

PAC-12 MEN'S CROSS COUNTRY

PAC-12 TEAM CHAMPIONS

1969	ORE
1970	ORE
1971	WSU
1972	WSU
1973	ORE
1974	WSU
1975	WSU
1976	ORE
1977	ORE
1978	ORE
1979	ORE
1980	UCLA
1981	UCLA
1982	ORE
1983	ARIZ
1984	ARIZ
1985	STAN
1986	ARIZ
1987	ARIZ
1988	ORE
1989	ORE
1990	ORE
1991	ARIZ
1992	ORE
1993	WASH
1994	ARIZ
1995	ORE
1996	STAN
1997	STAN
1998	STAN
1999	ARIZ
2000	STAN
2001	STAN
2002	STAN
2003	STAN
2004	STAN
2005	STAN
2006	ORE
2007	ORE
2008	ORE
2009	STAN
2010	STAN
2011	COLO
2012	COLO
2013	COLO
2014	COLO
2015	COLO
2016	COLO
2017	STAN
2018	STAN
2019	COLO

PAC-12 TITLES BY TEAM

16	OREGON
14	STANFORD
7	ARIZONA
7	COLORADO
4	WASHINGTON STATE
2	UCLA
1	WASHINGTON

PAC-12 CHAMPIONSHIP RESULTS

1969 (Stanford, Calif.)

1.	ORE	46
2.	WSU	63
3.	STAN	86
4.	USC	90
5.	UCLA	94
6.	CAL	127
7.	OSU	165
8.	WASH	230

1970 (Pullman, Wash.)

1.	ORE	45
2.	WSU	58
3.	STAN	66
4.	OSU	79
5.	WASH	120
6.	UCLA	138
7.	USC	154
8.	CAL	207

1971 (Los Angeles, Calif.)

1.	WSU	31
2.	ORE	44
3.	UCLA	77
4.	USC	124
5.	OSU	133
6.	CAL	142
7.	STAN	154
8.	WASH	203

1972 (Seattle, Wash.)

1.	WSU	30
2.	ORE	69
3.	OSU	86
4.	STAN	107
5.	UCLA	137
6.	WASH	140
7.	USC	147
8.	CAL	174

1973 (Stanford, Calif.)

1.	ORE	32
2.	WSU	36
3.	OSU	105
4.	WASH	112
5.	CAL	126
6.	STAN	130
7.	UCLA	141

1974 (Stanford, Calif.)

1.	WSU	30
2.	ORE	51
3.	OSU	80
4.	STAN	110
5.	CAL	126
6.	WASH	141
7.	UCLA	149

1975 (Stanford, Calif.)

1.	WSU	23
2.	ORE	61
3.	OSU	75
4.	WASH	89
5.	STAN	130
6.	UCLA	136
7.	CAL	158

1976 (Stanford, Calif.)

1.	ORE	31
2.	WSU	45
3.	WASH	92
4.	CAL	94
5.	STAN	127
6.	UCLA	146
7.	OSU	149

1977 (Stanford, Calif.)

1.	ORE	26
2.	WASH	58
3.	WSU	64
4.	CAL	99
5.	STAN	131
6.	UCLA	149
7.	OSU	168

1978 (Fresno, Calif.)

1.	ORE	26
2.	WSU	56
3.	ARIZ	79
4.	WASH	116
5.	STAN	139
6.	CAL	153
7.	UCLA	187
8.	OSU	190

1979 (Stanford, Calif.)

1.	ORE	28
2.	WSU	73
3.	UCA	99
4.	STAN	127
5.	ARIZ	130
6.	CAL	164
7.	WASH	238

1980 (Stanford, Calif.)

1.	UCLA	43
2.	ARIZ	59
3.	ORE	67
4.	STAN	93
5.	CAL	105
6.	WASH	143
7.	OSU	165

1981 (Stanford, Calif.)

1.	UCLA	59
2.	ARIZ	60
3.	ORE	96
4.	CAL	110
5.	STAN	121
6.	WSU	127
7.	OSU	129
8.	WASH	177

1982 (Fresno, Calif.)

1.	ORE	46
2.	UCLA	51
3.	ARIZ	80
4.	WSU	98
5.	CAL	132
6.	OSU	136
7.	STAN	147
8.	WASH	215

1983 (Stanford, Calif.)

1.	ARIZ	38
2.	ORE	44
3.	UCLA	74
4.	STAN	80
5.	CAL	126
6.	OSU	139
7.	WASH	151

1984 (Stanford, Calif.)

1.	ARIZ	44
2.	WSU	73
3.	UCLA	75
4.	ORE	82
5.	STAN	116
6.	CAL	136
7.	ASU	146
8.	WASH	164
9.	OSU	199

1985 (Stanford, Calif.)

1.	STAN	60
2.	ORE	75
3.	UCLA	102
4.	ARIZ	116
5.	WSU	128
6.	WASH	129
7.	ASU	147
8.	CAL	177
9.	OSU	196
10.	USC	272

1986 (Stanford, Calif.)

1.	ARIZ	49
2.	ORE	74
3.	STAN	76
4.	WASH	100
5.	ASU	108
6.	UCLA	114
7.	USC	160
8.	OSU	201
9.	WSU	204
10.	CAL	237

1987 (Stanford, Calif.)

1.	ARIZ	32
2.	ORE	71
3.	WSU	94
4.	WASH	127
5.	UCLA	138
6.	USC	148
7.	CAL	155
8.	STAN	157
9.	OSU	232
10.	ASU	253

1988 (Stanford, Calif.)

1.	ORE	31
2.	STAN	61
3.	UCLA	104
4.	WASH	106
5.	ARIZ	133
6.	WSU	144
7.	CAL	156
8.	USC	184
9.	ASU	237
10.	OSU	259

1989 (Stanford, Calif.)

1.	ORE	30
2.	WASH	61
3.	ARIZ	91
4.	STAN	123
5.	CAL	128
6.	WSU	153
7.	UCLA	167
8.	USC	186
9.	ASU	211

PAC-12 MEN'S CROSS COUNTRY

1990 (Stanford, Calif.)

1. ORE.....	39
2. ARIZ.....	41
3. WASH.....	53
4. STAN.....	115
5. UCLA.....	136
6. ASU.....	156
7. USC.....	166
8. CAL.....	211

1991 (Stanford, Calif.)

1. ARIZ.....	45
2. ORE.....	67
3. WASH.....	83
4. WSU.....	85
5. STAN.....	93
6. ASU.....	138
7. UCLA.....	186
8. CAL.....	236
9. USC.....	245

1992 (Stanford, Calif.)

1. ORE.....	48
2. ARIZ.....	51
3. UCLA.....	89
4. STAN.....	93
5. WASH.....	123
6. WSU.....	134
7. CAL.....	141
8. ASU.....	245
9. USC.....	290

1993 (Stanford, Calif.)

1. WASH.....	48
2. WSU.....	70
3. ORE.....	84
4. UCLA.....	90
5. STAN.....	96
6. CAL.....	124
7. ARIZ.....	156
8. ASU.....	193
9. USC.....	284

1994 (Stanford, Calif.)

1. ARIZ.....	49
2. WASH.....	58
3. ORE.....	97
4. UCLA.....	97
5. STAN.....	103
6. CAL.....	146
7. WSU.....	151
8. ASU.....	216

1995 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	87
4. WASH.....	94
5. UCLA.....	108
6. WSU.....	152
7. CAL.....	181
8. ASU.....	195

1996 (Stanford, Calif.)

1. STAN.....	29
2. ORE.....	58
3. UCLA.....	93
4. WSU.....	103
5. ARIZ.....	112
6. WASH.....	132
7. CAL.....	204
8. ASU.....	229

1997 (Stanford, Calif.)

1. STAN.....	33
2. ORE.....	86
3. WSU.....	88
4. UCLA.....	103
5. ARIZ.....	113
6. WASH.....	116
7. CAL.....	146
8. ASU.....	195

1998 (Eugene, Ore.)

1. STAN.....	48
2. ORE.....	50
3. ARIZ.....	90
4. ASU.....	124
5. WSU.....	136
WASH.....	136
7. CAL.....	171
8. UCLA.....	179

1999 (Long Beach, Calif.)

1. ARIZ.....	36
2. STAN.....	63
3. ORE.....	76
4. ASU.....	84
5. CAL.....	119
6. WASH.....	133
7. UCLA.....	193
8. WSU.....	199

2000 (Seattle, Wash.)

1. STAN.....	21
2. ORE.....	66
3. ARIZ.....	70
4. ASU.....	114
5. WASH.....	117
6. UCLA.....	142
7. WSU.....	190
8. CAL.....	195

2001 (Scottsdale, Ariz.)

1. STAN.....	28
2. ASU.....	75
3. ORE.....	78
4. ARIZ.....	96
5. WASH.....	102
6. UCLA.....	148
7. WSU.....	163
8. CAL.....	192

2002 (Pasadena, Calif.)

1. STAN.....	19
2. ORE.....	51
3. ASU.....	85
4. WASH.....	114
5. WSU.....	165
6. CAL.....	166
7. ARIZ.....	176
8. UCLA.....	183

2003 (Pullman, Wash.)

1. STAN.....	23
2. ORE.....	91
3. WASH.....	93
4. ARIZ.....	109
5. ASU.....	112
6. WSU.....	136
7. UCLA.....	150
8. CAL.....	192

2004 (San Francisco, Calif.)

1. STAN.....	37
2. ASU.....	64
3. ORE.....	105
4. WASH.....	116
5. UCLA.....	118
6. ARIZ.....	138
7. WSU.....	140
8. CAL.....	199

2005 (Tucson, Ariz.)

1. STAN.....	46
2. ARIZ.....	78
3. CAL.....	107
4. WASH.....	116
5. ASU.....	125
6. ORE.....	131
7. UCLA.....	139
8. WSU.....	146

2006 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	107
4. ASU.....	113
5. UCLA.....	130
6. WASH.....	131
7. WSU.....	150
8. CAL.....	179

2007 (Corvallis, Ore.)

1. ORE.....	39
2. STAN.....	55
3. CAL.....	70
4. UCLA.....	97
5. ASU.....	105
6. WASH.....	162
7. WSU.....	166
8. ARIZ.....	260

2008 (Springfield, Ore.)

1. ORE.....	28
2. STAN.....	47
3. WASH.....	104
3. CAL.....	104
5. UCLA.....	106
6. WSU.....	169
7. ARIZ.....	180
8. ASU.....	198

2009 (Long Beach, Calif.)

1. STAN.....	28
2. ORE.....	45
3. ASU.....	88
4. WASH.....	119
5. UCLA.....	122
6. WSU.....	163
7. CAL.....	180
8. ARIZ.....	193

2010 (Seattle, Wash.)

1. STAN.....	25
2. ORE.....	56
3. CAL.....	86
4. UCLA.....	101
5. ASU.....	143
6. WSU.....	158
7. WASH.....	181
8. ARIZ.....	195

2011 (Litchfield Park, Ariz.)

1. COLO.....	46
2. STAN.....	53
3. ORE.....	93
4. UCLA.....	122
5. CAL.....	140
6. WSU.....	148
7. WASH.....	153
8. ARIZ.....	190
9. ASU.....	195

2012 (Santa Clarita, Calif.)

1. COLO.....	49
2. STAN.....	82
3. ORE.....	105
4. ASU.....	109
5. UCLA.....	113
6. WASH.....	119
7. ARIZ.....	166
8. WSU.....	200
9. CAL.....	234

2013 (Louisville, Colo.)

1. COLO.....	28
2. ORE.....	54
3. STAN.....	79
4. ASU.....	140
5. WASH.....	142
6. WSU.....	151
7. UCLA.....	152
8. ARIZ.....	194
9. CAL.....	220

2014 (Oakland, Calif.)

1. COLO.....	30
2. ORE.....	57
3. STAN.....	60
4. WASH.....	87
5. UCLA.....	168
6. ASU.....	182
7. CAL.....	189
8. ARIZ.....	206
9. WSU.....	224

2015 (Colfax, Wash.)

1. COLO.....	46
2. STAN.....	57
3. ORE.....	83
4. WASH.....	96
5. UCLA.....	127
6. WSU.....	137
7. CAL.....	157
8. ASU.....	218
9. ARIZ.....	271

2016 (Tucson, Ariz.)

1. COLO.....	41
2. STAN.....	47
3. UCLA.....	58
4. ORE.....	94
5. WSU.....	130
6. CAL.....	163
7. WASH.....	187
8. ASU.....	225
9. ARIZ.....	234

PAC-12 MEN'S CROSS COUNTRY

2017 (Springfield, Ore.)

1. STAN	41
2. COLO	47
3. UCLA	103
4. ORE	109
5. WASH	114
6. WSU	138
7. CAL	158
8. ARIZ	234
9. ASU	282

2018 (Stanford, Calif.)

1. STAN	44
2. WASH	62
3. COLO	82
4. ORE	93
5. WSU	123
6. UCLA	145
7. CAL	196
8. ARIZ	213
9. ASU	241

2019 (Monmouth, Ore.)

1. COLO	41
2. ORE	57
3. STAN	69
4. UCLA	84
5. WASH	87
6. WSU	204
7. CAL	233
8. ARIZ	240
9. ASU	242

PAC-12 CHAMPIONSHIP VENUES

1969 - Stanford Golf Course, Stanford, Calif.
1970 - WSU Golf Course, Pullman, Wash.
1971 - UCLA Campus Course, Los Angeles, Calif.
1972 - Seattle, Wash.
1973-77 - Stanford Golf Course, Stanford, Calif.
1978 - Woodward Park, Fresno, Calif.
1979-81 - Stanford Golf Course, Stanford, Calif.
1982 - Woodward Park, Fresno, Calif.
1983-97 - Stanford Golf Course, Stanford, Calif.
1998 - Alton Baker Park, Eugene, Ore.
1999 - El Dorado Regional Park, Long Beach, Calif.
2000 - Lincoln Park, Seattle, Wash.
2001 - Pavilion Lakes Golf Club, Scottsdale, Ariz.
2002 - Brookside Country Club, Pasadena, Calif.
2003 - WSU Golf Course, Pullman, Calif.
2004 - Golden Gate Park, San Francisco, Calif.
2005 - Dell Urich Golf Course, Tucson, Ariz.
2006 - Stanford Golf Course, Stanford, Calif.
2007 - Trysting Tree Golf Course, Corvallis, Ore.
2008 - Springfield Golf Club, Springfield, Ore.
2009 - Skylinks Golf Course, Long Beach, Calif.
2010 - Jefferson Golf Course, Seattle, Wash.
2011 - Wigwam Golf Course, Litchfield Park, Ariz.
2012 - Robinson Ranch Golf Course, Santa Clarita, Calif.
2013 - Coal Creek Golf Course, Louisville, Colo.
2014 - Metropolitan Golf Links, Oakland, Calif.
2015 - Colfax Golf and Country Club, Colfax, Wash.
2016 - Randolph North Golf Course, Tucson, Ariz.
2017 - Springfield Golf Club, Springfield, Ore.
2018 - Stanford Golf Course, Stanford, Calif.
2019 - Ash Creek Preserve, Monmouth, Ore.

PAC-12 MEN'S CROSS COUNTRY

PAC-12 INDIVIDUAL CHAMPIONS

1957 Max Truex, USC (20:32.6)
1958 Max Truex, USC (20:15.8)
1959-68 Not Contested
1969 Gerry Lindgren, WSU (28:32.4)
1970 Steve Prefontaine, ORE (30:11.7)
1971 Steve Prefontaine, ORE (28:59.6)
1972 John Ngeno, WSU (29:12.4)
1973 Steve Prefontaine, ORE (28:05.4)
1974 John Ngeno, WSU (27:37.6)
1975 Joshua Kimeto, WSU (27:48.6)
1976 Henry Rono, WSU (28:19.0)
1977 Joel Cheryuiot, WSU (29:34.8)
1978 Henry Rono, WSU (29:29.5)
1979 Henry Rono, WSU (29:07.4)
1980 Ron Cornell, UCLA (30:26.5)
1981 Richard Tuwei, WSU (30:56.0)
1982 Jim Hill, ORE (28:50.0)
1983 Jim Hill, ORE (30:09.6)
1984 Tom Ansberry, ARIZ (30:24.8)
1985 Marc Olesen, STAN (30:33.2)
1986 Aaron Ramirez, ARIZ (30:23.7)
1987 Matt Giusto, ARIZ (30:33.0)
1988 Brad Hudson, ORE (30:47)
1989 Marc Davis, ARIZ (23:31)
1990 Marc Davis, ARIZ (23:44)
1991 Colin Dalton, ORE (23:36)
1992 Josephat Kapkory, WSU (23:46)
1993 Josephat Kapkory, WSU (23:38)
1994 Martin Keino, ARIZ (24:04)
1995 Karl Keska, ORE (24:14)
1996 Mebrahtom Keflezighi, UCLA (23:45)
1997 Bernard Lagat, WSU (23:59)
1998 Abdi Abdirahman, ARIZ (23:23)
1999 Steve Fein, ORE (23:37)
2000 Jonathon Riley, STAN (23:39)
2001 Grant Robison, STAN (24:04)
2002 Grant Robison, STAN (23:27)
2003 Ian Dobson, STAN (24:33)
2004 Robert Cheseret, ARIZ (23:48)
2005 Robert Cheseret, ARIZ (23:57)
2006 Galen Rupp, ORE (23:03)
2007 Shadrack Kiptoo-Biwott, ORE (22:54)
2008 Galen Rupp, ORE (22:55)
2009 Chris Derrick, STAN (22:35)
2010 Elliott Heath, STAN (23:00)
2011 Lawi Lalang, ARIZ (22:37)
2012 Lawi Lalang, ARIZ (22:49)
2013 Edward Cheserek, ORE (24:36)
2014 Edward Cheserek, ORE (23:23)
2015 Edward Cheserek, ORE (23:06)
2016 Edward Cheserek, ORE (23:58.9)
2017 Grant Fisher, STAN (23:44.9)
2018 Grant Fisher, STAN (23:09.8)
2019 Joe Klecker, COLO (23:02.7)

PAC-12 ATHLETE OF THE YEAR

1975 Joshua Kimeto, WSU
1976 Henry Rono, WSU
1977 Henry Rono, WSU
1978 Alberto Salazar, ORE
1979 Henry Rono, WSU
1980 Ron Cornell, UCLA
1981 Richard Tuwei, WSU
1982 Jim Hill, ORE
1983 Jim Hill, ORE
1984 Tom Ansberry, ARIZ
1985 Marc Olesen, STAN
1986 Aaron Ramirez, ARIZ
1987 Matt Giusto, ARIZ
1988 Brad Hudson, ORE
1989 Marc Davis, ARIZ
1990 Marc Davis, ARIZ
1991 Martin Keino, ARIZ
1992 Josephat Kapkory, WSU
1993 Josephat Kapkory, WSU
1994 Martin Keino, ARIZ
1995 Karl Keska, ORE
1996 Meb. Keflezighi, UCLA
1997 Meb. Keflezighi, UCLA
1998 Abdi Abdirahman, ARIZ
1999 Steve Fein, ORE
2000 Jonathon Riley, STAN
2001 Donald Sage, STAN
2002 Grant Robison, STAN
2003 Ryan Hall, STAN
2004 Robert Cheseret, ARIZ
2005 Robert Cheseret, ARIZ
2006 Galen Rupp, ORE
2007 Shadrack Kiptoo-Biwott, ORE
2008 Galen Rupp, ORE
2009 Chris Derrick, STAN
2010 Stephen Sambu, ARIZ
2011 Lawi Lalang, ARIZ
2012 Lawi Lalang, ARIZ
2013 Edward Cheserek, ORE
2014 Edward Cheserek, ORE
2015 Edward Cheserek, ORE
2016 Edward Cheserek, ORE
2017 Grant Fisher, STAN
2018 Grant Fisher, STAN
2019 Joe Klecker, COLO

PAC-12 NEWCOMER/ FRESHMAN OF THE YEAR

** beginning 2014, only athletes with freshman eligibility were eligible for the award.*

1999 Jason Hartmann, ORE
2000 Donald Sage, STAN
2001 J.J. Duke, ASU
2002 Neil Davis, STAN
2003 Robert Cheseret, ARIZ
2004 Mohamed Trafef, ARIZ
2005 Mark Matusak, CAL
2006 Diego Mercado, ORE
2007 A.J. Acosta, ORE
2008 Luke Puskedra, ORE
2009 Miles Unterreiner, STAN
2010 Stephen Sambu, ARIZ
2011 Lawi Lalang, ARIZ
2012 Trevor Dunbar, ORE
2013 Edward Cheserek, ORE
2014 Colby Gilbert, WASH
2015 John Dressel, COLO
2016 Thomas Ratcliffe, STAN
2017 Cooper Teare, ORE
2018 Charlie Hunter, ORE
2019 Kashon Harrison, COLO

PAC-12 COACH OF THE YEAR

1975 John Chaplin, WSU
1976 Bill Dellinger, ORE
1977 Bill Dellinger, ORE
1978 Bill Dellinger, ORE
1979 Bill Dellinger, ORE
1980 Bob Larsen, UCLA
1981 Bob Larsen, UCLA
1982 Bill Dellinger, ORE
1983 Dave Murray, ARIZ
1984 Dave Murray, ARIZ
1985 Brooks Johnson, STAN
1986 Dave Murray, ARIZ
1987 Dave Murray, ARIZ
1988 Bill Dellinger, ORE
1989 Bill Dellinger, ORE
1990 Bill Dellinger, ORE
1991 Dave Murray, ARIZ
1992 Bill Dellinger, ORE
1993 Mike Johnson, WASH
1994 Dave Murray, ARIZ
1995 Bill Dellinger, ORE
1996 Vin Lananna, STAN
1997 Vin Lananna, STAN
1998 Bill Dellinger, ORE
1999 Dave Murray, ARIZ
2000 Vin Lananna, STAN
2001 Vin Lananna, STAN
2002 Vin Lananna, STAN
2003 Andrew Gerard, STAN
2004 Andrew Gerard, STAN
2005 Peter Tegen, STAN
2006 Vin Lananna, ORE
2007 Vin Lananna, ORE
2008 Vin Lananna, ORE
2009 Jason Dunn, STAN
2010 Jason Dunn, STAN
2011 Mark Wetmore, COLO
2012 Mark Wetmore, COLO
2013 Mark Wetmore, COLO
2014 Mark Wetmore, COLO
2015 Mark Wetmore, COLO
2016 Mark Wetmore, COLO
2017 Chris Miltenberg, STAN
2018 Chris Miltenberg, STAN
2019 Mark Wetmore, COLO

PAC-12 MEN'S CROSS COUNTRY

PAC-12 ALL-CONFERENCE

1999 First Team

Steve Fein, ORE
Micheil Jones, ARIZ
Jake Maas, STAN
Fasil Bizuneh, ASU
David Lopez, ARIZ
Thomas Murley, STAN

Second Team

Bolota Asmerom, CAL
Steve Smith, ARIZ
Andrew Bliss, ORE
Brent Pedersen, ARIZ
Tom Prindiville, ARIZ
Peter Gilmore, CAL

2000 First Team

Jonathon Riley, STAN
Jason Hartmann, ORE
Louis Luchini, STAN
Grant Robison, STAN
Tom Prindiville, ARIZ
Thomas Murley, STAN

Second Team

Donald Sage, STAN
Bryan Green, UCLA
David Lopez, ARIZ
Michael Kasahun, ORE
Steve Smith, ARIZ
John Russell, WASH

2001 First Team

Grant Robison, STAN
Fasil Bizuneh, ASU
Donald Sage, STAN
Jason Fayant, WASH
Ian Dobson, STAN
Jason Hartmann, ORE

Second Team

Daniel Parris, STAN
Ronnie Buchanan, ASU
Juan Reyes, ASU
Kyle Goklish, ARIZ
Adam Bergquist, ORE
Seth Hejney, STAN

2002 First Team

Ryan Andrus, ORE
Ian Dobson, STAN
Jason Hartmann, ORE
Grant Robison, STAN
Donald Sage, STAN
Adam Tenforde, STAN

Second Team

Fasil Bizuneh, ASU
Neil Davis, STAN
Ryan Hall, STAN
Brett Holts, ORE
Peter Meindl, STAN
Justin Romaniuk, STAN

2003 First Team

Ian Dobson, STAN
Grant Robison, STAN
Robert Cheseret, ARIZ
Donald Sage, STAN
Jonah Maiyo, ARIZ
Brett Holts, ORE
Chris Emme, STAN

Second Team

Eric Logsdon, ORE
Adam Tenforde, STAN
Eric Garner, WASH
Ryan Andrus, ORE
Seth Hejny, STAN
Andrew Hill, STAN
Ian Johnson, WSU

2004 First Team

Robert Cheseret, ARIZ
Ryan Hall, STAN
Aaron Aguayo, ASU
Jacob Gomez, STAN
Jon Rankin, UCLA
Mark Mandi, WASH
David Vidal, STAN

Second Team

Ryan Andrus, ORE
Danny Wolf, WSU
Velibor Radejovic, ASU
Brett Gotcher, STAN
Eric Logsdon, ORE
Peter Meindl, STAN
Ryan Warrenburg, ASU

2005 First Team

Robert Cheseret, ARIZ
Obed Mutanya, ARIZ
Neftalem Araia, STAN
Mark Mandi, WASH
Austin Ramos, UCLA
Mike Haddan, UCLA
Jonathan Pierce, STAN

Second Team

Giliat Ghebray, CAL
Jonah Maiyo, ARIZ
Brett Gotcher, STAN
Ryan Warrenburg, ASU
David Vidal, STAN
Pat Werhane, ORE
Jacob Gomez, STAN

2006 First Team

Galen Rupp, ORE
Robert Cheseret, ARIZ
Neftalem Araia, STAN
Aaron Aguayo, ASU
Obed Mutanya, ARIZ
Shadrack Kiptoo-Biwott, ORE
Jeremy Mineau, WASH

Second Team

Brett Gotcher, STAN
Diego Mercado, ORE
Kyle Alcorn, ASU
David Torrence, CAL
Pat Werhane, ORE
Jonathan Pierce, STAN
Jacob Gomez, STAN

2007 First Team

Shadrack Kiptoo-Biwott, ORE
Galen Rupp, ORE
Russell Brown, STAN
Austin Ramos, UCLA
Hari Mix, STAN
Neftalem Araia, STAN
Yosef Ghebray, CAL

Second Team

Mark Matusak, CAL
David Torrence, CAL
Kyle Alcorn, ASU
Scott Wall, ORE
Andrew Acosta, ORE
Kenny Klotz, ORE
Andrew Wheating, ORE

2008 First Team

Galen Rupp, ORE
Luke Puskedra, ORE
Chris Derrick, STAN
Garrett Heath, STAN
Shadrack Kiptoo-Biwott, ORE
Yosef Ghebray, CAL
Jake Riley, STAN

Second Team

Drew Shackleton, UCLA
Andrew Wheating, ORE
Jeremy Mineau, WASH
Matthew Centrowitz, ORE
Curtis Suyer, ORE
Hakon DeVries, STAN
Mark Matusak, CAL

2009 First Team

Chris Derrick, STAN
Brandon Bethke, ASU
Elliott Heath, STAN
Luke Puskedra, ORE
Matthew Centrowitz, ORE
Jake Riley, STAN
Justin Marpole-Bird, STAN

Second Team

Jordan McNamara, ORE
Marco Anzures, UCLA
Kelly Spady, WASH
Miles Unterreiner, STAN
Brendan Gregg, STAN
Danny Mercado, ORE
Ben Engelhardt, ASU

2010 First Team

Matthew Centrowitz, ORE
Michael Coe, CAL
Chris Derrick, STAN
Elliott Heath, STAN
Luke Puskedra, ORE
Shadrack Kiptoo-Biwott, ORE
Stephen Sambu, ARIZ

Second Team

A.J. Acosta, ORE
Ben Engelhardt, ASU
Danny Mercado, ORE
Erik Olson, STAN
Steve Sodaro, CAL
J.T. Sullivan, STAN
Miles Unterreiner, STAN

2011 First Team

Chris Derrick, STAN
Lawi Lalang, ARIZ
Richard Medina, COLO
Luke Puskedra, ORE
Jake Riley, STAN
Parker Stinson, ORE
Andy Wacker, COLO

Second Team

Joe Bosshard, COLO
Brendan Gregg, STAN
Collin Jarvis, CAL
Andrew Kimpel, WSU
Kent Morikawa, UCLA
Erik Olson, STAN
Christian Thompson, COLO

2012 First Team

Trevor Dunbar, ORE
Lawi Lalang, ARIZ
Joe Rosa, STAN
Stephen Sambu, ARIZ
Parker Stinson, ORE
Blake Theroux, COLO
Lane Werley, UCLA

Second Team

Hugh Dowdy, COLO
Nick Happe, ASU
Jake Hurysz, COLO
Benjamin Johnson, STAN
Martin Medina, COLO
Pierce Murphy, COLO
Aric VanHalen, COLO

2013 First Team

Edward Cheserek, ORE
Pierce Murphy, COLO
Jim Rosa, STAN
Blake Theroux, COLO
Ben Saarel, COLO
Parker Stinson, ORE
Connor Winter, COLO

Second Team

Michael Atchoo, STAN
Mac Fleet, ORE
Nick Hartle, UCLA
Ammar Moussa, COLO
Aaron Nelson, WASH
Erik Olson, STAN
Garrett Seawell, ASU

2014 First Team

Edward Cheserek, ORE
Eric Jenkins, ORE
Ammar Moussa, COLO
Pierce Murphy, COLO
Joe Rosa, STAN
Blake Theroux, COLO
Connor Winter, COLO

Second Team

Michael Atchoo, STAN
Tyler King, WASH
Maksim Korolev, STAN
Sean McGorty, STAN
Aaron Nelson, WASH
Ben Saarel, COLO
Chris Walden, CAL

PAC-12 MEN'S CROSS COUNTRY

2015 First Team

Edward Cheserek, ORE
John Dressel, COLO
Sean McGorty, STAN
Ammar Moussa, COLO
Pierce Murphy, COLO
Lane Werley, UCLA
Izaic Yorks, WASH

Second Team

Grant Fisher, STAN
Travis Neuman, ORE
Morgan Pearson, COLO
Joe Rosa, STAN
Chris Walden, CAL
John Whelan, WSU
Michael Williams, WSU

2016 First Team

Edward Cheserek, ORE
Grant Fisher, STAN
Ben Saarel, COLO
Zach Perrin, COLO
Ferdinand Edman, UCLA
John Dressel, COLO
Sean McGorty, STAN

Second Team

Thomas Ratcliffe, STAN
Ryan Forsyth, COLO
Jonah Diaz, UCLA
Collin Burke, UCLA
Austin O'Neil, UCLA
Travis Neuman, ORE
Garrett Sweatt, STAN

2017 First Team

Robert Brandt, Jr., UCLA
Steven Fahy, Jr., STAN
Grant Fisher, Jr., STAN
Ryan Forsyth, Jr., COLO
Joe Klecker, So., COLO
Mahmoud Moussa, Jr., WASH
Alex Ostberg, So., STAN

Second Team

Garrett Corcoran, Sr., CAL
Andrew Gardner, Sr., WASH
Eduardo Herrera, Fr., COLO
Adam Peterman, Sr., COLO
Garrett Reynolds, So., UCLA
Cooper Teare, Fr., ORE
Chandler Teigen, Jr., WSU

2018 First Team

Grant Fisher, Sr., STAN
Talon Hull, So., WASH
Joe Klecker, Jr., COLO
Alex Ostberg, Jr., STAN
Alek Parsons, So., STAN
Cooper Teare, So., ORE
Chandler Teigen, Sr., WSU

Second Team

Tanner Anderson, Jr., WASH
Callum Bolger, So., STAN
Colin Burke, Jr., UCLA
John Dressel, Jr., COLO
Ryan Forsyth, Sr., COLO
Jackson Mestler, Jr., ORE
Tibebu Proctor, So., WASH

2019 First Team

Robert Brandt, Sr., UCLA
Kashon Harrison, Fr., COLO
Andrew Jordan, Sr., WASH
Joe Klecker, Sr., COLO
Alex Ostberg, Sr., STAN
Thomas Ratcliffe, Jr., STAN
Cooper Teare, Jr., ORE

Second Team

Colin Burke, Sr., UCLA
John Dressel, Sr., COLO
Eduardo Herrera, Jr., COLO
Alec Hornecker, Jr., COLO
Jackson Mestler, Jr., ORE
Garrett Reynolds, Sr., UCLA
James West, Sr., ORE

PAC-12

ALL-ACADEMIC

1990 First Team

Colden Baxter, ORE
Kendall Fink, ASU
Jeff Green, WASH
Patrick Johnson, WASH
Dave Scudamore, STAN
Bernard Semler, ARIZ
Tye Van Schoiack, ORE

Second Team

Brett Allsop, STAN
Shawn Anderson, WASH
Tyler Anderson, WASH
Bennie Cravatt, STAN
Mike Kramer, WSU
Kirk Nelson, WASH
Jamie Nordstrom, WSU

1991 First Team

Bennie Cravatt, STAN
Alan Foster, ORE
E.J. Guo, WSU
Greg Metcalf, WASH
Dave Scudamore, STAN
Tye Van Schoiack, ORE
Gary Stolz, STAN

Second Team

Alex Accetta, STAN
Derek Bork, STAN
Kevin Guiberson, WSU
Andy Maris, ORE
Mike Reilly, STAN
Bernard Semler, ARIZ
Bard Zajac, WASH

1992 First Team

Colden Baxter, ORE
John Dimoff, ORE
Mike Kirkendall, WASH
Neil Panchen, WASH
Mike Reilly, STAN
Bernard Semler, ARIZ
Gary Stolz, STAN

Second Team

Derek Bork, STAN
Kirk Bronander, ARIZ
Bryon DeVore, UCLA
Creighton Harris, UCLA
Todd Lewis, STAN
Brian McCaffery, STAN
Jamie Nordstrom, WSU

1993 First Team

Sam Alexander, WASH
Richie Boulet, CAL
John Dimoff, ORE
Creighton Harris, UCLA
Jeffrey Haynes, ARIZ
George Loucaides, WSU
Gary Stolz, STAN

Second Team

Kirk Bronander, ARIZ
Rick Cantwell, ORE
Todd Lewis, STAN
Joe Mineiro, CAL
Rob Reeder, STAN
Erik Strachan, ASU
Andrew Wyman, WASH

1994 First Team

Sam Alexander, WASH
Richie Boulet, CAL
Jeff Haynes, ARIZ
Greg Jimmerson, STAN
George Loucaides, WSU
Jon Pillow, ARIZ
Rob Reeder, STAN

Second Team

Mark Douglas, CAL
Neil Hanson, WASH
Nick Pavach, WASH
Andrew Cowgill, STAN
Andy Wyman, WASH
Bard Zajac, WASH
Bryan Zmijewski, STAN

1995 First Team

Richie Boulet, CAL
Maragarito Casillas, ARIZ
Mark Fadil, STAN
Steve Hatzenbeler, WASH
Greg Jimmerson, STAN
George Loucaides, WSU
Jon Pillow, ARIZ

Second Team

Travis Anderson, ASU
Rick Cantwell, ORE
Neil Hanson, WASH
Jeff Haynes, ARIZ
Gavin MacCluer, WASH
Ari Rodriguez, ASU
Andy Wyman, WASH

1996 First Team

Daniel Das Neves, ORE
Greg Jimmerson, STAN
Gavin MacCluer, WASH
Jason Perscheid, STAN
Jon Pillow, ARIZ
Robert Reeder, STAN
Chad Wenger, ARIZ

Second Team

Jason Balkman, STAN
Dan Hilton, WASH
David Jungk, WSU
Luther Kopf, ARIZ
John Lunn, STAN
Michael Prindiville, STAN
Jonathan Weldon, STAN

1997 First Team

Jason Balkman, STAN
Daniel Das Neves, ORE
Peter Gilmore, CAL
Jason Lunn, STAN
Jake Maas, STAN
Chris Maier, CAL
Jonathon Murray, WSU

Second Team

Christian Belz, WASH
Margarito Casillas, ARIZ
Tom Hildrum, WASH
Chris Lundstrom, STAN
Simon Mudd, CAL
David Schruth, WASH
Jonathan Weldon, STAN

1998 First Team

Jason Balkman, STAN
Jake Mass, STAN
Chris Maier, CAL
Christian Belz, WASH
Micah Davis, ORE
Jonathan Weldon, STAN
Thomas Murley, STAN

Second Team

Bolota Asmerom, CAL
David Bazzi, WASH
Tom Hildrum, WASH
Steve Immel, CAL
Micheil Jones, ARIZ
Chris Lundstrom, STAN
Oliver Wirz, ORE

1999 First Team

Michael Cramer, ARIZ
Steve Fein, ORE
Peter Gilmore, CAL
Tom Hildrum, WASH
Jake Maas, STAN
Thomas Murley, STAN
Brett Pederson, ARIZ

Second Team

Scott Abbott, UCLA
Bolota Asmerom, CAL
Fasil Bizuneh, ASU
Jason Cadman, WASH
Sam Hill, ORE
Gabe Jennings, STAN
Micheil Jones, ARIZ

2000 First Team

Scott Abbott, UCLA
Adam Bergquist, ORE
Garrett Jensen, ASU
Scott Johnson, WSU
Nick Martin, CAL
Thomas Murley, STAN
Adam Tenforde, STAN

Second Team

Chris Coffee, CAL
John Collin, CAL
Martin Conrad, CAL
Michael Cramer, ARIZ
Bryan Green, UCLA
Nate Stoll, STAN
Jonathan Welsh, WSU

PAC-12 MEN'S CROSS COUNTRY

2001 First Team

Mark Anderson, ARIZ
Ryan Andrus, ORE
Adam Berquist, ORE
Michael Cramer, ARIZ
Bryan Green, UCLA
Scott Johnson, WSU
Joe Urbanski, STAN

Second Team

Fasil Bizuneh, ASU
Carlos Carballo, CAL
J.R. Cox, ASU
Ian Johnson, WSU
Nick Martin, CAL
Seth Neumuller, UCLA
Donald Sage, STAN

2002 First Team

Ryan Andrus, ORE
Mark Anderson, ARIZ
Ryan Andrus, ORE
John Burke, CAL
Martin Conrad, CAL
Kevin Engelhardt, ARIZ
Andrew Hill, STAN
Ian Johnson, WSU
Craig Pansing, ARIZ
Aaron Powell, ARIZ
Adam Tenforde, STAN

Second Team

Todd Arnold, WASH
Kyle Barker, WSU
Carlos Carballo, CAL
Neil Davis, STAN
Ian Dobson, STAN
Michael Heidt, WSU
John Lucas, ORE
Jeremy Rasmussen, ASU
Grant Robison, STAN
Donald Sage, STAN

2003 First Team

Shane Ahlers, ORE
Ryan Andrus, ORE
Jonathan Balzer, CAL
Travis Boyd, WASH
Jeremy Cramer, ASU
Andy Fader, WASH
Ryan Freimuth, WSU
Ian Johnson, WSU
John Lucas, ORE
Adam Tenforde, STAN

Second Team

Todd Arnold, WASH
Neil Davis, STAN
Ian Dobson, STAN
Erik Emilsson, UCLA
Chad Galbreath, UCLA
Michael Heidt, WSU
Brett Holts, ORE
Eric Logsdon, ORE
Mark Mandi, WASH
Ryan Warrenburg, ASU

2004 First Team

Dan Blomgren, CAL
Travis Boyd, WASH
Kal Clark, ASU
Jeremy Cramer, ASU
Kevin Engelhardt, ARIZ
Ryan Freimuth, WSU
Aaron Powell, ARIZ
Robert Smitson, STAN
Alec Wall, ORE
Ryan Warrenburg, ASU

Second Team

Erik Emilsson, UCLA
Andy Fader, WASH
Daniel Frederick, WSU
Alex Grant, WSU
Michael Heidt, WSU
Jon Hickey, WASH
Andrew Jones, WSU
Griffin Lee, ASU
Mark Mandi, WASH
Forrest Tahdoahnippah,
STAN

2005 First Team

Travis Boyd, WASH
Chris Chavez, CAL
Kal Clark, ASU
Jeremy Cramer, ASU
Ryan Freimuth, WSU
Griffin Lee, ASU
Christopher Ogle, ARIZ
Drew Polley, WSU
Forrest Tahdoahnippah,
STAN
Ryan Warrenburg, ASU

Second Team

Neftalem Araia, STAN
Andy Fader, WASH
Woody Favinger, WSU
Mark Mandi, WASH
Mike McGrath, ORE
Kevin Peters, WASH
Vellibor Radejovic, ASU
Eric Roberts, CAL
Drew Shackleton, UCLA
Kyle Shackleton, UCLA

2006 First Team

Christopher Chavez, CAL
Kal Clark, ASU
Woody Favinger, WSU
Garrett Heath, STAN
Chris Ogle, ARIZ
Galen Rupp, ORE
Drew Shackleton, UCLA
Kyle Shackleton, UCLA
Forrest Tahdoahnippah,
STAN
Scott Wall, ORE

Second Team

Neftalem Araia, STAN
Travis Boyd, WASH
David Gott, ASU
Joey Heller, ASU
Mark Matusak, CAL
Mike McGrath, ORE
Jeremy Mineau, WASH
Kevin Peters, WASH
Drew Polley, WSU
Mike Sayenko, WASH

2007 First Team

Evan Blanshan, WSU
Christopher Chavez, CAL
Mathew Cravens, ORE
Ben Engelhardt, ASU
Garrett Heath, STAN
Drew Polley, WSU
Galen Rupp, ORE
Drew Shackleton, UCLA
Kyle Shackleton, UCLA
Scott Wall, ORE

Second Team

Neftalem Araia, STAN
Riley Booker, WASH
Russell Brown, STAN
Michael Garcia, STAN
Daniel Geib, WSU
Alex Grant, WSU
Mark Matusak, CAL
Mike McGrath, ORE
Hari Mix, STAN
Chris Mocko, STAN

2008 First Team

Evan Blanshan, WSU
Reed Blochberger, ARIZ
Garrett Heath, STAN
Jeremy Mineau, WASH
Thomas Peterson, ASU
Drew Polley, WSU
Galen Rupp, ORE
Drew Shackleton, UCLA
Jordan Swarthout, WASH
Scott Wall, ORE

Second Team

Chris Ahl, WASH
Ben Engelhardt, ASU
Matt Hansdavid Miller, CAL
Jon Harding, WASH
Kari Karlsson, CAL
Daniel Lovell, ASU
Jordan Mara, ARIZ
Mark Matusak, CAL
Hari Mix, STAN
Chris Mocko, STAN

2009 First Team

Chris Derrick, STAN
Ben Engelhardt, ASU
Justin Englund, WSU
Ben Jankunas, ASU
Cameron Liston, ASU
Jordan Mara, ARIZ
Matthew Miller, CAL
Justin Reed, STAN
Jordan Swarthout, WASH
Miles Unterreiner, STAN

Second Team

Marco Anzures, UCLA
Brandon Bethke, ASU
Matt Boughton, ASU
Maxime Chevee, CAL
Alex Crabill, UCLA
Collin Eckelman, ASU
Elliott Heath, STAN
Daniel Lovell, ASU
Justin Marpole-Bird, STAN
Luke Puskedra, ORE

2010 First Team

Ben DeJarnette, ORE
Chris Derrick, STAN
Ben Engelhardt, ASU
Justin Englund, WSU
Nick Happe, ASU
Elliott Heath, STAN
Jordan Mara, ARIZ
Steven Schnieders,
Jordan Swarthout, WASH
Miles Unterreiner, STAN

Second Team

Andrew Berberick, STAN
Ramsey Chapin, STAN
Maxime Chevee, CAL
Tim Costin, ORE
Andrew Gonzales, WSU
Kevin Havell, STAN
Daniel Lovell, ASU
Rory McLeod, ARIZ
Ken Scoggins, ORE
Doug Smith, ASU

2011 First Team

Garrett Baker-Slama, ASU
Ben DeJarnette, ORE
Chris Derrick, STAN
Justin Englund, WSU
Nick Happe, ASU
Rory McLeod, ARIZ
Matthew Miller, CAL
Steven Schnieders, ASU
Miles Unterreiner, STAN
Patrick Zacharias, ARIZ

Second Team

Matt Biegner, COLO
Matt Boughton, ASU
Joey Bywater, WASH
Maxime Chevee, CAL
Tim Costin, ORE
Andrew Gonzales, WSU
Alec Govi, UCLA
Benjamin Johnson, STAN
Steve Kasica, COLO
Doug Smith, ASU

2012 First Team

Garrett Baker-Slama, ASU
Ben DeJarnette, ORE
Nick Happe, ASU
Benjamin Johnson, STAN
Rory McLeod, ARIZ
Jerome Perkins, COLO
Steven Schnieders, ASU
Miles Unterreiner, STAN
Josh Walker, ASU
Jacob Wood, UCLA

Second Team

Matt Biegner, COLO
Kenji Bierig, ARIZ
Tim Costin, ORE
Drew Jordan, WSU
Andrew Kimpel, WSU
Lawi Lalang, ARIZ
Matthew Melancon, ORE
Forrest Shaffer, WSU
Tyler Stutzman, STAN
Tyler Valdes, STAN

PAC-12 MEN'S CROSS COUNTRY

2013 First Team

Michael Atchoo, STAN
Garrett Baker-Slama, ASU
Marco Bertolotti, STAN
Kevin Bishop, STAN
Sean Davis, UCLA
Leland Later, CAL
Sam Macaluso, ARIZ
Steven Schnieders, ASU
Edward Trim, CAL
Jacob Wood, UCLA

Second Team

Justin Brinkley, STAN
Thomas Joyce, CAL
Lawi Lalang, ARIZ
Matthew Melancon, ORE
Blake Myers, UCLA
Morgan Pearson, COLO
Forrest Shaffer, WSU
Tyler Stutzman, STAN
Garrett Sweatt, STAN
Daniel Wong, ASU

2014 First Team

CJ Albertson, ASU
Cody Brazeal, ASU
David Emmert, COLO
Collins Kibet, ARIZ
Cameron Miller, STAN
Tanguy Pepiot, ORE
Sam Prakes, ORE
Ben Saarel, COLO
Brendan Tinoco, ARIZ
John Whelan, WSU

Second Team

William Contreras, CAL
Jackson Darland, ORE
Sean Davis, UCLA
Jackson Haselnus, WSU
Sam Macaluso, ARIZ
Matthew Melancon, ORE
Adam Peterman, COLO
Ryan Silva, STAN
Alexander Simpson, WSU
Tommy Williams, ASU

2015 First Team

Clayton Albertson, ASU
Cody Brazeal, ASU
Sean Davis, UCLA
Cameron Miller, STAN
J.P. Nelson, ASU
Ryan Normand, ASU
Sam Prakes, ORE
John Reniewicki, ASU
Cameron Tu, CAL
Samuel Willis, ARIZ

Second Team

Jackson Darland, ORE
Steven Fahy, STAN
Thomas Joyce, CAL
Jack Keelan, STAN
Matthew Melancon, ORE
John Lawson, CAL
Paul Miller, COLO
Travis Neuman, ORE
Morgan Pearson, COLO
Alex Simpson, WSU

2016 First Team

CJ Albertson, ASU
Cody Brazeal, ASU
Chandler Teigen, WSU
Garrett Corcoran, CAL
Jake Finney, WSU
Adam Peterman, COLO
Sam Prakes, ORE
John Reniewicki, ASU
Ben Saarel, COLO
Millen Trujillo, UCLA

Second Team

Kai Benedict, CAL
Colin Burke, UCLA
Steven Fahy, STAN
Grant Fisher, STAN
Jeffrey Gautreau, ARIZ
Jack Keelan, STAN
Sean McGorty, STAN
Paul Miller, COLO
Travis Neuman, ORE
Nathan Wadhvani, WSU

2017 First Team

Tai Dinger, STAN
Jake Finney, WSU
Kyler Little, WSU
Ryan Normand, ASU
Gavin Parpart, WASH
Adam Peterman, COLO
Sam Prakes, ORE
John Reniewicki, ASU
Michael Renner, ASU
Chandler Teigen, WSU

Second Team

Kai Benedict, CAL
Garrett Corcoran, CAL
Steven Fahy, STAN
Jack Keelan, STAN
Riley Kelly, UCLA
Christian Martin, COLO
Travis Neuman, ORE
Alek Parsons, STAN
Paxton Smith, COLO
Travis Thorne, ARIZ

2018 First Team

Seth Berdahl, ORE
Callum Bolger, STAN
Tai Dinger, STAN
Ben Harper, CAL
Jackson Lewis, ASU
Kyler Little, WSU
Michael Renner, ASU
Chandler Teigen, WSU
Travis Thorne, ARIZ
Millen Trujillo, UCLA

Second Team

Kai Benedict, CAL
Garrett Corcoran, CAL
Hunter Davila, ARIZ
Andy Ehrenberg, UCLA
Steven Fahy, STAN
Grant Fisher, STAN
Nikolaus Moore, CAL
Gavin Parpart, WASH
Alek Parsons, STAN
James West, ORE

2019 Sport-specific All-Academic
Teams no longer selected

PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Neftalem Araia, STAN
2008 Galen Rupp, ORE
2009 Brandon Bethke, ASU
2010 Elliott Heath, STAN
2011 Chris Derrick, STAN
2012 Nicke Happe, ASU
2013 Tyler Stutzman, STAN
2014 Sam Macaluso, ARIZ
2015 Morgan Pearson, COLO
2016 Ben Saarel, COLO
2017 Sam Prakes, ORE
2018 Grant Fisher, STAN
2019 Steven Fahy, STAN

NCAA TEAM CHAMPIONS FROM THE PAC-12

1961 OSU
1970 ORE
1973 ORE
1974 ORE
1977 ORE
1996 STAN
2001 COLO
2002 STAN
2003 STAN
2004 COLO
2006 COLO
2007 ORE
2008 ORE
2013 COLO
2014 COLO

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957 Max Truex, USC (19:12.3)
1961 Dale Story, OSU (19:46.6)
1966 Gerry Lindgren, WSU (29:01.4)
1967 Gerry Lindgren, WSU (30:45.6)
1969 Gerry Lindgren, WSU (28:59.2)
1970 Steve Prefontaine, ORE (28:00.2)
1971 Steve Prefontaine, ORE (29:14)
1973 Steve Prefontaine, ORE (28:14.8)
1976 Henry Rono, WSU (28:06.6)
1977 Henry Rono, WSU (28:33.5)
1978 Alberto Salazar, ORE (29:29.7)
1979 Henry Rono, WSU (28:19.6)
1982 Mark Scrutton, COLO (30:12.6)
1986 Aaron Ramirez, ARIZ (30:27.53)
1993 Josephat Kapkory, WSU (29:32.4)
1994 Martin Keino, ARIZ (30:08.7)
1997 Meb Keflezighi, UCLA (28:54)
1998 Adam Goucher, COLO (29:26.9)
2002 Jorge Torres, COLO (29:04.7)
2003 Dathan Ritzenhein, COLO (19:24.1)
2008 Galen Rupp, ORE (29:03.2)
2011 Lawi Lalang, ARIZ (28:44.1)
2013 Edward Cheserek, ORE (29:41.1)
2014 Edward Cheserek, ORE (30:19.4)
2015 Edward Cheserek, ORE (28:45.8)

**Race Distance 1938-64: 4 miles;
1965-75: 6 miles; 1976-2018:
10,000 meters.**

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 TEAM CHAMPIONS

1986 ORE
 1987 ORE
 1988 ORE
 1989 WASH
 1990 ORE
 1991 ORE
 1992 ORE
 1993 STAN
 1994 STAN
 1995 ORE
 1996 STAN
 1997 STAN
 1998 STAN
 1999 STAN
 2000 STAN
 2001 STAN
 2002 STAN
 2003 STAN
 2004 STAN
 2005 STAN
 2006 STAN
 2007 STAN
 2008 WASH
 2009 WASH
 2010 STAN
 2011 COLO
 2012 ORE
 2013 ARIZ
 2014 ORE
 2015 COLO
 2016 COLO
 2017 COLO
 2018 ORE
 2019 STAN

PAC-12 TITLES BY TEAM

16 STANFORD
 10 OREGON
 4 COLORADO
 3 WASHINGTON
 1 ARIZONA

PAC-12 CHAMPIONSHIP RESULTS

1986 (Stanford, Calif.)

1. ORE 61
 2. UCLA 78
 3. STAN 84
 4. ARIZ 99
 5. ASU 121
 6. WSU 129
 7. CAL 146
 8. OSU 207
 9. WASH 212

1987 (Stanford, Calif.)

1. ORE 29
 2. UCLA 64
 3. WSU 91
 4. ASU 123
 5. STAN 123
 6. CAL 142
 7. WASH 159
 8. ARIZ 177
 9. OSU 254

1988 (Stanford, Calif.)

1. ORE 43
 2. UCLA 75
 3. CAL 77
 4. WSU 114
 5. ARIZ 120
 6. WASH 143
 7. STAN 155
 8. ASU 178
 9. OSU 272

1989 (Stanford, Calif.)

1. WASH 65
 2. WSU 79
 3. ORE 83
 4. UCLA 110
 5. ARIZ 127
 6. STAN 134
 7. ASU 142
 8. CAL 154

1990 (Stanford, Calif.)

1. ORE 56
 2. WASH 61
 3. ARIZ 87
 4. WSU 110
 5. UCLA 119
 6. CAL 131
 7. STAN 160
 8. ASU 182
 9. USC 283

1991 (Stanford, Calif.)

1. ORE 38
 2. ARIZ 58
 3. WASH 75
 4. UCLA 110
 5. ASU 127
 6. STAN 150
 7. WSU 166
 8. CAL 182
 9. USC 268

1992 (Stanford, Calif.)

1. ORE 58
 2. WASH 73
 3. ARIZ 82
 4. STAN 95
 5. UCLA 122
 6. WSU 141
 7. ASU 144
 8. CAL 163
 9. USC 285

1993 (Stanford, Calif.)

1. STAN 55
 2. ARIZ 65
 3. UCLA 71
 4. ORE 78
 5. WASH 106
 6. CAL 146
 7. ASU 204
 8. WSU 209
 9. USC 267

1994 (Stanford, Calif.)

1. STAN 57
 2. ORE 74
 3. ARIZ 82
 4. WASH 83
 5. UCLA 84
 6. WSU 141
 7. CAL 166
 8. ASU 230
 9. USC 261

1995 (Stanford, Calif.)

1. ORE 55
 2. ARIZ 60
 3. STAN 61
 4. WASH 92
 5. UCLA 115
 6. CAL 161
 7. WSU 170
 8. USC 208
 9. ASU 278

1996 (Stanford, Calif.)

1. STAN 38
 2. WASH 82
 3. ARIZ 92
 4. UCLA 116
 5. ORE 126
 6. USC 149
 7. WSU 169
 8. CAL 155
 9. ASU 216

1997 (Stanford, Calif.)

1. STAN 36
 2. ORE 72
 WASH 72
 4. UCLA 127
 5. ARIZ 148
 6. USC 153
 7. WSU 163
 8. CAL 183
 9. ASU 190

1998..... (Eugene, Ore.)

1. STAN 53
 2. WASH 74
 3. ARIZ 92
 4. ASU 122
 5. ORE 125
 6. WSU 154
 7. USC 166
 8. UCLA 167
 9. CAL 176

1999 (Long Beach, Calif.)

1. STAN 32
 2. ASU 62
 3. WASH 70
 4. UCLA 98
 5. ARIZ 119
 6. ORE 135
 7. WSU 205
 8. USC 228
 CAL 228

2000 (Seattle, Wash.)

1. STAN 51
 2. ASU 67
 3. ARIZ 79
 4. WASH 83
 5. WSU 124
 6. UCLA 134
 7. ORE 140
 8. USC 226
 9. CAL 254

2001 (Scottsdale, Ariz.)

1. STAN 27
 2. ARIZ 64
 3. ASU 79
 4. UCLA 107
 5. WASH 109
 6. WSU 155
 7. USC 168
 8. ORE 210
 9. CAL 259

2002 (Pasadena, Calif.)

1. STAN 23
 2. ASU 59
 3. WASH 79
 4. UCLA 86
 5. ORE 134
 6. WSU 197
 7. USC 202
 8. CAL 208
 9. ARIZ 242

2003 (Pullman, Wash.)

1. STAN 22
 2. ASU 78
 3. UCLA 79
 4. WASH 123
 5. ORE 161
 6. ARIZ 179
 7. USC 185
 8. WSU 187
 9. CAL 202

2004 (San Francisco, Calif.)

1. STAN 30
 2. ASU 47
 3. WASH 100
 4. UCLA 102
 5. WSU 171
 6. ARIZ 180
 7. ORE 182
 8. USC 233
 9. CAL 237
 10. OSU 238

2005 (Tucson, Ariz.)

1. STAN 34
 2. ASU 40
 3. ORE 86
 4. WASH 111
 5. WSU 159
 6. UCLA 162
 7. CAL 188
 8. OSU 190
 9. ARIZ 208
 10. USC 309

2006 (Stanford, Calif.)

1. STAN 22
 2. ASU 51
 3. WASH 96
 4. ORE 103
 5. UCLA 121
 6. WSU 156
 7. ARIZ 206
 8. OSU 217
 9. CAL 260
 10. USC 323

PAC-12 WOMEN'S CROSS COUNTRY

2007 (Crovallis, Ore.)

1. STAN	48
2. ORE	64
3. ASU	68
WASH	68
5. WSU	136
6. ARIZ	188
7. OSU	197
8. USC	215
9. CAL	237
10. UCLA	248

2008 (Eugene, Ore.)

1. WASH	15
2. ORE	55
3. STAN	99
4. ASU	105
5. WSU	188
6. OSU	192
7. ARIZ	199
8. CAL	209
9. USC	212
10. UCLA	271

2009 (Long Beach, Calif.)

1. WASH	35
2. ORE	42
3. ASU	110
4. STAN	111
5. CAL	128
6. ARIZ	130
7. UCLA	207
8. OSU	239
9. USC	250
10. WSU	251

2010 (Seattle, Wash.)

1. STAN	62
2. ARIZ	65
3. ORE	68
3. WASH	68
5. CAL	132
6. UCLA	165
7. ASU	188
8. OSU	245
9. WSU	252
10. USC	257

2011 (Litchfield Park, Ariz.)

1. COLO	50
2. WASH	73
3. STAN	75
4. ORE	89
5. ARIZ	104
6. ASU	168
7. CAL	190
8. UTAH	205
9. OSU	249
10. UCLA	288
11. WSU	291
12. USC	384

2012 (Santa Clarita, Calif.)

1. ORE	47
2. ARIZ	69
3. STAN	82
4. WASH	92
5. COLO	124
6. UCLA	172
7. UTAH	200
8. CAL	209
9. ASU	210
10. USC	295
11. OSU	305
12. WSU	308

2013 (Louisville, Colo.)

1. ARIZ	69
2. COLO	75
3. WASH	111
4. ORE	113
5. STAN	129
6. ASU	138
7. UCLA	173
8. UTAH	207
9. CAL	213
10. WSU	260
11. OSU	269
12. USC	346

2014 (Oakland, Calif.)

1. ORE	54
2. STAN	74
3. COLO	82
4. WASH	93
5. UCLA	143
6. ASU	158
7. CAL	185
8. ARIZ	200
9. UTAH	241
10. WSU	246
11. USC	336
12. OSU	342

2015 (Cofax, Wash.)

1. COLO	45
2. ORE	51
3. STAN	80
4. WASH	92
5. UTAH	149
6. ASU	162
7. CAL	241
8. ARIZ	237
9. UCLA	241
10. WSU	262
11. OSU	321
12. USC	361

2016 (Tucson, Ariz.)

1. COLO	33
2. WASH	74
3. STAN	83
4. ORE	88
5. UTAH	169
6. CAL	184
7. UCLA	201
8. ARIZ	204
9. OSU	224
10. ASU	236
11. WSU	304
12. USC	375

2017 (Springfield, Ore.)

1. COLO	53
2. ORE	71
3. STAN	71
4. WASH	128
5. CAL	132
6. UTAH	146
7. ARIZ	186
8. UCLA	221
9. ASU	232
10. WSU	259
11. OSU	263
12. USC	DNP

2018 (Stanford, Calif.)

1. ORE	32
2. COLO	48
3. STAN	81
4. WASH	123
5. UCLA	158
6. OSU	173
7. UTAH	191
8. WSU	249
9. ASU	250
10. ARIZ	251
11. CAL	277
12. USC	376

2019 (Monmouth, Ore.)

1. STAN	27
2. WASH	55
3. UTAH	86
4. COLO	89
5. ORE	115
6. ARIZ	191
7. OSU	197
8. UCLA	217
9. CAL	241
10. WSU	250
11. ASU	318
12. USC	400

PAC-12 INDIVIDUAL CHAMPIONS

1986	Penny Graves, ORE (16:51.7)
1987	Annette Hand, ORE (16:44.0)
1988	Liz Wilson, ORE (17:06)
1989	Jennifer Robertson, WSU (16:53)
1990	Liz Wilson, ORE (16:52)
1991	Lisa Karnopp, ORE (16:48)
1992	Nicole Woodward, ORE (16:51)
1993	Karen Hecox, UCLA (16:43)
1994	Karen Hecox, UCLA (17:00)
1995	Amy Skieresz, ARIZ (16:45)
1996	Amy Skieresz, ARIZ (16:36)
1997	Amy Skieresz, ARIZ (16:40)
1998	Amy Skieresz, ARIZ (16:59)
1999	Erin Sullivan, STAN (17:01)
2000	Tara Chaplin, ARIZ (20:10)*
2001	Lauren Fleshman, STAN (20:08)
2002	Sara Bei, STAN (19:48)
2003	Sara Bei, STAN (21:12)
2004	Amy Hastings, ASU (20:19)
2005	Arianna Lambie, STAN (20:20)
2006	Arianna Lambie, STAN (20:15)
2007	Arianna Lambie, STAN (19:40)
2008	Kendra Schaaf, WASH (19:24)
2009	Nicole Blood, ORE (19:41)
2010	Jordan Hasay, ORE (19:45)
2011	Katie Flood, WASH (19:32)
2012	Kathy Kroeger, STAN (20:06)
2013	Aisling Cuffe, STAN (21:04)
2014	Shelby Houlihan, ASU (19:59)
2015	Aisling Cuffe, STAN (19:53)
2016	Amy-Eloise Neale, WASH (20:22.9)
2017	Dani Jones, COLO (18:57.3)
2018	Dani Jones, COLO (19:24.5)
2019	Fiona O'Keeffe, STAN (19:32.7)

* - First year in which course distance increased from 5,000 meters to 6,000 meters.

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 ATHLETE OF THE YEAR

1986 Penny Graves, ORE
 1987 Annette Hand, ORE
 1988 Penny Graves, ORE
 1989 Jennifer Robertson, WSU
 1990 Liz Wilson, ORE
 1991 Lisa Karnopp, ORE
 1992 Louise Watson, STAN
 1993 Karen Hecox, UCLA
 1994 Karen Hecox, UCLA
 1995 Amy Skieresz, ARIZ
 1996 Amy Skieresz, ARIZ
 1997 Amy Skieresz, ARIZ
 1998 Amy Skieresz, ARIZ
 1999 Erin Sullivan, STAN
 2000 Lisa Aguilera, ASU
 2001 Tara Chaplin, ARIZ
 2002 Alicia Craig, STAN
 2003 Sara Bei, STAN
 2004 Amy Hastings, ASU
 2005 Arianna Lambie, STAN
 2006 Arianna Lambie, STAN
 2007 Arianna Lambie, STAN
 2008 Kendra Schaaf, WASH
 2009 Kendra Schaaf, WASH
 2010 Jordan Hasay, ORE
 2011 Jordan Hasay, ORE
 2012 Jordan Hasay, ORE
 2013 Aisling Cuffe, STAN
 2014 Shelby Houlihan, ASU
 2015 Aisling Cuffe, STAN
 2016 Amy-Eloise Neale, WASH
 2017 Dani Jones, COLO
 2018 Dani Jones, COLO
 2019 Fiona O'Keeffe, STAN

PAC-12 NEWCOMER/FRESHMAN OF THE YEAR

** beginning 2014, only athletes with freshman eligibility were eligible for the award.*

1999 Erin Sullivan, STAN
 2000 Victoria Chang, STAN
 2001 Sara Bei, STAN
 2002 Jessica Scalzo, ASU
 2003 Arianna Lambie, STAN
 2004 Teresa McWalters, STAN
 2005 Tori Tyler, WASH
 2006 Ali KIELTY, ASU
 2007 Alexandra Kosinski, ORE
 2008 Christine Babcock, WASH
 2009 Jordan Hasay, ORE
 2010 Katie Flood, WASH
 2011 Shelby Houlihan, ASU
 2012 Cayla Hatton, STAN (co)
 Allie Woodward, ORE (co)
 2013 Kayla Beattie, ARIZ
 2014 Elise Cranny, STAN
 2015 Carolina Johnson, UCLA
 2016 Katie Rainsberger, ORE
 2017 Brie Oakley, CAL
 2018 Holly Bent, COLO
 2019 Mel Smart, WASH

PAC-12 COACH OF THE YEAR

1986 Tom Heinonen, ORE
 1987 Tom Heinonen, ORE
 1988 Tom Heinonen, ORE
 1989 Mike Johnson, WASH
 1990 Tom Heinonen, ORE
 1991 Tom Heinonen, ORE
 1992 Mike Johnson, WASH
 1993 Vin Lananna, STAN
 1994 Vin Lananna, STAN
 1995 Tom Heinonen, ORE
 1996 Vin Lananna, STAN
 Beth Alford-Sullivan, STAN
 1997 Vin Lananna, STAN
 Beth Alford-Sullivan, STAN
 1998 Beth Alford-Sullivan, STAN
 1999 Walt Drenth, ASU
 2000 Walt Drenth, ASU
 2001 Vin Lananna, STAN
 2002 Vin Lananna, STAN
 2003 Dena Evans, STAN
 2004 Dena Evans, STAN
 2005 Peter Tegen, STAN
 2006 Peter Tegen, STAN
 2007 Peter Tegen, STAN
 2008 Greg Metcalf, WASH
 2009 Greg Metcalf, WASH
 2010 James Li, ARIZ
 2011 Greg Metcalf, WASH
 2012 Robert Johnson
 2013 James Li, ARIZ
 2014 Robert Johnson, ORE
 2015 Mark Wetmore, COLO
 2016 Mark Wetmore, COLO
 2017 Mark Wetmore, COLO
 2018 Robert Johnson, ORE
 2019 J.J. Clark, STAN

PAC-12 ALL-CONFERENCE

1999 First Team
 Erin Sullivan, STAN
 Sally Glynn, STAN
 Lauren Fleshman, STAN
 Lisa Aguilera, ASU
 Anna Aoki, WASH
 Kate Vermeulen, UCLA

Second Team
 Tara Chaplin, ARIZ
 Melinda Campbell, WASH
 Colleen Burke, ASU
 Kelly MacDonald, ASU
 Jen Schindler, WASH
 Mary Huang, STAN

2000 First Team
 Tara Chaplin, ARIZ
 Lisa Aguilera, ASU
 Lauren Fleshman, STAN
 Camissa Matson, WASH
 Victoria Chang, STAN
 Elena Villarreal, STAN

Second Team
 Mary Duerbeck, ASU
 Katrin Engelen, ARIZ
 Hanna Smedstad, ORE
 Kate Bradshaw, WASH
 Ryan Gilmore, WSU
 Katie Nuanes, UCLA

2001 First Team
 Lauren Fleshman, STAN
 Sara Bei, STAN
 Tara Chaplin, ARIZ
 Evelyn Lagat, WSU
 Alicia Craig, STAN
 Lisa Gibbs, WASH

Second Team
 Lisa Aguilera, ASU
 Mariel Ettinger, STAN
 Brianna Torres, ASU
 Kelly MacDonald, ASU
 Erin Sullivan, STAN
 Beth Hoge, ARIZ

2002 First Team
 Sara Bei, STAN
 Lauren Fleshman, STAN
 Lena Nilsson, UCLA
 Alicia Craig, STAN
 Malindi Elmore, STAN
 Jessica Scalzo, ASU

Second Team
 Courtney Inman, WASH
 Carrie Zografos, ORE
 Alejandra Barrientos, UCLA
 Amy Hastings, ASU
 Erin Sullivan, STAN
 Desiree Davilla, ASU

2003 First Team
 Sara Bei, STAN
 Alicia Craig, STAN
 Arianna Lambie, STAN
 Amy Hastings, ASU
 Magdalena Sandoval, ORE
 Katy Trotter, STAN
 Valerie Flores, UCLA

Second Team
 Iryna Vashchuk, USC
 Ingwill Makedstad, WASH
 Amanda Trotter, STAN
 Anna Masinelli, ASU
 Desiree Davila, ASU
 Bridget Duffy, CAL
 Ashley Caldwell, UCLA

2004 First Team
 Amy Hastings, ASU
 Alicia Craig, STAN
 Anita Siraki, STAN
 Laura Harmon, ORE
 Desiree Davila, ASU
 Amanda Trotter, STAN
 Dallon Williams, WASH

Second Team
 Katy Trotter, STAN
 Victoria Jackson, ASU
 Iryna Vashchuk, USC
 Teresa McWalters, STAN
 Jeane Goff, STAN
 Anna Masinelli, ASU
 Lauren Centrowitz, STAN

2005 First Team
 Arianna Lambie, STAN
 Amy Hastings, ASU
 Lindsay Flacks, STAN
 Ashley Caldwell, UCLA
 Teresa McWalters, STAN
 Haley Paul, WSU
 Anna Masinelli, ASU

Second Team
 Tori Tyler, WASH
 Jenna Kingma, ASU
 Victoria Jackson, ASU
 Lauren Centrowitz, STAN
 Rachel Ellison, ASU
 Katie Leary, ORE
 Amanda Trotter, STAN

2006 First Team
 Arianna Lambie, STAN
 Kathleen Trotter, STAN
 Amanda Trotter, STAN
 Teresa McWalters, STAN
 Cassie Rios, ASU
 Amy Lia, WASH
 Brooke Bennett, ASU

Second Team
 Allie Bohannon, UCLA
 Anita Campbell, WASH
 Jenna Kingma, ASU
 Haley Paul, WSU
 Lauren Centrowitz, STAN
 Ali KIELTY, ASU
 Zoe Nelson, ORE

2007 First Team
 Arianna Lambie, STAN
 Teresa McWalters, STAN
 Alexandra Kosinski, ORE
 Nicole Blood, ORE
 Jenna Kingma, ASU
 Anita Campbell, WASH
 Ali KIELTY, ASU

Second Team
 Isley Gonzalez, WSU
 Katie Follett, WASH
 Lauren Centrowitz, STAN
 Sarah Cocco, USC
 Kari Hardt, ASU
 Marie Lawrence, WASH
 Kate Niehaus, STAN

2008 First Team
 Kendra Schaaf, WASH
 Marie Lawrence, WASH
 Christine Babcock, WASH
 Anita Campbell, WASH
 Katie Follett, WASH
 Amanda Miller, WASH
 Lindsey Scherf, ORE

Second Team
 Nicole Blood, ORE
 Kari Hardt, ASU
 Ali KIELTY, ASU
 Alex Kosinski, ORE
 Lauren Saylor, WASH
 Laurynne Chetelat, STAN
 Melissa Grelli, ORE

PAC-12 WOMEN'S CROSS COUNTRY

2009 First Team

Nicole Blood, ORE
Kendra Schaaf, WASH
Jordan Hasay, ORE
Marie Lawrence, WASH
Christine Babcock, WASH
Deborah Maier, CAL
Kari Hardt, ASU

Second Team

Katie Follett, WASH
Alex Kosinski, ORE
Alexandra Gits, STAN
Stephanie Marcy, STAN
Claire Michel, ORE
Shannon Murakami, UCLA
Mattie Callahan, ARIZ

2010 First Team

Jennifer Bergman, ARIZ
Katie Flood, WASH
Jordan Hasay, ORE
Alex Kosinski, ORE
Kathy Kroeger, STAN
Deborah Maier, CAL
Stephanie Marcy, STAN

Second Team

Zsofia Erdelyi, USC
Elvin Kibet, ARIZ
Marie Lawrence, WASH
Megan Meyer, ARIZ
Hannah Moen, ARIZ
Lindsay Prescott, ASU
Jessica Tonn, STAN

2011 First Team

Jennifer Bergman, ARIZ
Emma Coburn, COLO
Katie Flood, WASH
Jordan Hasay, ORE
Shalaya Kipp, COLO
Kathy Kroeger, STAN
Stephanie Marcy, STAN

Second Team

Christine Babcock, WASH
Rachel Baptista, COLO
Lara Darco, COLO
Shelby Houlihan, ASU
Elvin Kibet, ARIZ
Amanda Mergaert, UTAH
Jessica Tonn, STAN

2012 First Team

Jennifer Bergman, ARIZ
Jordan Hasay, ORE
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Amanda Mergaert, UTAH
Alexi Pappas, ORE
Allie Woodward, ORE

Second Team

Aisling Cuffe, STAN
Lindsay Flanagan, WASH
Megan Goethals, WASH
Shelby Houlihan, ASU
Shalaya Kipp, COLO
Kelsey Sanisteban, CAL
Jessica Tonn, STAN

2013 First Team

Kayla Beattie, ARIZ
Nicci Corbin, ARIZ
Aisling Cuffe, STAN
Shelby Houlihan, ASU
Elvin Kibet, ARIZ
Kelsey Santisteban, CAL
Kelsey Smith, UCLA

Second Team

Erin Clark, COLO
Katie Flood, WASH
Shalaya Kipp, COLO
Melanie Nun, COLO
Jessica Tonn, STAN
Carrie Verdon, COLO
Rebekah Winterton, UTAH

2014 First Team

Maddie Alm, COLO
Frida Berge, ORE
Erin Clark, COLO
Elise Cranny, STAN
Shelby Houlihan, ASU
Bethan Knights, CAL
Maddie Meyers, WASH

Second Team

Alli Cash, ORE
Emma Fisher, STAN
Molly Grabill, ORE
Molly McNamara, STAN
Waverly Neer, ORE
Abby Regan, WSU
Kelsey Smith, UCLA

2015 First Team

Kaitlyn Brenner, COLO
Alli Cash, ORE
Erin Clark, COLO
Aisling Cuffe, STAN
Maddie Meyers, WASH
Waverly Neer, ORE
Melanie Nun, COLO

Second Team

Maddie Alm, COLO
Frida Berge, ORE
Vanessa Fraser, STAN
Molly Grabill, ORE
Carolina Johnson, UCLA
Hannah McInturff, UTAH
Marissa Williams, CAL

2016 First Team

Kaitlyn Benner, COLO
Erin Clark, COLO
Dani Jones, COLO
Bethan Knights, CAL
Amy-Eloise Neale, WASH
Charlotte Prouse, WASH
Katie Rainsberger, ORE

Second Team

Christina Aragon, STAN
Alli Cash, ORE
Vanessa Fraser, STAN
Makena Morley, COLO
Grayson Murphy, UTAH
Fiona O'Keeffe, STAN
Addi Zerrenner, ARIZ

2017 First Team

Lilli Burdon, So., ORE
Vanessa Fraser, Sr., STAN
Dani Jones, Jr., COLO
Grayson Murphy, Sr., UTAH
Amy-Eloise Neale, Sr., WASH
Fiona O'Keeffe, So., STAN
Katie Rainsberger, So., ORE

Second Team

Chelsey Albertson, Sr., ASU
Kaitlyn Benner, Sr., COLO
Jessica Hull, Jr., ORE
Sage Hurta, So., COLO
Bethan Knights, Sr., CAL
Vallery Korir, Jr., WSU
Brie Oakley, Fr., CAL

2018 First Team

Elise Cranny, Sr., STAN
Susan Ejore, Sr., ORE
Jessica Hull, Sr., ORE
Dani Jones, Sr., COLO
Makena Morley, Sr., COLO
Fiona O'Keeffe, Jr., STAN
Weronika Pyzik, Sr., ORE

Second Team

Erika Adler, So., UCLA
Isabelle Brauer, Jr., ORE
Carmela Cardama Baez, Sr., ORE
Juliana Mount, Sr., OSU
Katie Rainsberger, Jr., WASH
Tabor Scholl, Jr., COLO
Addi Zerrenner, Sr., ARIZ

2019 First Team

Ella Donaghu, Jr., STAN
Jessica Lawson, Jr., STAN
Fiona O'Keeffe, Sr., STAN
Katie Rainsberger, Sr., WASH
Mel Smart, Fr., WASH
Poppy Tank, Jr., UTAH
Bella Williams, Jr., UTAH

Second Team

Holly Bent, So., COLO
Susan Ejore, Sr., ORE
Sarah Feeny, Sr., UTAH
Julia Heymach, Jr., STAN
Sage Hurta, Sr., COLO
Shona McCulloch, So., WASH
Jordan Oakes, Jr., STAN

PAC-12

ALL-ACADEMIC

1990 First Team

Sabrina Han, CAL
Stacie Hoytink, WASH
Carol Holmen, ORE
Ronda Mikeworth, ARIZ
Jennifer Robertson, WSU
Bridget Smyth, ARIZ
Liz Wilson, ORE

Second Team

Jennifer Ashe, UCLA
Ashley Black, STAN
Anne Howard, WASH
Lisa Kamopp, ORE
Nicole Nugent, UCLA
Sue Ocken, WASH
Jennifer Reese, WASH

1991 First Team

Rachel Brennan, ARIZ
Lisa Christensen, ARIZ
Stacie Hoytink, WASH
Carol Holmen, WASH
Lisa Karnopp, ORE
Carrie Moller, WASH
Lucy Nusrala, ORE

Second Team

Laura Andeen, UCLA
Liv Borgersen, WASH
Catherine Linnes, WSU
Ginny Mommsen, CAL
Jennifer Reese, WASH
Sarah Truitt, STAN
Kristin Wellman, ASU

1992 First Team

Jennifer Bravard, WSU
Jennifer Carpenter, WSU
Kelly Cordell, ASU
Karen Hecox, UCLA
Stacie Hoytink, WASH
Erika Klein, ORE
Sarah Truitt, STAN

Second Team

Jennifer Ashe, UCLA
Hillary Blake, WASH
Rachel Brennan, ARIZ
Aimee Kriz, WASH
Ginny Mommsen, CAL
Brenda Sleuwenhoek, ARIZ
Kristin Wellman, ASU

1993 First Team

Jenna Carlson, ORE
Tara Carlson, WASH
Karen Hecox, UCLA
Brenda Sleuwenhoek, ARIZ
Tenaya Soderman, CAL
Sarah Truitt, STAN
Louise Watson, STAN

Second Team

Jill Callero, ORE
Jeanene Harlick, UCLA
Jean Harvey, ARIZ
Emily Johnson, WASH
Aimee Kriz, WASH
Lisa Quaintance, ARIZ
Niamh Zwagerman, ORE

PAC-12 WOMEN'S CROSS COUNTRY

1994 First Team

Tara Carlson, WASH
Christie Engesser, ORE
Milena Glusac, ORE
Karen Hecox, UCLA
Viola Schaffer, ARIZ
Sara Truitt, STAN
Niamh Zwagerman, ORE

Second Team

Jeanene Harlick, UCLA
Shannon Heusser, WASH
Emily Johnson, WASH
Kathrine Malm, WASH
Julie Meyers, CAL
Marilyn Moberly, WSU
Lisa Quaintance, ARIZ

1995 First Team

Jenna Carlson, ORE
Tara Carlson, WASH
Ann Colonna, ARIZ
Jeanene Harlick, UCLA
Kristin Liebich, WSU
Sarna Renfro, STAN
Viola Schaffer, ARIZ

Second Team

Monal Chokshi, STAN
Milena Glusac, ORE
Emily Johnson, WASH
Marilyn Moberly, WSU
Lisa Quaintance, ARIZ
Stacey Radowicz, WSU
Tenaya Soderman, CAL

1996 First Team

Monal Chokshi, STAN
Christie Engesser, ORE
Katherina Kechris, UCLA
Kaarin Knudson, ORE
Kristin Liebich, WSU
Marilyn Moberly, WSU
Sarna Renfro, STAN

Second Team

Leila Burr, STAN
Kelly Chavez, ARIZ
Sara Council, WSU
Angela Froese, WASH
Danelle Kabush, WASH
Julie Meyers, CAL
Kimberly Schmolka, WSU

1997 First Team

Angela Froese, WASH
Milena Glusac, ORE
Liz Howell, ORE
Katerina Kechris, UCLA
Kaarin Knudson, ORE
Sarna Renfro, STAN
Kristin Ritzenthaler, WSU

Second Team

Kelly Chavez, ARIZ
Mary Duerbeck, ASU
Staci Eskesen, WASH
Joanne Hunsinger, WSU
Danelle Kabush, WASH
Heather McMahon, ORE
Kimberly Schmolka, WSU

1998 First Team

Marie Davis, ORE
Mary Huang, STAN
Anna Lopacivch, USC
Heather McMahon, ORE
Elissa Riedy, CAL
Kim Schmolka, WSU
Julia Stamps, STAN

Second Team

Anna Aoki, WASH
Melinda George, UCLA
Priscilla Hein, ASU
Liz Howell, ORE
Megan Maynard, WSU
Grazyna Penc, USC
Kara Syrdal, WASH

1999 First Team

Lisa Aguilera, ASU
Anna Aoki, WASH
Tara Chaplin, ARIZ
Mary Duerbeck, ASU
Megan Maynard, WSU
Ann Ramsey, STAN
Kara Syrdal, WASH

Second Team

Kara Barnard, UCLA
Mary Huang, STAN
Ashley Foianini, WASH
Melinda George, UCLA
Amy Maciasek, ASU
Kelly MacDonald, ASU
Lisa Schaubes, WSU

2000 First Team

Lisa Aguilera, ASU
Mary Duerbeck, ASU
Colleen Flaherty, STAN
Greta Johnson, WSU
Beth Martin, ASU
Emily Mullen, WASH
Ann Ramsey, STAN
Kara Syrdal, WASH

Second Team

Caroline Annis, STAN
Kathleen Brizgys, STAN
Tara Chaplin, ARIZ
Jenny Filipy, WSU
Erinn Gulbrandsen, ORE
Megan Maynard, WSU

2001 First Team

Lisa Aguilera, ASU
Tara Chaplin, ARIZ
Colleen Flaherty, STAN
Jenny Filipy, WSU
Erinn Gulbrandsen, ORE
Nicole Gurnicz, ARIZ
Laura Turner, STAN

Second Team

Caroline Annis, STAN
Jennifer Burris, ARIZ
Beth Hoge, ARIZ
Beth Martin, ASU
Beth Welander, WSU
Kelly MacDonald, ASU
Kristin McFerron, ASU

2002 First Team

Sara Bei, STAN
Cynthia Atencio, ASU
Crystal Becker, USC
Ana Cabrera, WSU
Jeane Goff, STAN
Erinn Gulbrandsen, ORE
Eri Macdonald, ORE
Abby Parker, CAL
Kate Spigel, WASH
Carmen Winant, UCLA

Second Team

Kate Bradshaw, WASH
Molly Bull, WSU
Camille Connelly, WASH
Alicia Craig, STAN
Lindsey Egerdahl, WASH
Malindi Elmore, STAN
Katherine Hotchkiss, STAN
Courtney Inman, WASH
Susan Mortensen, ARIZ
Robin Tierney, ARIZ

2003 First Team

Ana Cabrera, WSU
Amanda Goeller, ARIZ
Nicole Gurnicz, ARIZ
Allison Hall, UCLA
Laura Hodgson, WASH
Beth Hoge, ARIZ
Amanda Lyon, ASU
Eri McDonald, ORE
Kate Neeper, USC
Carmen Winant, UCLA

Second Team

Camille Connelly, WASH
Julia Corbett, WSU
Jennifer Ford, ARIZ
Jeane Goff, STAN
Eleanor Gordon, ORE
Michi Hiramawa-Wong, ARIZ
Melissa McBain, UCLA
Jessica Scalzo, ASU
Brooke Thomas, USC
Jenna Timinsky, UCLA

2004 First Team

Ana Cabrera, WSU
Jamie Fuller, OSU
Laura Hodgson, WASH
Beth Hoge, ARIZ
Kathryn Neeper, USC
Jenna Timinsky, UCLA
Amanda Trotter, STAN
Michelle Wilson, OSU
Carmen Winant, UCLA
Angela Wishaar, WASH

Second Team

Brooke Bennett, ASU
Camille Connelly, WASH
Karen DeMartini, WSU
Allison Hall, UCLA
Ashley Ippolito, ARIZ
Arianna Lambie, STAN
Corey Randall, ASU
Katy Trotter, STAN
Sarah West, UCLA
Ashley Younce, OSU

2005 First Team

Brooke Bennett, ASU
Rachel Ellison, ASU
Arianna Lambie, STAN
Kate Neeper, USC
Haley Paul, WSU
Sarah Pearson, ORE
Kaitlin Poggi, OSU
Coarey Randall, ASU
Amanda Trotter, STAN
Michelle Wilson, OSU

Second Team

Angelina Cabrera, ARIZ
Lindsay Flacks, STAN
Jennifer Ford, ARIZ
Jaime Fuller, OSU
Victoria Jackson, ASU
Tara Stirewalt, OSU
Katy Trotter, STAN
Sarah West, UCLA
Angela Wishaar, WASH
Ashley Younce, OSU

2006 First Team

Brooke Bennett, ASU
Samantha Godfrey, OSU
Arianna Lambie, STAN
Haley Paul, WSU
Kaitlin Poggi, OSU
Danya Rumore, OSU
Jenna Timinsky, UCLA
Sara Trané, WSU
Amanda Trotter, STAN
Marissa Urban, ARIZ

Second Team

Angelina Cabrera, ARIZ
Lauren Denfeld, OSU
Liisa Heinonen, ORE
Jenna Kingma, ASU
Neoma Palmer, OSU
Sarah Pearson, ORE
Corey Randall, ASU
Trisha Rasmussen, WASH
Cassie Rios, ASU
Katy Trotter, STAN

2007 First Team

Lauren Centrowitz, STAN
Chanel Fishetti, USC
Megan Hibner, OSU
Arianna Lambie, STAN
Kate Niehaus, STAN
Hayley Oveson, OSU
Krista Stangel, OSU
Sara Trané, WSU
Chelsey Vandebrake, WSU
Bria Wetsch, ORE

Second Team

Brooke Anderson, WASH
Angelina Cabrera, ARIZ
Lauren Denfeld, OSU
Katherine Ellis, USC
Ali Kieilty, ASU
Sarah Pearson, ORE
Trisha Rasmussen, WASH
Angela Spadafino, ASU
Marissa Urban, ARIZ
Lorene Young, OSU

PAC-12 WOMEN'S CROSS COUNTRY

2008 First Team

Hayley Belli, ORE
Marsha Lampi, OSU
Zara Lukens, USC
Casey Masterson, OSU
Kate Niehaus, STAN
Hannah Soza-Hodgkinson,
OSU
Sara Trané, WSU
Chelsey Vandebrake, WSU
Ashlee Wall, WSU
Bria Wetsch, ORE

Second Team

Brooke Anderson, WASH
Madeline Duhon, STAN
Katherine Ellis, USC
Chanel Fischetti, USC
Ali Kielty, ASU
Madeleine O'Meara, STAN
Hayley Oveson, WSU
Marisa Sandoval, WSU
Marissa Urban, ARIZ
Lorene Young, OSU

2009 First Team

Christine Babcock, WASH
Chelsea Caloia, ASU
Katherine Ellis, USC
Zara Lukens, USC
Claire Michel, ORE
Kate Niehaus, STAN
Krista Stangel, OSU
Chelsea VanDeBrake, WSU
Ashlee Wall, WSU
Bria Wetsch, ORE

Second Team

Bronwyn Crossman, ORE
Madeline Duhon, STAN
Courtney Golden, ASU
Allison Linnell, WASH
Catherine Loden, ASU
Madeleine O'Meara, STAN
Allison Rojewski, USC
Marisa Sandoval, WSU
Hannah Soza-Hodgkinson, OSU
Natasa Vulic, ASU

2010 First Team

Christine Babcock, WASH
Ashlee Wall Eskelsen, WSU
Grace Green, WASH
Jordan Hasay, ORE
Anne Kesselring, ORE
Kathy Kroeger, STAN
Marsha Lampi, OSU
Catherine Loden, ASU
Zara Lukens, USC
Megan Meyer, ARIZ

Second Team

Ashley Berry, OSU
Madeline Duhon, STAN
Lauren Graebner, OSU
Georgia Griffin, STAN
Taylor Hunt, OSU
Alexandra Kosinski, ORE
Deborah Maier, CAL
Claire Michel, ORE
Allison Rojewski, USC
Hannah Soza-Hodgkinson, OSU

2011 First Team

Christine Babcock, WASH
Jordan Hasay, ORE
Hanna Henson, ARIZ
Anne Kesselring, ORE
Marsha Lampi, OSU
Casey Masterson, OSU
Erin Menefee, ARIZ
Claire Michel, ORE
Rachel Viger, COLO
Natasa Vulic, ASU

Second Team

Alyssa Abbott, UTAH
Rachel Butler, UCLA
Lara Darco, COLO
Alexis Davis, UTAH
Madeline Duhon, STAN
Diana George, COLO
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Deborah Maier, CAL
Megan Patrignelli, ORE

2012 First Team

Jordan Hasay, ORE
Haley Hunt, OSU
Anne Kesselring, ORE
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Nikki Look, COLO
Erin Menefee, ARIZ
Ruby Roberts, WSU
Rachel Viger, COLO
Natasa Vulic, ASU

Second Team

Stephanie Bulder, ARIZ
Diana George, COLO
Bronte Golick, UCLA
Kinsey Gomez, OSU
Teresa Lawson, OSU
Nicole Reitz, UTAH
Kelsi Schaer, OSU
Katelyn Stringfellow, UTAH
Maureen Tremblay, OSU
Kathleen Uyttewaal, CAL

2013 First Team

Stephanie Bulder, ARIZ
Rachel Butler, UCLA
Jackie Dion, USC
Haley Hunt, OSU
Kira Kelly, OSU
Annie Leblanc, ORE
Erin Menefee, ARIZ
Ruby Roberts, WSU
Kelsi Schaer, OSU
Rachel Viger, COLO
Emily Weber, OSU

Second Team

Kelly Brooks, UCLA
Adrienne Demaree, OSU
Kinsey Gomez, OSU
Justine Johnson, WASH
Merissa Kado, UCLA
Elvin Kibet, ARIZ
Tate Murray, STAN
Aly Nielson, OSU
Alyssa Stetler, UTAH
Rebekah Winterton, UTAH

2014 First Team

Stephanie Bulder, ARIZ
Alli Cash, ORE
Sophie Chase, STAN
Emma Fisher, STAN
Amanda Henderson, WSU
Mandy Ortiz, COLO
Steffie Pavey, WSU
Nicole Reitz, UTAH
Ruby Roberts, WSU
Emily Weber, OSU

Second Team

Ally Aschbacher, ORE
Eleanor Fulton, WASH
Hailey Gibson, WSU
Miranda Kewley, ASU
Annie Leblanc, ORE
Jenna Maack, ASU
Lucy May, COLO
Kate Penney, ARIZ
Abigail Regan, WSU
Kala Stone, ASU

2015 First Team

Monica Anderson, OSU
Kaitlyn Benner, COLO
Alli Cash, ORE
Amanda Henderson, WSU
Kira Kelly, OSU
Jenna Maack, ASU
Waverly Neer, ORE
Melanie Nun, COLO
Steffie Pavey, WSU
Maureen Tremblay, OSU

Second Team

Morgan Anderson, OSU
Devon Bortfeld, WSU
Sophie Chase, STAN
Eleanor Gomez, WASH
Claire Green, ARIZ
Danielle Katz, STAN
Anna Maxwell, WASH
Lucy May, COLO
Katherine Penney, ARIZ
Cristina Juan Torres, ASU

2016 First Team

Georgia Bell, CAL
Kaitlyn Benner, COLO
Mackenzie Caldwell, COLO
Elise Cranny, STAN
Samantha Lewis, OSU
Amy-Eloise Neale, WASH
Steffie Pavey, WSU
Giselle Slotboom, UTAH
Megan Spehar, UTAH
Emily Weber, OSU

Second Team

Josie Brown, WSU
Alli Cash, ORE
Katherine Dittmann, WSU
Claire Green, ARIZ
Grace Hodge, WASH
Danielle Katz, STAN
Juliana Mount, OSU
Melanie Nun, COLO
Maggie Schmaedick, ORE
Hannah Whetzel, ARIZ

2017 First Team

Kaitlyn Benner, COLO
Josie Brown, WSU
Katherine Dittmann, WSU
Sage Hurta, COLO
Nicole Griffiths, UTAH
Juliana Mount, OSU
Grayson Murphy, UTAH
Alexis Nichols, ASU
Brianna Schwartz, COLO
Megan Spehar, UTAH

Second Team

Devon Bortfeld, WSU
Mackenzie Caldwell, COLO
Grace Hodge, WASH
Gwyneth McMorris, OSU
Amy-Eloise Neale, WASH
Melanie Nun, COLO
Fiona O'Keefe, STAN
Katie Rainsberger, ORE
Hannah Whetzel, ARIZ
Nikki Zielinski, WASH

2018 First Team

Sage Hurta, COLO
Rennie Kendrick, ORE
Hannah Long, STAN
Juliana Mount, OSU
Alexis Nichols, ASU
Megan Reniewicki, ASU
Angela Saitta, ASU
Brianna Schwartz, COLO
Hannah Whetzel, ARIZ
Cara Woolnough, UTAH

Second Team

Anna Busatto, UTAH
Mackenzie Caldwell, COLO
Carmela Cardama Baez, ORE
Elise Cranny, STAN
Samantha King-Shaw, WSU
Astrid Lindgren, UTAH
Fiona O'Keefe, STAN
Natalie Platil, UTAH
Lexi Reed, OSU
Nikki Zielinski, WASH

2019 Sport-specific All-Academic Teams no longer selected

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Arianna Lambie, STAN
2008 Jenna Kingma, ASU
2009 Nicole Blood, ORE
2010 Alex Kosinski, ORE
2011 Christine Babcock, WASH
2012 Jordan Hasay, ORE
2013 Elvin Kibet, ARIZ
2014 Stephanie Bulder, ARIZ
2015 Aisling Cuffe, STAN
2016 Erin Clark, COLO
2017 Kaitlyn Benner, COLO
2018 Elise Cranny, STAN
2019 Sage Hurta, COLO

NCAA TEAM CHAMPIONS FROM THE PAC-12

1983 ORE
1987 ORE
1996 STAN
2000 COLO
2003 STAN
2004 COLO
2005 STAN
2006 STAN
2007 STAN
2008 WASH
2012 ORE
2016 ORE
2018 COLO

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996 Amy Skieresz, ARIZ (17:04)
2000 Kara Grgas-Wheeler, COLO
(20:30.5)
2001 Tara Chaplin, ARIZ (20:24)
2018 Dani Jones, COLO (19:42.8)

*Race Distance 1981-99: 5,000
meters; 2000-18: 6,000 meters.*

PAC-12 CHAMPIONSHIP VENUES

1986-97 - Stanford Golf Course, Stanford, Calif.
1998 - Alton Baker Park, Eugene, Ore.
1999 - El Dorado Regional Park, Long Beach, Calif.
2000 - Lincoln Park, Seattle, Wash.
2001 - Pavilion Lakes Golf Club, Scottsdale, Ariz.
2002 - Brookside Country Club, Pasadena, Calif.
2003 - WSU Golf Course, Pullman, Calif.
2004 - Golden Gate Park, San Francisco, Calif.
2005 - Dell Ulrich Golf Course, Tucson, Ariz.
2006 - Stanford Golf Course, Stanford, Calif.
2007 - Trysting Tree Golf Course, Corvallis, Ore.
2008 - Springfield Golf Club, Springfield, Ore.
2009 - Skylinks Golf Course, Long Beach, Calif.
2010 - Jefferson Golf Course, Seattle, Wash.
2011 - Wigwam Golf Course, Litchfield Park, Ariz.
2012 - Robinson Ranch Golf Course, Santa Clarita, Calif.
2013 - Coal Creek Golf Course, Louisville, Colo.
2014 - Metropolitan Golf Links, Oakland, Calif.
2015 - Colfax Golf and Country Club, Colfax, Wash.
2016 - Randolph North Golf Course, Tucson, Ariz.
2017 - Springfield Golf Club, Springfield, Ore.
2018 - Stanford Golf Course, Stanford, Calif.
2019 - Ash Creek Preserve, Monmouth, Ore.