

# HOW TO WATCH

## 2022 Pac-12 Track & Field Championships

### WOMEN'S EVENTS SCHEDULE

Date	Time (PT)	Event	How to Watch
Fri., May 13	4:30 p.m.	Women's Hammer Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	5:15 p.m.	Women's Javelin Final	The Pac-12 Now app & Pac-12.com
	5:45 p.m.	Women's Pole Vault Final	The Pac-12 Now app & Pac-12.com
	7:35 p.m.	Women's 10,000m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
Sat., May 14	3:45 p.m.	Women's Long Jump Final	The Pac-12 Now app & Pac-12.com
	4:15 p.m.	Women's Shot Put Final	The Pac-12 Now app & Pac-12.com
	6 p.m.	Women's Steeplechase Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
Sun., May 15	11:30 a.m.	Women's Discus Final	The Pac-12 Now app & Pac-12.com
	1 p.m.	Women's 4x100m Relay Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:05 p.m.	Women's High Jump Final	The Pac-12 Now app & Pac-12.com
	1:15 p.m.	Women's Triple Jump Final	The Pac-12 Now app & Pac-12.com
	1:20 p.m.	Women's 1,500m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:40 p.m.	Women's 100m Hurdles Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:55 p.m.	Women's 400m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:05 p.m.	Women's 100m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:15 p.m.	Women's 800m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:30 p.m.	Women's 400m Hurdles Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:45 p.m.	Women's 200m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	3 p.m.	Women's 5,000m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	3:55 p.m.	Women's 4x400m Relay Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com

### HOW TO WATCH PAC-12 NETWORKS



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### HIGHLIGHTS, RECAPS AND ADDITIONAL COVERAGE



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