## 2021 PAC-12 CONFERENCE MEN'S AND WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIPS
Friday-Sunday, May 14-16, Katherine B. Loker Stadium
University of Southern California, Los Angeles, Calif.

### RUNNING EVENTS
**Friday, May 14**
- 4:30 PM M 1,500 Meters Prelims
- 4:45 PM W 1,500 Meters Prelims
- 5:00 PM M 200 Meters Prelims
- 5:15 PM W 200 Meters Prelims
- 5:30 PM M 400 Meter Hurdles Prelims
- 5:45 PM W 400 Meter Hurdles Prelims
- 7:00 PM M 10,000 Meters Final
- 7:45 PM W 10,000 Meters Final

**Saturday, May 15**
- 4:00 PM M 110 Meter Hurdles Prelims
- 4:15 PM W 100 Meter Hurdles Prelims
- 4:30 PM M 800 Meters Prelims
- 4:45 PM W 800 Meters Prelims
- 5:25 PM M 400 Meters Prelims
- 5:40 PM W 400 Meters Prelims
- 6:00 PM M 100 Meters Prelims
- 6:15 PM W 100 Meters Prelims
- 6:30 PM M 3,000 Meter Steeplechase Final
- 7:00 PM M 3,000 Meter Steeplechase Final

**Sunday, May 16**
- 2:50 PM National Anthem
- 3:00 PM M 4x100 Meter Relay * Final
- 3:10 PM W 4x100 Meter Relay * Final
- 3:20 PM M 1,500 Meters Final
- 3:40 PM W 1,500 Meters Final
- 4:00 PM M 110 Meter Hurdles Final
- 4:20 PM M 100 Meters Final
- 4:25 PM W 100 Meters Final
- 4:30 PM M 800 Meters Final
- 4:40 PM W 800 Meters Final
- 5:00 PM M 400 Meters Final
- 5:20 PM W 400 Meters Final
- 5:40 PM M 200 Meters Final
- 6:00 PM W 200 Meters Final
- 6:10 PM M 5,000 Meters Final
- 6:20 PM M 5,000 Meters Final
- 6:30 PM M 4x400 Meter Relay * Final
- 6:40 PM W 4x400 Meter Relay * Final

### FIELD EVENTS
**Friday, May 14**
- 10:00 AM M Hammer Final
- 12:30 PM W Hammer Final
- 4:30 PM M Javelin Final
- 6:00 PM W Javelin Final

**Saturday, May 15**
- 3:30 PM W Long Jump Final
- 4:30 PM M High Jump Final
- 4:30 PM M Shot Put Final
- 6:00 PM M Long Jump Final
- 6:15 PM W Pole Vault Final
- 6:30 PM W Shot Put Final

**Sunday, May 16**
- 1:15 PM M Discus Final
- 2:00 PM M Triple Jump Final
- 2:30 PM W High Jump Final
- 3:30 PM M Pole Vault Final
- 4:00 PM W Discus Final
- 4:00 PM W Triple Jump Final

### DECATHLON
**Friday, May 14**
- 2:00 PM M 100 Meters
- 2:45 PM M Long Jump
- 4:00 PM M Shot Put
- 5:00 PM M High Jump
- 6:45 PM M 400 Meters

**Saturday, May 15**
- 1:00 PM M 100 Meter Hurdles
- 1:45 PM M Discus
- 3:00 PM M Pole Vault
- 5:45 PM M Javelin
- 6:45 PM M 1,500 Meters

### HEPTATHLON
**Friday, May 14**
- 2:30 PM W 100 Meter Hurdles
- 3:30 PM W High Jump
- 5:15 PM W Shot Put
- 6:30 PM W 200 Meters

**Saturday, May 15**
- 2:00 PM W Long Jump
- 3:30 PM W Javelin
- 5:15 PM W 800 Meters

* Heats by time