



Los Angeles

## 2021 TRACK & FIELD CHAMPIONSHIPS

HOST: UNIVERSITY OF SOUTHERN CALIFORNIA

Katherine B. Loker Track Stadium

### Friday, May 14, 2021

#### Running Events

4:30 PM Men's 1500 Meters Prelims  
 4:45 PM Women's 1500 Meters Prelims  
 5:00 PM Men's 200 Meters Prelims  
 5:15 PM Women's 200 Meters Prelims  
 5:30 PM Men's 400 Meter Hurdles Prelims  
 5:45 PM Women's 400 Meter Hurdles Prelims  
 7:00 PM Men's 10,000 Meters Final  
 7:45 PM Women's 10,000 Meters Final

#### Field Events

10:00 AM Men's Hammer Throw Final  
 12:30 PM Women's Hammer Throw Final  
 4:30 PM Men's Javelin Throw Final  
 6:15 PM Women's Javelin Throw Final

#### Men's Decathlon - Day 1

2:00 PM Men's Decathlon 100 Meters  
 2:45 PM Men's Decathlon Long Jump  
 4:00 PM Men's Decathlon Shot Put  
 5:00 PM Men's Decathlon High Jump  
 6:45 PM Men's Decathlon 400 Meters

#### Women's Heptathlon - Day 1

2:30 PM Women's Heptathlon 100 Meter Hurdles  
 3:30 PM Women's Heptathlon High Jump  
 5:15 PM Women's Heptathlon Shot Put  
 6:30 PM Women's Heptathlon 200 Meters

### Saturday, May 15, 2021

#### Running Events

4:00 PM Men's 110 Meter Hurdles Prelims  
 4:15 PM Women's 100 Meter Hurdles Prelims  
 4:30 PM Men's 800 Meters Prelims  
 4:45 PM Women's 800 Meters Prelims  
 5:25 PM Men's 400 Meters Prelims  
 5:40 PM Women's 400 Meters Prelims  
 6:00 PM Men's 100 Meters Prelims  
 6:15 PM Women's 100 Meters Prelims  
 6:30 PM Men's 3000 Meter Steeplechase Finals  
 7:10 PM Women's 3000 Meter Steeplechase Finals

#### Field Events

3:30 PM Women's Long Jump Final  
 4:30 PM Men's High Jump Final  
 4:30 PM Men's Shot Put Final  
 6:00 PM Men's Long Jump Final  
 6:15 PM Women's Pole Vault Final  
 6:30 PM Women's Shot Put Final

#### Men's Decathlon - Day 2

1:00 PM Men's Decathlon 110 Meter Hurdles  
 1:45 PM Men's Decathlon Discus  
 3:00 PM Men's Decathlon Pole Vault  
 5:45 PM Men's Decathlon Javelin  
 6:45 PM Men's Decathlon 1500 Meters

#### Women's Heptathlon - Day 2

2:00 PM Women's Heptathlon Long Jump  
 3:30 PM Women's Heptathlon Javelin Throw  
 5:15 PM Women's Heptathlon 800 Meters

### Sunday, May 16, 2021

#### Running Events

**2:50 PM National Anthem**  
 3:00 PM Men's 4x100 Meter Relay Final \*  
 3:10 PM Women's 4x100 Meter Relay Final \*  
 3:20 PM Men's 1500 Meters Final  
 3:30 PM Women's 1500 Meters Final  
 3:40 PM Men's 110 Meter Hurdles Final  
 3:50 PM Women's 100 Meter Hurdles Final  
 4:00 PM Men's 400 Meters Final  
 4:10 PM Women's 400 Meters Final  
 4:20 PM Men's 100 Meters Final  
 4:25 PM Women's 100 Meters Final  
 4:30 PM Men's 800 Meters Final  
 4:40 PM Women's 800 Meters Final  
 4:50 PM Men's 400 Meter Hurdles Final  
 5:00 PM Women's 400 Meter Hurdles Final  
 5:10 PM Men's 200 Meters Final  
 5:20 PM Women's 200 Meters Final  
 5:30 PM Men's 5000 Meters Final  
 5:50 PM Women's 5000 Meters Final  
 6:10 PM Men's 4x400 Meter Relay Final \*  
 6:25 PM Women's 4x400 Meter Relay Final \*  
**6:40 PM Awards Presentation**

\*Heats by Time

#### Field Events

1:15 PM Men's Discus Throw Final  
 2:00 PM Men's Triple Jump Final  
 2:30 PM Women's High Jump Final  
 3:30 PM Men's Pole Vault Final  
 4:00 PM Women's Discus Throw Final  
 4:00 PM Women's Triple Jump Final

Approved 4.7.21