
2. Stanford	80
3. Arizona State	100
T4. Washington	106
6. Oregon	153
8. California	205
11. Washington State	301
12. UCLA	329

2006 - Blue Lake Park, Fairview, Ore.

(out of 25 teams)

1. Oregon	69
2. Stanford	88
4. Washington	139
5. Arizona	156
6. UCLA	167
8. Washington State	201
10. California	260
11. Arizona State	290

2007 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 24 teams)

1. Oregon	47
3. Stanford	100
4. California	112
6. Arizona State	141
7. UCLA	142
8. Washington State	220
10. Washington	233

2008 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 25 teams)

1. Oregon	38
2. Stanford	72
4. California	116
5. Washington	122
6. UCLA	145
8. Arizona State	290
9. Washington State	298
12. Arizona	369

2009 - Springfield Golf Course, Springfield, Ore. (OREGON)

(out of 26 teams)

1. Stanford	27
3. Oregon	109
4. Washington	120
T5. Arizona State	155
7. UCLA	207
T8. California	217
10. Washington State	268

2010 - Springfield Golf Course, Springfield, Ore. (OREGON)

(out of 25 teams)

1. Oregon	63
2. Stanford	65
3. California	78
5. Arizona State	179
6. Washington	216
8. UCLA	267
14. Washington State	396
15. Arizona	405

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 25 teams)

1. Stanford	50
4. Washington State	141
5. California	173
T6. Oregon	175
T6. UCLA	175
8. Arizona State	214
11. Washington	329

2012 - Jefferson Golf Course, Seattle, Wash. (WASHINGTON)

(out of 26 teams)

1. Stanford	45
3. UCLA	128
4. Oregon	135
5. Washington	165
6. Arizona State	218
7. Washington State	223
10. Arizona	270
13. California	391

2013 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 27 teams)

1. Stanford	53
2. Oregon	64
5. Arizona State	184
6. UCLA	187
8. Washington State	269
9. Washington	277
12. California	343
14. Arizona	362

2014 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 29 teams)

1. Oregon	60
3. Stanford	97
4. UCLA	104
5. Washington	139
6. Arizona State	155
9. California	263
13. Washington State	335
14. Arizona	384

2015 - Jefferson Golf Course, Seattle (WASHINGTON)

(out of 30 teams)

1. Washington	63
2. Stanford	83
3. Oregon	99
4. Washington State	125
6. California	146
7. UCLA	163
15. Arizona State	422

NCAA WEST REGIONALS Individual Champions

(Pac-12 only)

1997	Mebrahtom Keflezighi, UCLA	30:15.90 (10k)
1998	Abdi Abdurahman, ASU	30:06 (10k)
1999	Steve Fein, ORE	30:30
2000	Jonathon Riley, STAN	30:40
2001	Donald Sage, STAN	30:43.30 (10k)
2002	Donald Sage, STAN	30:13
2003	Ian Dobson, STAN	29:32 (10k)
2004	Ryan Hall, STAN	30:07
2005	Robert Cheseret, ARIZ	30:03.3 (10k)
2006	Neftalem Araia, STAN	30:05.88 (10k)
2007	Galen Rupp, ORE	29:35.45
2008	Galen Rupp, ORE	27:41.24 (10k)
2009	Chris Derrick, STAN	30:38.96 (10k)
2010	None	
2011	Lawi Lalang, ARIZ	28:34 (10k)
2012	Lawi Lalang, ARIZ	29:02
2013	Edward Cheserek, ORE	29:35 (10k)
2014	Maxim Korolev, STAN	29:33.5 (10k)
2015	Edward Cheserek, ORE	30:43.2 (10k)
2016	Edward Cheserek, ORE	29:23.7 (10k)
2017	None	
2018	None	
2019	Andrew Jordan, WASH	29:43.4 (10k)

2016 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 29 teams)

1. Stanford	75
3. UCLA	112
4. Oregon	122
5. Washington State	143
6. California	188
10. Washington	262
13. Arizona State	367

2017 - Jefferson Park Golf Course, Seattle, Wash. (WASHINGTON)

(out of 30 teams)

1. Portland	63
2. Washington	65
3. Stanford	85
4. Oregon	149
5. UCLA	164
7. Washington State	194
9. California	262
20. Arizona	571

2018 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 36 teams)

1. Portland	77
2. Washington	82
4. Stanford	110
5. Oregon	149
6. UCLA	150
7. Washington State	218
8. California	225
14. Arizona State	405

2019 - Colfax Golf Club, Colfax, Wash. (WASHINGTON STATE)

(out of 28 teams)

1. Portland	65
2. Stanford	78
3. Oregon	90
4. Washington	115
7. Washington State	177
8. UCLA	181
18. California	497
27. Arizona State	717

ALL-TIME NCAA MOUNTAIN REGION RESULTS

Champion and Pac-12 finishers.

1997 - Provo, Utah (BYU)

(out of 14 teams)

1. Colorado	15
10. Utah	225

1998 - Provo, Utah (BYU)

(out of 14 teams)

1. Colorado	34
6. Utah	170

1999 - Fort Collins, Colo. (Colorado State)

(out of 17 teams)

1. Southern Utah.....	57
2. Colorado	61
7. Utah	196

2000 - Rivedale, Utah

(out of 17 teams)

1. Colorado	38
11. Utah	288

2001 - Provo, Utah (BYU)

(out of 17 teams)

1. Colorado	48
6. Utah	138

2002 - Albuquerque, N.M. (New Mexico)

(out of 18 teams)

1. Northern Arizona.....	74
2. Colorado	93
9. Utah	214

2003 - Ogden, Utah (Weber State)

(out of 14 teams)

1. Colorado	69
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2004 - Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1. Colorado	40
10. Utah	254

2005 - East Bay Golf Course, Provo, Utah (BYU)

(out of 15 teams)

1. Colorado	42
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2006 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 15 teams)

1. Colorado	59
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2007 - Schneider's Riverside Golf Course, Ogden, Utah (Weber State)

(out of 15 teams)

1. Colorado	47
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2008 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1. Colorado	42
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2009 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 17 teams)

1. BYU.....	54
2. Colorado	55

2010 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 16 teams)

1. New Mexico	45
2. Colorado	66

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 17 teams)

1. BYU.....	49
2. Colorado	55

2012 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 18 teams)

1. Northern Arizona.....	56
3. Colorado	69

2013 - Riverdale Golf Course, Ogden, Utah (Weber State)

(out of 17 teams)

1. Northern Arizona.....	61
2. Colorado	69

2014 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 16 teams)

1. Colorado	45
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2015 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 16 teams)

1. Colorado	67
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2016 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 17 teams)

1. Northern Arizona.....	60
2. Colorado	76

2017 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 18 teams)

1. Northern Arizona.....	49
3. Colorado	80

2018 - East Bay Golf Course, Provo, Utah (BYU)

(out of 17 teams)

1. Northern Arizona.....	42
3. Colorado	71

2019 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 19 teams)

1. Northern Arizona.....	21
2. Colorado	53

NCAA MOUNTAIN REGIONALS

Individual Champions

(Pac-12 only)

1997	Adam Goucher, COLO	30:04.0 (10k)
1998	Adam Goucher, COLO	30:43.8 (10k)
1999	Ron Roybal, COLO	30:10.75 (10k)
2000	Jorge Torres, COLO	30:38.6 (10k)
2001	Jorge Torres, COLO	30:52.3 (10k)
2002	Jorge Torres, COLO	29:33 (10k)
2003	Dathan Ritzenheim, COLO.....	30:22.2 (10k)
2004	None	
2005	Bill Nelson, COLO	30:28.1 (10k)
2006	None	
2007	None	
2008	None	
2009	None	
2010	None	
2011	None	
2012	None	
2013	None	
2014	None	
2015	None	
2016	None	
2017	Joe Klecker, COLO.....	30:13.6 (10k)
2018	Joe Klecker, COLO.....	29:16.6 (10k)
2019	None	

NATIONAL HONORS

USTFCCCA Athlete of the Year Cross Country

MEN

2015 Edward Cheserek, Oregon
 2014 Edward Cheserek, Oregon
 2013 Edward Cheserek, Oregon
 2011 Lawi Lalang, Arizona
 2008 Galen Rupp, Oregon
 2003 Dathan Ritzenhein, Colorado
 2002 Jorge Torres, Colorado
 1998 Adam Goucher, Colorado
 1997 Meb Keflezighi, UCLA
 1994 Martin Keino, Arizona

USTFCCCA Coach of the Year

Bill Dellinger Award (Men's)

2014 Mark Wetmore, Colorado
 2013 Mark Wetmore, Colorado
 2008 Vin Lananna, Oregon
 2007 Vin Lananna, Oregon
 2006 Mark Wetmore, Colorado
 2003 Andrew Gerard, Stanford
 2002 Vin Lananna, Stanford
 1997 Vin Lananna, Stanford
 1996 Vin Lananna, Stanford
 1994 Jerry Quiller, Colorado
 1989 Bill Dellinger, Oregon
 1984 Dave Murray, Arizona
 1980 Bob Larsen, UCLA
 1973 Bill Dellinger, Oregon

USTFCCCA John McDonnell Program of the Year (Men's)

2018-19 Stanford
 2015-16 Oregon
 2014-15 Oregon
 2013-14 Oregon
 2009-10 Oregon
 2008-09 Oregon

USTFCCCA All-Americans

MEN

2019 Joe Klecker, Sr., COLO (2nd)
 Cooper Teare, Jr., ORE (6th)
 John Dressel, Sr., COLO (7th)
 Alex Ostberg, Sr., STAN (25th)
 Alek Parsons, Jr., STAN (34th)
 Steven Fahy, Sr., STAN (35th)
 Alec Hornecker, Jr., COLO (38th)
 2018 Grant Fisher, STAN
 Joe Klecker, COLO
 John Dressel, COLO
 Ryan Forsyth, COLO
 Alex Ostberg, STAN
 Tanner Anderson, WASH
 Alek Parsons, STAN
 Tibebe Proctor, WASH
 2017 Grant Fisher, STAN
 Alex Ostberg, STAN
 Steven Fahy, STAN
 Eduardo Herrera, COLO
 2016 Edward Cheserek, ORE
 Grant Fisher, STAN
 Ferdinand Edman, UCLA
 Ben Saarel, COLO
 Sean McGorty, STAN
 Joe Klecker, COLO
 Matthew Maton, ORE
 Michael Williams, WSU
 John Dressel, COLO

2015 John Dressel, COLO
 Pierce Murphy, COLO
 Morgan Pearson, COLO
 Ben Saarel, COLO
 Connor Winter, COLO
 Edward Cheserek, ORE
 Grant Fisher, STAN
 Sean McGorty, STAN
 Jim Rosa, STAN
 Lane Werley, UCLA
 Colby Gilbert, WASH
 Izaic Yorks, WASH
 2014 Chris Walden, CAL
 Ammar Moussa, COLO
 Ben Saarel, COLO
 Blake Theroux, COLO
 Connor Winter, COLO
 Pierce Murphy, COLO
 Edward Cheserek, ORE
 Eric Jenkins, ORE
 Maxim Koroley, STAN
 Sean McGorty, STAN
 Michael Atchoo, STAN
 Joe Rosa, STAN
 Sam Wharton, STAN
 Aaron Nelson, WASH
 Tyler King, WASH
 2013 Ben Saarel, COLO
 Blake Theroux, COLO
 Morgan Pearson, COLO
 Pierce Murphy, COLO
 Edward Cheserek, ORE
 Jim Rosa, STAN
 Aaron Nelson, WASH
 2012 Stephen Sambu, ARIZ
 Lawi Lalang, ARIZ
 Jake Hurysz, COLO
 Aric VanHalen, COLO
 Blake Theroux, COLO
 Lane Werley, UCLA
 2011 Lawi Lalang, ARIZ
 Richard Medina, COLO
 Andrew Wacker, COLO
 Joseph Bosshard, COLO
 Luke Puskedra, ORE
 Chris Derrick, STAN
 Jake Riley, STAN
 2010 Stephen Sambu, ARIZ
 Joseph Bosshard, COLO
 Andrew Wacker, COLO
 Luke Puskedra, ORE
 Matthew Centrowitz, ORE
 Chris Derrick, STAN
 Jake Riley, STAN
 2009 Ige Mohamud, ARIZ
 Bethke Brandon, ASU
 Matthew Centrowitz, ORE
 Kenny Klotz, ORE
 Danny Mercado, ORE
 Luke Puskedra, ORE
 Chris Derrick, STAN
 Heath Elliott, STAN
 2008 Yosef Ghebray, CAL
 Jordan Kyle, COLO
 Luke Puskedra, ORE
 Shadrack Kiptoo-Biwott, ORE
 Galen Rupp, ORE
 Chris Derrick, STAN
 Garrett Heath, STAN
 Austin Ramos, UCLA

2007 Stephen Pifer, COLO
 Brent Vaughn, COLO
 Shadrack Kiptoo-Biwott, ORE
 Kenny Klotz, ORE
 Daniel Mercado, ORE
 Diego Mercado, ORE
 Galen Rupp, ORE
 Neftalem Araia, STAN
 Russell Brown, STAN
 2006 Robert Cheseret, ARIZ
 Aaron Aguayo, ARIZ
 Erik Heinonen, COLO
 Stephen Pifer, COLO
 James Strang, COLO
 Brent Vaughn, COLO
 Diego Mercado, ORE
 Galen Rupp, ORE
 Neftalem Araia, STAN
 2005 Robert Cheseret, ARIZ
 Stephen Pifer, COLO
 Bret Schoolmeester, COLO
 James Strang, COLO
 Neftalem Araia, STAN
 Austin Ramos, UCLA
 2004 Robert Cheseret, ARIZ
 Aaron Aguayo, ASU
 Stephen Pifer, COLO
 Bret Schoolmeester, COLO
 Jon Severy, COLO
 Brent Vaughn, COLO
 Neftalem Araia, STAN
 Ryan Hall, STAN
 Jon Rankin, UCLA
 2003 Billy Nelson, COLO
 Dathan Ritzenhein, COLO
 Eric Logsdon, ORE
 Ian Dobson, STAN
 Ryan Hall, STAN
 Seth Hejny, STAN
 Louis Luchini, STAN
 Grant Robison, STAN
 Donald Sage, STAN
 Adam Tenforde, STAN
 2002 Billy Nelson, COLO
 Ed Torres, COLO
 Jorge Torres, COLO
 Ryan Andrus, ORE
 Jason Hartmann, ORE
 Brett Holts, ORE
 Eric Logsdon, ORE
 Ian Dobson, STAN
 Ryan Hall, STAN
 Louis Luchini, STAN
 Grant Robison, STAN
 Donald Sage, STAN
 Adam Tenforde, STAN
 2001 Fasil Bizuneh, ASU
 Dathan Ritzenhein, COLO
 Steve Slattery, COLO
 Ed Torres, COLO
 Jorge Torres, COLO
 Ian Dobson, STAN
 Louis Luchini, STAN
 Grant Robison, STAN
 Donald Sage, STAN

2000 Mike Friedberg, COLO
 Steve Slattery, COLO
 Sean Smith, COLO
 Ed Torres, COLO
 Jorge Torres, COLO
 Jason Hartmann, ORE
 Thomas Murley, STAN
 Jonathon Riley, STAN
 1999 Fasil Bizuneh, ASU
 Mike Friedberg, COLO
 Andrew Bliss, ORE
 Steve Fein, ORE
 Jason Hartmann, ORE
 Jake Maas, STAN
 Thomas Murley, STAN
 Jonathon Riley, STAN
 1998 Abdi Abdirahman, ARIZ
 Mike Friedberg, COLO
 Adam Goucher, COLO
 Ron Roybal, COLO
 Steve Fein, ORE
 Brad Hauser, STAN
 Brent Hauser, STAN
 Jonathon Riley, STAN
 Mark Hauser, UCLA
 Christian Belz, WASH
 Eric Kamau, WSU
 Bernard Lagat, WSU
 1997 Abdi Abdirahman, ARIZ
 Adam Batliner, COLO
 Adam Goucher, COLO
 Matt Napier, COLO
 Tom Reese, COLO
 Jason Balkman, STAN
 Brad Hauser, STAN
 Brent Hauser, STAN
 Nathan Nutter, STAN
 Jonathon Riley, STAN
 Meb Keflezighi, UCLA
 Bernard Lagat, WSU
 1996 Ricky Cron, COLO
 Chris Severy, COLO
 Zeke Tiernan, COLO
 Matthew Davis, ORE
 Oliver Wirz, ORE
 Brad Hauser, STAN
 Brent Hauser, STAN
 Greg Jimmerson, STAN
 Nathan Nutter, STAN
 J.J. White, STAN
 Meb Keflezighi, UCLA
 1995 Bob Keino, ARIZ
 Jon Cooper, COLO
 Alan Culpepper, COLO
 Adam Goucher, COLO
 Clint Wells, COLO
 Rick Cantwell, ORE
 Matthew Davis, ORE
 David Gurry, ORE
 Karl Keska, ORE
 Greg Jimmerson, STAN
 Nathan Nutter, STAN
 Meb Keflezighi, UCLA

NATIONAL HONORS

1994	Martin Keino, ARIZ Jay Cleckler, COLO Jon Cooper, COLO Alan Culpepper, COLO Adam Goucher, COLO Clint Wells, COLO Matthew Davis, ORE Greg Jimmerson, STAN Meb Keflezighi, UCLA	1979	Thom Hunt, ARIZ Mark Anderson, COLO Michael Buhmann, COLO Mark Spilsbury, COLO Rudy Chapa, ORE Don Clary, ORE Alberto Salazar, ORE Ron Cornell, UCLA Bill Stolp, WASH Joel Cheruiyot, WSU Henry Rono, WSU	1968	John Lunn, COLO Craig Runyon, COLO Greg Brock, STAN Brook Thomas, STAN
1993	Richie Boulet, CAL Alan Culpepper, COLO Scott Larson, COLO Simon Baines, WASH Josephat Kapkory, WSU Patrick Muturi, WSU	1978	Thom Hunt, ARIZ Dirk Lakeman, ARIZ John Hunsaker, COLO Rudy Chapa, ORE Don Clary, ORE Ken Martin, ORE Alberto Salazar, ORE	1967	Craig Runyon, COLO Rick Trujillo, COLO Gerry Lindgren, WSU
1992	Shawn Found, COLO Gary Stolz, STAN Josephat Kapkory, WSU	1977	Thom Hunt, ARIZ David Shoots, ARIZ Mark Spilsbury, COLO Rudy Chapa, ORE Don Clary, ORE Bill McChesney, ORE Alberto Salazar, ORE Joel Cheruiyot, WSU Henry Rono, WSU	1966	Craig Runyon, COLO Tracy Smith, OSU Gerry Lindgren, WSU Chris Westman, WSU
1991	Martin Keino, ARIZ Lewis Todd, ASU Josephat Kapkory, WSU	1976	Terry Cotton, ARIZ Thom Hunt, ARIZ Rudy Chapa, ORE Dave Taylor, ORE Terry Williams, ORE Joshua Kimeto, WSU Samson Kimombwa, WSU	1965	Dave Wrighton, COLO Gary Benson, WSU Chris Westman, WSU
1990	Brian Grosso, ARIZ Pat Haller, ORE Pat Johnson, WASH E. J. Guo, WSU Samuel Kibiri, WSU	1975	Terry Cotton, ARIZ Terry Williams, ORE Kurt Beckman, WSU Joshua Kimeto, WSU John Ngeno, WSU	1964	Dave Wrighton, COLO Harry McCalla, STAN
1989	Mike Nahom, COLO Peter Fonseca, ORE Pat Haller, ORE Brad Hudson, ORE Terrence Mahon, ORE Alan Hjort, WASH	1974	Ed Mendoza, ARIZ Larry Lawson, ASU Mike Peterson, COLO Gary Barger, ORE Paul Geis, ORE Dave Taylor, ORE Terry Williams, ORE John Ngeno, WSU	1963	Dave Wrighton, COLO Ken Moore, ORE Clayton Steinke, ORE
1987	Matt Guisto, ARIZ Jacinto Navarrete, WSU	1973	Ed Mendoza, ARIZ John Gregorio, COLO Terry Williams, ORE Steve Prefontaine, ORE Dan Murphy, WSU John Ngeno, WSU	1962	Harry McCalla, STAN
1986	Matt Guisto, ARIZ Aaron Ramirez, ARIZ Chuck Trujillo, COLO Curt Corvin, WASH	1972	John Gregorio, COLO Randy James, ORE Dan Murphy, WSU	1961	Richard Cuddihy, OSU Dale Story, OSU
1985	Matt Guisto, ARIZ Andre Woods, ARIZ Dan Reese, COLO Chuck Trujillo, COLO Marc Olesen, STAN Jon Butler, UCLA	1971	Randy James, ORE Steve Prefontaine, ORE Phil Burkewist, WSU Dan Murphy, WSU		
1984	Tom Ansberry, ARIZ Jeff Cannada, ARIZ Dan Reese, COLO Peter Koech, WSU	1970	Steve Prefontaine, ORE Keith Munson, OSU Don Kardong, STAN Mark Hiefield, WSU Don Smith, WSU		
1983	Tom Ansberry, ARIZ Mike Blackmore, ORE Jim Hill, ORE Brad Simpson, ORE	1969	Mike McClendon, ORE Steve Prefontaine, ORE Greg Brock, STAN Gerry Lindgren, WSU Rick Riley, WSU		
1982	Tom Downs, CAL Sam Reese, COLO Mark Scrutton, COLO Jim Hill, ORE Jon Butler, UCLA Steve McCormack, UCLA				
1981	Don Janicki, ARIZ Harrison Koroso, ARIZ Tom Downs, CAL Mark Scrutton, COLO Jon Butler, UCLA Dave Daniels, UCLA Steve McCormack, UCLA Richard Tuwei, WSU				
1980	Don Janicki, ARIZ Mark Scrutton, COLO Ron Cornell, UCLA Dave Daniels, UCLA Steve Ortiz, UCLA				



PAC-12 CONFERENCE

NCAA **WOMEN'S**
CROSS COUNTRY
HISTORY &
NATIONAL HONORS
Through 2019

NCAA HISTORY-WOMEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1981-91-92-93-94-95-96-98-99-2000-01-09-10-11-12-13)	16	2nd	--	1	--
Arizona State (1998-99-2000-01-02-03-04-05-06-07-08-09-11)	13	4th	--	--	--
California (1984-88-2011-17)	4	9th	--	--	--
Colorado (1986-87-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-09-10-11-12-13-14-15-16-17-18-19)	29	1st	3	4	3
Oregon (1981-82-83-84-85-86-87-88-90-91-92-93-94-95-97-98-99-2000-07-08-09-10-11-12-13-14-15-16-17-18-19)	31	1st	4	4	3
Oregon State (2018)	1	27th	--	--	--
Stanford (1981-82-83-84-86-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16-17-18-19)	32	1st	5	5	6
UCLA (1985-86-88-98-99-2001-02-03-04-14-16)	11	6th	--	--	--
USC	0	N/A	--	--	--
Utah (2015-16-19)	3	16th	--	--	--
Washington (1982-89-92-94-95-97-98-99-2000-01-02-03-04-07-08-09-10-11-12-13-14-15-16-17-18-19)	26	1st	1	1	1
Washington State (1983-85)	2	7th	--	--	--

ALL-TIME NCAA RESULTS

Champion and Pac-12 finishers.

	1992 (4)	2000 (6)	2009 (6)	2016 (6)
1981 (3)	1. Villanova 123	1. COLORADO 117	1. Villanova 86	1. OREGON 125
1. Virginia 36	12. Washington 334	3. Stanford 198	3. Washington 188	3. Colorado 134
2. Oregon 83	14. Arizona 360	6. Arizona State 266	9. Oregon 276	5. Stanford 255
3. Stanford 105	15. Oregon 372	19. Arizona 476	16. Stanford 408	12. Washington 352
8. Arizona 182	20. Colorado 454	23. Washington 521	20. Colorado 458	20. Utah 493
		28. Oregon 619	24. Arizona State 520	28. UCLA 596
			30. Arizona 682	
1982 (3)	1993 (4)	2001 (6)	2010 (5)	2017 (5)
1. Virginia 48	1. Villanova 66	1. BYU 62	1. Villanova 120	1. New Mexico 90
2. Stanford 91	8. Oregon 238	4. Arizona 194	6. Colorado 314	3. Colorado 139
3. Oregon 155	11. Stanford 286	5. Stanford 206	11. Arizona 372	4. Stanford 165
14. Washington 278	12. Arizona 311	8. Colorado 240	12. Oregon 378	5. Oregon 203
	13. (tie) Colorado 326	14. Washington 425	13. Stanford 402	21. Washington 513
		21. UCLA 539	16. Washington 413	22. California 530
1983 (3)	1994 (5)	23. Arizona State 554		
1. OREGON 95	1. Villanova 75	2002 (5)	2011 (7)	2018 (5)
2. Stanford 98	4. Colorado 126	1. BYU 85	1. Georgetown 162	1. COLORADO 65
15. Washington State 347	7. Stanford 198	2. Stanford 113	2. Washington 170	3. Oregon 160
	10. Arizona 273	5. Colorado 220	5. Oregon 281	5. Stanford 232
1984 (3)	13. Oregon 349	23. (tie) Arizona State 549	10. Stanford 332	9. Washington 321
1. Wisconsin 63	15. Washington 370	25. (tie) UCLA 568	11. Colorado 335	27. Oregon State 600
2. Stanford 89		31. Washington 699	18. California 433	
4. Oregon 119	1995 (5)	2003 (5)	19. Arizona 447	2019 (5)
15. California 323	1. Providence 88	1. STANFORD 120	31. Arizona State 752	1. Arkansas 96
	2. Colorado 123	5. Colorado 269		3. Stanford 123
1985 (3)	5. Oregon 174	7. UCLA 293	2012 (5)	10. Colorado 294
1. Wisconsin 58	6. Arizona 186	14. Arizona State 406	1. OREGON 114	11. Washington 296
6. UCLA 200	9. Stanford 235	19. Washington 486	3. Stanford 198	16. Utah 471
7. (tie) Washington State 227	14. Washington 347		6. Arizona 263	26. Oregon 618
11. Oregon 264		2004 (5)	9. Washington 334	
	1996 (2)	1. COLORADO 63	24. Colorado 519	
1986 (4)	1. STANFORD 101	5. Stanford 175		2013 (5)
1. Texas 62	4. Colorado 145	9. Arizona State 333	2014 (5)	1. Providence 141
4. Oregon 167	6. Arizona 214	23. Washington 533	1. Michigan State 85	2. Arizona 197
6. Colorado 186		27. UCLA 640	6. Oregon 249	7. Colorado 267
11. UCLA 226	1997 (4)	2005 (3)	9. Washington 334	11. Stanford 322
15. Stanford 314	1. BYU 100	1. STANFORD 146	14. Oregon 340	14. Oregon 340
1987 (2)	2. Stanford 102	2. Colorado 181	17. Washington 376	17. Washington 376
1. OREGON 97	3. Colorado 178	4. Arizona State 191		
12. Colorado 245	8. Oregon 234	2006 (3)	2015 (5)	
	14. Washington 341	1. STANFORD 195	1. New Mexico 49	
1988 (3)	1998 (7)	2. Colorado 223	2. Colorado 129	
1. Kentucky 75	1. Villanova 106	13. Arizona State 375	3. Oregon 214	
2. Oregon 128	3. Stanford 111	2007 (5)	10. Washington 297	
9. California 236	7. Colorado 332	1. STANFORD 145	14. Stanford 379	
13. UCLA 273	9. Washington 363	2. Oregon 177	26. Utah 618	
	12. Oregon 384	4. Arizona State 251		
1989 (1)	16. Arizona 397	8. Washington 358		
1. Villanova 99	23. (tie) Arizona State 534	23. Colorado 479		
12. Washington 286	28. UCLA 574	2008 (4)		
	1999 (7)	1. WASHINGTON 79		
1990 (1)	1. BYU 72	2. Oregon 131		
1. Villanova 82	3. Stanford 127	8. Stanford 299		
5. Oregon 221	8. Colorado 351	14. Arizona State 381		
	12. Arizona State 385			
1991 (2)	13. Washington 403			
1. Villanova 85	19. (tie) Oregon 460			
5. Oregon 191	27. Arizona 608			
11. Arizona 294	30. UCLA 631			

NCAA TEAM CHAMPIONS

FROM THE PAC-12

- 1983 Oregon
- 1987 Oregon
- 1996 Stanford
- 2000 Colorado
- 2003 Stanford
- 2004 Colorado
- 2005 Stanford
- 2006 Stanford
- 2007 Stanford
- 2008 Washington
- 2012 Oregon
- 2016 Oregon
- 2018 Colorado

NCAA INDIVIDUAL CHAMPIONS

FROM THE PAC-12

- 1996 Amy Skieresz, ARIZ
(17:04)
- 2000 Kara Grgas-Wheeler, COLO
(20:30.5)
- 2001 Tara Chaplin, ARIZ
(20:24)
- 2018 Dani Jones, COLO
(19:42.8)

Race Distance 1981-99: 5,000 meters; 2000-18: 6,000 meters.

ALL-TIME NCAA CHAMPIONS

Team

- Villanova 9
- STANFORD** 5
- OREGON** 4
- BYU 4
- COLORADO** 3
- New Mexico 2
- Providence 2
- Virginia 2
- Wisconsin 2
- Arkansas 1
- Georgetown 1
- Kentucky 1
- Michigan State 1
- Texas 1
- WASHINGTON** 1

Individual

- Villanova 9
- NC State 3
- Texas Tech 3
- Wisconsin 3
- ARIZONA** 2
- COLORADO** 2
- Indiana 2
- New Mexico 2
- North Carolina 2
- Northern Arizona 2
- Dartmouth 1
- Iona 1
- Iowa State 1
- Illinois 1
- Michigan 1
- Missouri 1
- Notre Dame 1
- Providence 1
- Virginia 1

ALL-TIME NCAA WEST REGION RESULTS

Champion and Pac-12 finishers.

1997 - Dell Urich Golf Course, Tucson, Ariz. (ARIZONA)

(out of 17 teams)

1. Stanford	37
2. Oregon	78
3. Washington	98
4. Arizona	127
5. UCLA	149
7. Washington State	201
8. USC	240
9. California	264
10. Arizona State	304

1998 - Woodward Park, Fresno, Calif. (Fresno)

(out of 31 teams)

1. Arizona	78
2. Stanford	80
3. Washington	110
4. Oregon	118
6. Arizona State	176
8. Washington State	225
9. California	270
11. USC	334

1999 - Blue Lake Park, Troutdale, Ore.

(out of 28 teams)

1. Stanford	29
2. Washington	63
3. Arizona State	86
4. UCLA	139
5. Oregon	158
6. Arizona	166
9. Washington State	281

2000 - Woodward Park, Fresno, Calif. (Fresno)

(out of 26 teams)

1. Stanford	58
2. Arizona State	88
3. Arizona	126
4. Oregon	169
5. Washington	170
7. Washington State	188
9. UCLA	199

2001 - Randolph North Golf Course, Tucson, Ariz. (ARIZONA)

(out of 23 teams)

1. Stanford	39
2. Arizona	80
3. Arizona State	83
4. Washington	115
5. UCLA	159
6. Washington State	214
12. Oregon	349

2002 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 28 teams)

1. Stanford	24
2. Arizona State	70
3. UCLA	82
4. Washington	120
5. Oregon	129
12. Washington State	390
13. California	394
21. Arizona	542

2003 - Blue Lake Park, Portland, Ore. (Portland)

(out of 31 teams)

1. Stanford	45
2. UCLA	69
3. Washington	94
4. Arizona State	112
8. Arizona	290
10. California	308
14. Washington State	362

2004 - Woodward Park, Fresno, Calif. (Fresno)

(out of 28 teams)

1. Stanford	29
2. Arizona State	45
5. Washington	143
6. UCLA	151
7. Arizona	245
8. Oregon	272
10. Washington State	320
14. USC	432
16. Oregon State	456

2005 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 30 teams)

1. Stanford	24
2. Arizona State	48
3. Washington	117
4. Oregon	139
5. UCLA	196
8. Washington State	299
11. California	313
12. Oregon State	335

2006 - Blue Lake Park, Fairview, Ore.

(out of 30 teams)

1. Stanford	42
3. Arizona State	83
4. Washington	140
5. UCLA	170
9. Washington State	275
10. Arizona	309
13. Oregon State	395
18. California	486

2007 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 31 teams)

1. Stanford	33
2. Oregon	72
3. Arizona State	106
4. Washington	118
6. Washington State	249
9. California	328
11. Arizona	352
13. Oregon State	375
16. USC	391
23. UCLA	597

2008 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 30 teams)

1. Washington	25
2. Oregon	62
3. Stanford	91
4. Arizona State	128
7. California	269
8. Arizona	290
9. Oregon State	321
10. Washington State	328
13. USC	378
17. UCLA	422

2009 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 25)

1. Washington	25
2. Oregon	66
3. Stanford	94
4. Arizona State	119
5. Arizona	202
8. California	255
9. Oregon State	302
11. UCLA	321
15. Washington State	410
20. USC	535

2010 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 31 teams)

1. Washington	73
2. Oregon	77
3. Stanford	86
4. Arizona	90
5. California	159
10. UCLA	312
13. Arizona State	372
16. Washington State	486
17. Oregon State	492

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 31 teams)

1. Washington	50
2. Arizona	98
3. Stanford	111
4. Oregon	120
5. California	141
7. Arizona State	241
16. Oregon State	150
18. UCLA	452

2013 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 32 teams)

1. Arizona	84
2. Stanford	94
3. Oregon	120
5. Washington	162
6. Arizona State	175
12. UCLA	330
13. California	353
14. Washington State	401
15. Oregon State	407

2014 - Stanford Oaks Golf Complex, Stanford, Calif. (STANFORD)

(out of 34 teams)

1. Oregon	88
3. Stanford	103
4. Washington	131
5. UCLA	176
7. California	177
8. Arizona State	215
10. Arizona	310
13. Washington State	360
19. USC	539
20. Oregon State	541

2015 - Jefferson Golf Course, Seattle (WASHINGTON)

(out of 35 teams)

1. Oregon	79
3. Washington	105
4. Stanford	121
7. California	234
8. Arizona State	243
10. UCLA	334
11. Washington State	343
14. Arizona	354
19. Oregon State	531

NCAA WEST REGIONALS

Individual Champions

(Pac-12 only)

1997	Amy Skieresz, ARIZ	16:59.90 (5k)
1998	Amy Skieresz, ARIZ	16:26 (5k)
1999	Julia Stamps, STAN	16:50
2000	Lisa Aguilera, ASU	20:25
2001	Tara Chaplin, ARIZ	20:40.10 (6k)
2002	Alicia Craig, STAN	20:39
2003	Alicia Craig, STAN	20:06
2004	Alicia Craig, STAN	20:03
2005	Arianna Lambie, STAN	19:29.3
2006	Arianna Lambie, STAN	20:58.85
2007	Teresa McWalters, STAN	19:57.30
2008	Alex Kosinski, ORE	19:59.01 (6k)
2009	Kendra Schaff, WASH	20:41.70 (6k)
2010	Jordan Hasay, ORE	20:01.90 (6k)
2011	Jordan Hasay, ORE	19:44 (6k)
2012	Jordan Hasay, ORE	19:16 (6k)
2013	None	
2014	Shelby Houlihan, ASU	19:31.6 (6k)
2015	None	
2016	Amy-Eloise Neale, WASH	19:27.8 (6k)
2017	None	
2018	None	
2019	Ella Donaghu, STAN	19:50.8 (6k)

2016 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 35 teams)

1. Stanford	71
2. Washington	88
4. Oregon	107
6. UCLA	191
8. Arizona State	266
9. California	275
11. Arizona	287
12. Oregon State	398
18. Washington State	525

2017 - Jefferson Park Golf Course, Seattle, Wash. (WASHINGTON)

(out of 36 teams)

1. San Francisco	59
2. Stanford	76
3. Oregon	92
5. California	183
6. Washington	202
7. Arizona	203
9. Arizona State	304
12. UCLA	342
13. Oregon State	392
15. Washington State	420

2018 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 36 teams)

1. Oregon	44
3. Stanford	95
4. Washington	118
6. Oregon State	196
7. UCLA	215
12. Washington State	325
13. California	333
16. Arizona State	434

2019 - Colfax Golf Club, Colfax, Wash. (WASHINGTON STATE)

(out of 35 teams)

1. Stanford	39
2. Washington	49
4. Oregon	145
5. Arizona	188
7. Oregon State	248
9. Washington State	272
11. UCLA	322
12. California	323
17. Arizona State	495

ALL-TIME NCAA MOUNTAIN REGION RESULTS

Champion and Pac-12 finishers.

1997 - Provo, Utah (BYU)
(out of 14 teams)

1. BYU	29
2. Colorado	64
7. Utah	224

1998 - Provo, Utah (BYU)
(out of 13 teams)

1. BYU	28
2. Colorado	69
9. Utah	234

1999 - Fort Collins, Colo. (Colorado State)
(out of 17 teams)

1. BYU	20
2. Colorado	61
14. Utah	344

2000 - Rivedale, Utah
(out of 17 teams)

1. Colorado	38
10. Utah	317

2001 - Provo, Utah (BYU)
(out of 18 teams)

1. BYU	31
2. Colorado	48
8. Utah	267

2002 - Albuquerque, N.M. (New Mexico)
(out of 18 teams)

1. BYU	29
2. Colorado	66
9. Utah	235

2003 - Ogden, Utah (Weber State)
(out of 16 teams)

1. BYU	34
2. Colorado	67
15. Utah	373

2004 - Fort Collins, Colo. (Colorado State)
(out of 15 teams)

1. Colorado	32
9. Utah	247

2005 - East Bay Golf Course, Provo, Utah (BYU)
(out of 18 teams)

1. Colorado	53
15. Utah	396

2006 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)
(out of 17 teams)

1. Colorado	64
T11. Utah	301

2007 - Schneider's Riverside Golf Course, Ogden, Utah (Weber State)
(out of 17 teams)

1. Colorado State	75
4. Colorado	105
11. Utah	269

2008 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)
(out of 18 teams)

1. Texas Tech	42
4. Colorado	133
6. Utah	188

2009 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)
(out of 20 teams)

1. Colorado	48
19. Utah	522

2010 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)
(out of 19 teams)

1. New Mexico	53
3. Colorado	59
12. Utah	307

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)
(out of 19 teams)

T1. Colorado	84
T1. New Mexico	84
8. Utah	221

2012 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)
(out of 20 teams)

1. Weber State	63
3. Colorado	107

2013 - Riverdale Golf Course, Ogden, Utah (Weber State)
(out of 20 teams)

1. Colorado	29
8. Utah	214

2014 - North Golf Course, Albuquerque, N.M. (New Mexico)
(out of 20 teams)

1. Colorado	43
7. Utah	246

2016 - Reeder Cross Country Course, Logan, Utah (Utah State)
(out of 20 teams)

1. Colorado	35
4. Utah	136

2017 - Reeder Cross Country Course, Logan, Utah (Utah State)
(out of 19 teams)

1. Colorado	62
5. Utah	149

2018 - East Bay Golf Course, Provo, Utah (BYU)
(out of 20 teams)

1. New Mexico	41
2. Colorado	53
11. Utah	294

2019 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)
(out of 19 teams)

1. BYU	70
4. Colorado	113
5. Utah	116

NCAA MOUNTAIN REGIONALS Individual Champions
(Pac-12 only)

1997	None
1998	None
1999	Kara Wheeler, COLO.....16:39.40 (5k)
2000	Kara Grgas-Wheeler, COLO.....20:46.0 (6k)
2001	Jodie Hughes, COLO.....21:13.9 (6k)
2002	None
2003	None
2004	Renee Metevier, COLO.....20:05.4 (6k)
2005	None
2006	None
2007	None
2008	None
2009	Jenny Barringer, COLO.....20:29.0 (6k)
2010	None
2011	None
2012	None
2013	None
2014	None
2015	None
2016	None
2017	None
2018	None
2019	None

NATIONAL HONORS

USTFCCCA Athlete of the Year Cross Country

2018 Dani Jones, COLO

USTFCCCA Coach of the Year Peter Tegen Award (Women's)

2018 Mark Wetmore, COLO
2016 Maurica Powell, ORE
2012 Robert Johnson, ORE
2008 Greg Metcalf, WASH
2007 Peter Tegen, STAN
2006 Peter Tegen, STAN
2005 Peter Tegen, STAN
2004 Mark Wetmore, COLO
2000 Mark Wetmore, COLO
1996 Beth Alford-Sullivan, STAN

USTFCCCA Terry Crawford Program of the Year (Women's)

2018-19 Oregon
2017-18 Stanford
2016-17 Oregon
2015-16 Oregon
2014-15 Oregon
2013-14 Oregon
2012-13 Oregon
2011-12 Oregon
2010-11 Oregon
2009-10 Oregon
2008-09 Oregon

USTFCCCA All-Americans WOMEN

2019 Ella Donaghu, Jr., STAN (8th)
Jessica Lawson, Jr., STAN (11th)
Mel Smart, Fr., WASH (12th)
Fiona O'Keefe, Sr., STAN (27th)
Katie Rainsberger, Sr., WASH (33rd)
Christina Rice, Jr., UCLA (37th)
Sage Hurta, Sr., COLO (38th)

2018 Dani Jones, COLO
Jessica Hull, ORE
Makena Morley, COLO
Elise Cranny, STAN
Weronika Pyzik, ORE
Tabor Scholl, COLO
Fiona O'Keefe, STAN
Katie Rainsberger, WASH
Sage Hurta, COLO
Tayler Tuttle, COLO
Val Constien, COLO
Carmela Cardama Baez, ORE
Lilli Burdon, WASH

2017 Amy-Eloise Neale, WASH
Grayson Murphy, UTAH
Dani Jones, COLO
Fiona O'Keefe, STAN
Katie Rainsberger, ORE
Lilli Burdon, ORE
Bethan Knights, CAL
Claire Green, ARIZ
Vanessa Fraser, STAN
Vallery Korir, WSU
Carmela Cardama Baez, ORE
Sage Hurta, COLO
Kaitlyn Benner, COLO
Brie Oakley, CAL

2016 Katie Rainsberger, ORE
Amy-Eloise Neale, WASH
Alli Cash, ORE
Samantha Nadel, ORE
Dani Jones, COLO
Kaitlyn Benner, COLO
Fiona O'Keefe, STAN
Christina Aragon, STAN
Mackenzie Caldwell, COLO
Sage Hurta, COLO

2015 Kaitlyn Benner, COLO
Erin Clark, COLO
Alli Cash, ORE
Molly Grabill, ORE
Waverly Neer, ORE
Vanessa Fraser, STAN
Maddie Meyers, WASH

2014 Shelby Houlihan, ASU
Bethan Knights, CAL
Erin Clark, COLO
Elise Cranny, STAN
Maddie Meyers, WASH

2013 Elvin Kibet, ARIZ
Nicci Corbin, ARIZ
Shelby Houlihan, ASU
Kelsey Santisteban, CAL
Shalaya Kipp, COLO
Aisling Cuffe, STAN
Jessica Tonn, STAN

2012 Elvin Kibet, ARIZ
Jennifer Bergman, ARIZ
Shelby Houlihan, ASU
Shalaya Kipp, COLO
Jordan Hasay, ORE
Alexi Pappas, ORE
Katie Conlon, ORE
Aisling Cuffe, STAN
Kathy Kroeger, STAN
Cayla Hatton, STAN
Amanda Mergaert, UTAH

2011 Jennifer Bergman, ARIZ
Deborah Maier, CAL
Chelsea Reilly, CAL
Shalaya Kipp, COLO
Emma Coburn, COLO
Jordan Hasay, ORE
Kathy Kroeger, STAN
Stephanie Marcy, STAN
Katie Flood, WASH
Megan Goethals, WASH

2010 Deborah Maier, CAL
Laura Tremblay, COLO
Shalaya Kipp, COLO
Jordan Hasay, ORE
Alex Kosinski, ORE

2009 Allie McLaughlin, COLO
Jordan Hasay, ORE
Christine Babcock, WASH
Katie Follett, WASH
Mel Lawrence, WASH
Kendra Schaff, WASH
Christine Babcock, WASH

2008 Kari Hardt, ASU
Nicole Blood, ORE
Mattie Bridgmon, ORE
Alexandra Kosinski, ORE
Christine Babcock, WASH
Katie Follett, WASH
Mel Lawrence, WASH
Amanda Miller, WASH
Kendra Schaaf, WASH

2007 Ali KIELTY, ASU
Jenna Kingma, ASU
Jenny Barringer, COLO
Sara Vaughn, COLO
Nicole Blood, ORE
Alexandra Kosinski, ORE
Lauren Centrowitz, STAN
Katie Harrington, STAN
Arianna Lambie, STAN
Anita Campbell, WASH
Katie Follett, WASH

2006 Jenny Barringer, COLO
Liza Pasciuto, COLO
Arianna Lambie, STAN
Teresa McWalters, STAN

2005 Amy Hastings, ASU
Christine Bolf, COLO
Liza Pasciuto, COLO
Lindsay Flacks, STAN
Arianna Lambie, STAN
Katy Trotter, STAN
Ashley Caldwell, UCLA
Haley Paul, WSU

2004 Amy Hastings, ASU
Christine Bolf, COLO
Natalie Florence, COLO
Renee Metivier, COLO
Liza Pasciuto, COLO
Sara (Gorton) Slattery, COLO
Laura Harmon, ORE
Alicia Craig, STAN

2003 Desiree Davila, ASU
Amy Hastings, ASU
Bridget Duffy, CAL
Renee Metivier, COLO
Kalin Toedebusch, COLO
Sara Bei, STAN
Alicia Craig, STAN
Arianna Lambie, STAN
Katy Trotter, STAN
Ashley Caldwell, UCLA
Valerie Flores, UCLA
Melissa McBain, UCLA

2002 Molly Austin, COLO
Natalie Florence, COLO
Sara (Gorton) Slattery, COLO
Carrie Zografos, ORE
Alicia Craig, STAN
Malindi Elmore, STAN
Lauren Fleshman, STAN
Lena Nilsson, UCLA

2001 Tara Chaplin, ARIZ
Lisa Aguilera, ASU
Molly Austin, COLO
Renee Metivier, COLO
Alicia Craig, STAN
Lauren Fleshman, STAN
Lisa Gibbs, WASH
Everlyn Lagat, WSU

2000 Lisa Aguilera, ASU
Jodie Hughes, COLO
Kara Grgas-Wheeler, COLO
Sara (Gorton) Slattery, COLO
Lauren Fleshman, STAN
Erin Sullivan, STAN
Cami Matson, WASH

1999 Tara Chaplin, ARIZ
Kelly MacDonald, ASU
Kara Grgas-Wheeler, COLO
Lauren Fleshman, STAN
Julia Stamps, STAN
Erin Sullivan, STAN

1998 Amy Skieresz, ARIZ
Priscilla Hein, ASU
Elissa Riedy, CAL
Heather Burroughs, COLO
Marie Davis, ORE
Caroline Annis, STAN
Mary Cobb, STAN
Sally Glynn, STAN
Julia Stamps, STAN
Anna Aoki, WASH
Megan Maynard, WSU

1997 Amy Skieresz, ARIZ
Kelly Smith, COLO
Marie Davis, ORE
Milena Glusac, ORE
Mary Cobb, STAN
Sally Glynn, STAN
Sarna Renfro, STAN
Julia Stamps, STAN

1996 Amy Skieresz, ARIZ
Colleen Glyde, COLO
Carrie Messner, COLO
Marie Davis, ORE
Monal Chokshi, STAN
Mary Cobb, STAN
Jessica Fry, STAN
Emebet Shiferaw, USC

1995 Anna Colonna, ARIZ
Amy Skieresz, ARIZ
Heather Burroughs, COLO
Colleen Glyde, COLO
Patty Roberts, COLO
Kelly Smith, COLO
Jenna Carlson, ORE
Melody Fairchild, ORE
Mary Cobb, STAN
Tara Carlson, WASH

1994 Suzanne Castruita, ARIZ
Heather Burroughs, COLO
Natalie Raveling, COLO
Patty Roberts, COLO
Milena Glusac, ORE
Kortney Dunscombe, STAN
Sarna Renfro, STAN
Karen Hecox, UCLA

1993 Brenda Sleenwenhoek, ARIZ
Jenna Carlson, ORE
Milena Glusac, ORE
Beth Bartholomew, UCLA
Karen Hecox, UCLA

1992 Jean Harvey, ARIZ
Stacie Hoytink, WASH

1991 Lisa Karnopp, ORE
Lucy Nurala, ORE
Carrie Moeller, WASH

1990 Sabrina Han, CAL
Stephanie Wessell, ORE
Liz Wilson, ORE

1988 Bridget Smyth, ARIZ
Kristen O'Hara, CAL
Sally Wood, CAL
Penny Graves, ORE
Liz Wilson, ORE

NATIONAL HONORS

1987 Kristen O'Hara, CAL
Chris McNamara, COLO
Anette Hand, ORE
Penny Graves, ORE
Liz Wilson, ORE

1986 Marilyn Davis, CAL
Carol McMordie, COLO
Chris McNamara, COLO
Penny Graves, ORE
Carol Gray, STAN
Polly Plummer, UCLA

1985 Kristen O'Hara, CAL
Regina Jacobs, STAN
Polly Plummer, UCLA

1984 Kathy Hayes, ORE
Leann Warren, ORE
Kim Roth, ORE
Regina Jacobs, STAN
Ellen Lyons, STAN
Alison Wiley, STAN

1983 Kathy Hayes, ORE
Lisa Martin, ORE
Kim Roth, ORE
Regina Jacobs, STAN
Alison Wiley, STAN

1982 Eryn Forbes, ORE
Ceci Hopp, STAN
Regina Jacobs, STA
Alison Wiley, STAN
Regina Joyce, WASH

1981 Joan Hansen, ARIZ
Marjorie Kaput, ARIZ
Lynne Hjelte, CAL
Kathy Hayes, ORE
Eryn Forbes, ORE
Leann Warren, COLO
Ceci Hopp, STAN
PattiSue Plumer, STAN
Kim Schnurpfeil, STAN
Michelle Bush, UCLA

1980 Joan Hansen, ARIZ
Marjorie Kaput, ARIZ
Linda Goen, UCLA
Regina Joyce, WASH

1979 Joan Hansen, ARIZ
Joy Hansen, ARIZ
Jody Parker, ORE

1978 Mary Decker, COLO
Lori Thrupp, STAN

1977 Lori Thrupp, STAN

1976 Lori Thrupp, STAN

1973 Julie Brown, UCLA
Francie Larrieu, UCLA