

HOW TO WATCH

2023 Pac-12 Wrestling Championships

Date	Time (PT)	Event	How to Watch
Sunday, March 5	10 a.m.	Prelims - Mat 1	Stanford Live Stream 1 , Pac-12.com, Pac-12 Now
	10 a.m.	Prelims - Mat 2	Stanford Live Stream 2 , Pac-12.com, Pac-12 Now
	4:45 p.m.	Prelims - Mat 1	Stanford Live Stream 1 , Pac-12.com, Pac-12 Now
	4:45 p.m.	Prelims - Mat 2	Stanford Live Stream 2 , Pac-12.com, Pac-12 Now
	6 p.m.	Finals	Pac-12 Network, Pac-12.com, Pac-12 Now

More information can be found at [Pac-12.com](#)

PAST PAC-12 CHAMPIONS

Year	Champion
2022	Arizona State
2021	Arizona State
2020	Arizona State
2019	Stanford
2018	Arizona State
2017	Arizona State
2016	Oregon State
2015	Oregon State
2014	Oregon State
2013	Oregon State

2023 CHAMPIONSHIP NO. 1 SEEDS

Weight Class	Wrestler
125	Arizona State's Brandon Courtney
133	Arizona State's Michael McGee
141	Oregon State's Cleveland Belton
149	Arizona State's Kyle Parco
157	Stanford's Daniel Cardenas
165	Oregon State's Matthew Olguin
174	Oregon State's Mateo Olmos
184	Oregon State's Trey Munoz
197	Cal Poly's Bernie Truax
HwT	Arizona State's Cohlton Schultz

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HIGHLIGHTS, RECAPS AND ADDITIONAL COVERAGE



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